Sunday, July 13, 2025

Lane & Leisure

Date and Time: Sunday, July 13 12:00 pm - 12:50 pm

Address: 305 Waterford Bridge Road

Lane Swim

Choose the appropriate lane - slow, medium or fast - based on ability. Suitable for swimmers 13 years of age an d older. Accessible change rooms, water wheelchairs and accessible pool entry is available. Please advise if acc ommodations are required at the time of check in or call ahead.

Leisure Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are required at the time of check in or call ahead.

Cost: FREE

Everyone Welcome Swim

Date and Time: Sunday, July 13 1:00 pm - 2:00 pm

Address: 305 Waterford Bridge Road

Everyone Welcome Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are requir ed at the time of check in or call ahead.

Cost: FREE

Everyone Welcome Swim

Date and Time: Sunday, July 13 2:15 pm - 3:15 pm

Address: 305 Waterford Bridge Road

Everyone Welcome Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are requir

ed at the time of check in or call ahead.

Cost: FREE

Everyone Welcome Swim

Date and Time: Sunday, July 13 3:45 pm - 4:45 pm

Address: 305 Waterford Bridge Road

Everyone Welcome Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are required at the time of check in or call ahead.

Cost: FREE

Everyone Welcome Swim

Date and Time: Sunday, July 13 5:00 pm - 6:00 pm

Address: 305 Waterford Bridge Road

Everyone Welcome Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are required at the time of check in or call ahead.

Cost: FREE

Monday, July 14, 2025

Lane & Leisure

Date and Time: Monday, July 14 9:45 am - 10:30 am

Address: 305 Waterford Bridge Road

Lane Swim

Choose the appropriate lane - slow, medium or fast - based on ability. Suitable for swimmers 13 years of age an d older. Accessible change rooms, water wheelchairs and accessible pool entry is available. Please advise if acc ommodations are required at the time of check in or call ahead.

Leisure Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are requir

ed at the time of check in or call ahead.

Cost: FREE

Lane & Leisure

Date and Time: Monday, July 14 11:00 am - 11:50 am

Address: 305 Waterford Bridge Road

Lane Swim

Choose the appropriate lane - slow, medium or fast - based on ability. Suitable for swimmers 13 years of age an d older. Accessible change rooms, water wheelchairs and accessible pool entry is available. Please advise if acc ommodations are required at the time of check in or call ahead.

Leisure Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are required at the time of check in or call ahead.

Cost: FREE

Lane & Leisure

Date and Time: Monday, July 14 12:00 pm - 1:00 pm

Address: 305 Waterford Bridge Road

Lane Swim

Choose the appropriate lane - slow, medium or fast - based on ability. Suitable for swimmers 13 years of age an d older. Accessible change rooms, water wheelchairs and accessible pool entry is available. Please advise if acc ommodations are required at the time of check in or call ahead.

Leisure Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are required at the time of check in or call ahead.

Cost: FREE

Everyone Welcome Swim

Date and Time: Monday, July 14 1:15 pm - 2:15 pm

Address: 305 Waterford Bridge Road

Everyone Welcome Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16

+ year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are required at the time of check in or call ahead.

Cost: FREE

Everyone Welcome Swim

Date and Time: Monday, July 14 2:45 pm - 3:45 pm

Address: 305 Waterford Bridge Road

Everyone Welcome Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are required at the time of check in or call ahead.

Cost: FREE

Everyone Welcome Swim

Date and Time: Monday, July 14 4:00 pm - 5:00 pm

Address: 305 Waterford Bridge Road

Everyone Welcome Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are required at the time of check in or call ahead.

Cost: FREE

Everyone Welcome Swim

Date and Time: Monday, July 14 5:15 pm - 6:15 pm

Address: 305 Waterford Bridge Road

Everyone Welcome Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are requir ed at the time of check in or call ahead.

Cost: FREE

Tuesday, July 15, 2025

Lane & Leisure

Date and Time: Tuesday, July 15 12:00 pm - 1:00 pm

Address: 305 Waterford Bridge Road

Lane Swim

Choose the appropriate lane - slow, medium or fast - based on ability. Suitable for swimmers 13 years of age an d older. Accessible change rooms, water wheelchairs and accessible pool entry is available. Please advise if acc ommodations are required at the time of check in or call ahead.

Leisure Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are required at the time of check in or call ahead.

Cost: FREE

Everyone Welcome Swim

Date and Time: Tuesday, July 15 1:15 pm - 2:15 pm

Address: 305 Waterford Bridge Road

Everyone Welcome Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are required at the time of check in or call ahead.

Cost: FREE

Everyone Welcome Swim

Date and Time: Tuesday, July 15 2:45 pm - 3:45 pm

Address: 305 Waterford Bridge Road

Everyone Welcome Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are required at the time of check in or call ahead.

Cost: FREE

Date and Time: Tuesday, July 15 4:00 pm - 5:00 pm

Address: 305 Waterford Bridge Road

Everyone Welcome Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are required at the time of check in or call ahead.

Cost: FREE

Everyone Welcome Swim

Date and Time: Tuesday, July 15 5:15 pm - 6:15 pm

Address: 305 Waterford Bridge Road

Everyone Welcome Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are required at the time of check in or call ahead.

Cost: FREE

Wednesday, July 16, 2025

Everyone Welcome Swim

Date and Time: Wednesday, July 16 11:00 am - 11:50 am

Address: 305 Waterford Bridge Road

Everyone Welcome Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are required at the time of check in or call ahead.

Cost: FREE

Lane & Leisure

Date and Time: Wednesday, July 16 12:00 pm - 1:00 pm

Address: 305 Waterford Bridge Road

Lane Swim

Choose the appropriate lane - slow, medium or fast - based on ability. Suitable for swimmers 13 years of age an

d older. Accessible change rooms, water wheelchairs and accessible pool entry is available. Please advise if acc ommodations are required at the time of check in or call ahead.

Leisure Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are requir ed at the time of check in or call ahead.

Cost: FREE

Everyone Welcome Swim

Date and Time: Wednesday, July 16 1:15 pm - 2:15 pm

Address: 305 Waterford Bridge Road

Everyone Welcome Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are required at the time of check in or call ahead.

Cost: FREE

Everyone Welcome Swim

Date and Time: Wednesday, July 16 2:45 pm - 3:45 pm

Address: 305 Waterford Bridge Road

Everyone Welcome Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are required at the time of check in or call ahead.

Cost: FREE

Everyone Welcome Swim

Date and Time: Wednesday, July 16 4:00 pm - 5:00 pm

Address: 305 Waterford Bridge Road

Everyone Welcome Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are required at the time of check in or call ahead.

Cost: FREE

Everyone Welcome Swim

Date and Time: Wednesday, July 16 5:15 pm - 6:15 pm

Address: 305 Waterford Bridge Road

Everyone Welcome Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are requir ed at the time of check in or call ahead.

Cost: FREE

Thursday, July 17, 2025

Lane & Leisure

Date and Time: Thursday, July 17 12:00 pm - 1:00 pm

Address: 305 Waterford Bridge Road

Lane Swim

Choose the appropriate lane - slow, medium or fast - based on ability. Suitable for swimmers 13 years of age an d older. Accessible change rooms, water wheelchairs and accessible pool entry is available. Please advise if acc ommodations are required at the time of check in or call ahead.

Leisure Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are requir ed at the time of check in or call ahead.

Cost: FREE

Everyone Welcome Swim

Date and Time: Thursday, July 17 1:15 pm - 2:15 pm

Address: 305 Waterford Bridge Road

Everyone Welcome Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are required at the time of check in or call ahead.

Cost: FREE

Everyone Welcome Swim

Date and Time: Thursday, July 17 2:45 pm - 3:45 pm

Address: 305 Waterford Bridge Road

Everyone Welcome Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are requir ed at the time of check in or call ahead.

Cost: FREE

Everyone Welcome Swim

Date and Time: Thursday, July 17 4:00 pm - 5:00 pm

Address: 305 Waterford Bridge Road

Everyone Welcome Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are required at the time of check in or call ahead.

Cost: FREE

Everyone Welcome Swim

Date and Time: Thursday, July 17 5:15 pm - 6:15 pm

Address: 305 Waterford Bridge Road

Everyone Welcome Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are requir ed at the time of check in or call ahead.

Cost: FREE

Friday, July 18, 2025

Lane & Leisure

Date and Time: Friday, July 18 11:00 am - 11:50 am

Address: 305 Waterford Bridge Road

Lane Swim

Choose the appropriate lane - slow, medium or fast - based on ability. Suitable for swimmers 13 years of age an d older. Accessible change rooms, water wheelchairs and accessible pool entry is available. Please advise if acc ommodations are required at the time of check in or call ahead.

Leisure Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are requir ed at the time of check in or call ahead.

Cost: FREE

Lane & Leisure

Date and Time: Friday, July 18 12:00 pm - 1:00 pm

Address: 305 Waterford Bridge Road

Lane Swim

Choose the appropriate lane - slow, medium or fast - based on ability. Suitable for swimmers 13 years of age an d older. Accessible change rooms, water wheelchairs and accessible pool entry is available. Please advise if acc ommodations are required at the time of check in or call ahead.

Leisure Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are required at the time of check in or call ahead.

Cost: FREE

Everyone Welcome Swim

Date and Time: Friday, July 18 1:15 pm - 2:15 pm

Address: 305 Waterford Bridge Road

Everyone Welcome Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are requir ed at the time of check in or call ahead.

Cost: FREE

Everyone Welcome Swim

Date and Time: Friday, July 18 2:45 pm - 3:45 pm

Address: 305 Waterford Bridge Road

Everyone Welcome Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are required at the time of check in or call ahead.

Cost: FREE

Everyone Welcome Swim

Date and Time: Friday, July 18 4:00 pm - 5:00 pm

Address: 305 Waterford Bridge Road

Everyone Welcome Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are requir ed at the time of check in or call ahead.

Cost: FREE

Lane & Leisure

Date and Time: Friday, July 18 5:15 pm - 6:15 pm

Address: 305 Waterford Bridge Road

Lane Swim

Choose the appropriate lane - slow, medium or fast - based on ability. Suitable for swimmers 13 years of age an d older. Accessible change rooms, water wheelchairs and accessible pool entry is available. Please advise if acc ommodations are required at the time of check in or call ahead.

Leisure Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are required at the time of check in or call ahead.

Cost: FREE

Saturday, July 19, 2025

Lane & Leisure

Date and Time: Saturday, July 19 12:00 pm - 12:50 pm

Address: 305 Waterford Bridge Road

Lane Swim

Choose the appropriate lane - slow, medium or fast - based on ability. Suitable for swimmers 13 years of age an d older. Accessible change rooms, water wheelchairs and accessible pool entry is available. Please advise if acc ommodations are required at the time of check in or call ahead.

Leisure Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are requir ed at the time of check in or call ahead.

Cost: FREE

Everyone Welcome Swim

Date and Time: Saturday, July 19 1:00 pm - 2:00 pm

Address: 305 Waterford Bridge Road

Everyone Welcome Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are required at the time of check in or call ahead.

Cost: FREE

Everyone Welcome Swim

Date and Time: Saturday, July 19 2:15 pm - 3:15 pm

Address: 305 Waterford Bridge Road

Everyone Welcome Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are required at the time of check in or call ahead.

Cost: FREE

Everyone Welcome Swim

Date and Time: Saturday, July 19 3:45 pm - 4:45 pm

Address: 305 Waterford Bridge Road

Everyone Welcome Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are required at the time of check in or call ahead.

Cost: FREE

Everyone Welcome Swim

Date and Time: Saturday, July 19 5:00 pm - 6:00 pm

Address: 305 Waterford Bridge Road

Everyone Welcome Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are required at the time of check in or call ahead.

Cost: FREE

https://calendar.stjohns.ca