Sunday, August 10, 2025

Lane & Leisure

Date and Time: Sunday, August 10 12:00 pm - 12:50 pm

Address: 305 Waterford Bridge Road

Lane Swim

Choose the appropriate lane - slow, medium or fast - based on ability. Suitable for swimmers 13 years of age an d older. Accessible change rooms, water wheelchairs and accessible pool entry is available. Please advise if acc ommodations are required at the time of check in or call ahead.

Leisure Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are required at the time of check in or call ahead.

Cost: FREE

Everyone Welcome Swim

Date and Time: Sunday, August 10 1:00 pm - 2:00 pm

Address: 305 Waterford Bridge Road

Everyone Welcome Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are required at the time of check in or call ahead.

Cost: FREE

Everyone Welcome Swim

Date and Time: Sunday, August 10 2:15 pm - 3:15 pm

Address: 305 Waterford Bridge Road

Everyone Welcome Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are requir

ed at the time of check in or call ahead.

Cost: FREE

Everyone Welcome Swim

Date and Time: Sunday, August 10 3:45 pm - 4:45 pm

Address: 305 Waterford Bridge Road

Everyone Welcome Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are required at the time of check in or call ahead.

Cost: FREE

Everyone Welcome Swim

Date and Time: Sunday, August 10 5:00 pm - 6:00 pm

Address: 305 Waterford Bridge Road

Everyone Welcome Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are required at the time of check in or call ahead.

Cost: FREE

Monday, August 11, 2025

Lane & Leisure

Date and Time: Monday, August 11 9:45 am - 10:30 am

Address: 305 Waterford Bridge Road

Lane Swim

Choose the appropriate lane - slow, medium or fast - based on ability. Suitable for swimmers 13 years of age an d older. Accessible change rooms, water wheelchairs and accessible pool entry is available. Please advise if acc ommodations are required at the time of check in or call ahead.

Leisure Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are requir

ed at the time of check in or call ahead.

Cost: FREE

Lane & Leisure

Date and Time: Monday, August 11 11:00 am - 11:50 am

Address: 305 Waterford Bridge Road

Lane Swim

Choose the appropriate lane - slow, medium or fast - based on ability. Suitable for swimmers 13 years of age an d older. Accessible change rooms, water wheelchairs and accessible pool entry is available. Please advise if acc ommodations are required at the time of check in or call ahead.

Leisure Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are required at the time of check in or call ahead.

Cost: FREE

Lane & Leisure

Date and Time: Monday, August 11 12:00 pm - 1:00 pm

Address: 305 Waterford Bridge Road

Lane Swim

Choose the appropriate lane - slow, medium or fast - based on ability. Suitable for swimmers 13 years of age an d older. Accessible change rooms, water wheelchairs and accessible pool entry is available. Please advise if acc ommodations are required at the time of check in or call ahead.

Leisure Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are required at the time of check in or call ahead.

Cost: FREE

Everyone Welcome Swim

Date and Time: Monday, August 11 1:15 pm - 2:15 pm

Address: 305 Waterford Bridge Road

Everyone Welcome Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16

+ year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are required at the time of check in or call ahead.

Cost: FREE

Everyone Welcome Swim

Date and Time: Monday, August 11 2:45 pm - 3:45 pm

Address: 305 Waterford Bridge Road

Everyone Welcome Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are required at the time of check in or call ahead.

Cost: FREE

Everyone Welcome Swim

Date and Time: Monday, August 11 4:00 pm - 5:00 pm

Address: 305 Waterford Bridge Road

Everyone Welcome Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are required at the time of check in or call ahead.

Cost: FREE

Everyone Welcome Swim

Date and Time: Monday, August 11 5:15 pm - 6:15 pm

Address: 305 Waterford Bridge Road

Everyone Welcome Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are requir ed at the time of check in or call ahead.

Cost: FREE

Tuesday, August 12, 2025

Lane & Leisure

Date and Time: Tuesday, August 12 12:00 pm - 1:00 pm

Address: 305 Waterford Bridge Road

Lane Swim

Choose the appropriate lane - slow, medium or fast - based on ability. Suitable for swimmers 13 years of age an d older. Accessible change rooms, water wheelchairs and accessible pool entry is available. Please advise if acc ommodations are required at the time of check in or call ahead.

Leisure Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are required at the time of check in or call ahead.

Cost: FREE

Everyone Welcome Swim

Date and Time: Tuesday, August 12 1:15 pm - 2:15 pm

Address: 305 Waterford Bridge Road

Everyone Welcome Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are required at the time of check in or call ahead.

Cost: FREE

Everyone Welcome Swim

Date and Time: Tuesday, August 12 2:45 pm - 3:45 pm

Address: 305 Waterford Bridge Road

Everyone Welcome Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are required at the time of check in or call ahead.

Cost: FREE

Everyone Welcome Swim

Date and Time: Tuesday, August 12 4:00 pm - 5:00 pm

Address: 305 Waterford Bridge Road

Everyone Welcome Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are requir ed at the time of check in or call ahead.

Cost: FREE

Everyone Welcome Swim

Date and Time: Tuesday, August 12 5:15 pm - 6:15 pm

Address: 305 Waterford Bridge Road

Everyone Welcome Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are required at the time of check in or call ahead.

Cost: FREE

Wednesday, August 13, 2025

Everyone Welcome Swim

Date and Time: Wednesday, August 13 11:00 am - 11:50 am

Address: 305 Waterford Bridge Road

Everyone Welcome Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are required at the time of check in or call ahead.

Cost: FREE

Lane & Leisure

Date and Time: Wednesday, August 13 12:00 pm - 1:00 pm

Address: 305 Waterford Bridge Road

Lane Swim

Choose the appropriate lane - slow, medium or fast - based on ability. Suitable for swimmers 13 years of age an

d older. Accessible change rooms, water wheelchairs and accessible pool entry is available. Please advise if acc ommodations are required at the time of check in or call ahead.

Leisure Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are requir ed at the time of check in or call ahead.

Cost: FREE

Everyone Welcome Swim

Date and Time: Wednesday, August 13 1:15 pm - 2:15 pm

Address: 305 Waterford Bridge Road

Everyone Welcome Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are required at the time of check in or call ahead.

Cost: FREE

Everyone Welcome Swim

Date and Time: Wednesday, August 13 2:45 pm - 3:45 pm

Address: 305 Waterford Bridge Road

Everyone Welcome Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are required at the time of check in or call ahead.

Cost: FREE

Everyone Welcome Swim

Date and Time: Wednesday, August 13 4:00 pm - 5:00 pm

Address: 305 Waterford Bridge Road

Everyone Welcome Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are required at the time of check in or call ahead.

Cost: FREE

Everyone Welcome Swim

Date and Time: Wednesday, August 13 5:15 pm - 6:15 pm

Address: 305 Waterford Bridge Road

Everyone Welcome Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are requir ed at the time of check in or call ahead.

Cost: FREE

Thursday, August 14, 2025

Lane & Leisure

Date and Time: Thursday, August 14 12:00 pm - 1:00 pm

Address: 305 Waterford Bridge Road

Lane Swim

Choose the appropriate lane - slow, medium or fast - based on ability. Suitable for swimmers 13 years of age an d older. Accessible change rooms, water wheelchairs and accessible pool entry is available. Please advise if acc ommodations are required at the time of check in or call ahead.

Leisure Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are requir ed at the time of check in or call ahead.

Cost: FREE

Everyone Welcome Swim

Date and Time: Thursday, August 14 1:15 pm - 2:15 pm

Address: 305 Waterford Bridge Road

Everyone Welcome Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are required at the time of check in or call ahead.

Cost: FREE

Everyone Welcome Swim

Date and Time: Thursday, August 14 2:45 pm - 3:45 pm

Address: 305 Waterford Bridge Road

Everyone Welcome Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are requir ed at the time of check in or call ahead.

Cost: FREE

Everyone Welcome Swim

Date and Time: Thursday, August 14 4:00 pm - 5:00 pm

Address: 305 Waterford Bridge Road

Everyone Welcome Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are required at the time of check in or call ahead.

Cost: FREE

Everyone Welcome Swim

Date and Time: Thursday, August 14 5:15 pm - 6:15 pm

Address: 305 Waterford Bridge Road

Everyone Welcome Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are requir ed at the time of check in or call ahead.

Cost: FREE

Friday, August 15, 2025

Lane & Leisure

Date and Time: Friday, August 15 11:00 am - 11:50 am

Address: 305 Waterford Bridge Road

Lane Swim

Choose the appropriate lane - slow, medium or fast - based on ability. Suitable for swimmers 13 years of age an d older. Accessible change rooms, water wheelchairs and accessible pool entry is available. Please advise if acc ommodations are required at the time of check in or call ahead.

Leisure Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are requir ed at the time of check in or call ahead.

Cost: FREE

Lane & Leisure

Date and Time: Friday, August 15 12:00 pm - 1:00 pm

Address: 305 Waterford Bridge Road

Lane Swim

Choose the appropriate lane - slow, medium or fast - based on ability. Suitable for swimmers 13 years of age an d older. Accessible change rooms, water wheelchairs and accessible pool entry is available. Please advise if acc ommodations are required at the time of check in or call ahead.

Leisure Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are required at the time of check in or call ahead.

Cost: FREE

Everyone Welcome Swim

Date and Time: Friday, August 15 1:15 pm - 2:15 pm

Address: 305 Waterford Bridge Road

Everyone Welcome Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are requir ed at the time of check in or call ahead.

Cost: FREE

Everyone Welcome Swim

Date and Time: Friday, August 15 2:45 pm - 3:45 pm

Address: 305 Waterford Bridge Road

Everyone Welcome Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are required at the time of check in or call ahead.

Cost: FREE

Everyone Welcome Swim

Date and Time: Friday, August 15 4:00 pm - 5:00 pm

Address: 305 Waterford Bridge Road

Everyone Welcome Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are requir ed at the time of check in or call ahead.

Cost: FREE

Lane & Leisure

Date and Time: Friday, August 15 5:15 pm - 6:15 pm

Address: 305 Waterford Bridge Road

Lane Swim

Choose the appropriate lane - slow, medium or fast - based on ability. Suitable for swimmers 13 years of age an d older. Accessible change rooms, water wheelchairs and accessible pool entry is available. Please advise if acc ommodations are required at the time of check in or call ahead.

Leisure Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are required at the time of check in or call ahead.

Cost: FREE

Saturday, August 16, 2025

Lane & Leisure

Date and Time: Saturday, August 16 12:00 pm - 12:50 pm

Address: 305 Waterford Bridge Road

Lane Swim

Choose the appropriate lane - slow, medium or fast - based on ability. Suitable for swimmers 13 years of age an d older. Accessible change rooms, water wheelchairs and accessible pool entry is available. Please advise if acc ommodations are required at the time of check in or call ahead.

Leisure Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are requir ed at the time of check in or call ahead.

Cost: FREE

Everyone Welcome Swim

Date and Time: Saturday, August 16 1:00 pm - 2:00 pm

Address: 305 Waterford Bridge Road

Everyone Welcome Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are required at the time of check in or call ahead.

Cost: FREE

Everyone Welcome Swim

Date and Time: Saturday, August 16 2:15 pm - 3:15 pm

Address: 305 Waterford Bridge Road

Everyone Welcome Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are required at the time of check in or call ahead.

Cost: FREE

Everyone Welcome Swim

Date and Time: Saturday, August 16 3:45 pm - 4:45 pm

Address: 305 Waterford Bridge Road

Everyone Welcome Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are required at the time of check in or call ahead.

Cost: FREE

Everyone Welcome Swim

Date and Time: Saturday, August 16 5:00 pm - 6:00 pm

Address: 305 Waterford Bridge Road

Everyone Welcome Swim

Leisure space is available for families. Children 10 and under must always be accompanied in the water by a 16 + year-old who must remain in the water at arms-length. Maximum 3 children to 1 supervisor. Accessible chan ge rooms, water wheelchairs and accessible pool entry is available. Please advise if accommodations are required at the time of check in or call ahead.

Cost: FREE

https://calendar.stjohns.ca