

Friday, November 1, 2024

Pumpkin Walk

Date and Time: Friday, November 1 5:30 pm - 8:30 pm

Address: Bannerman Park

Join us November 1 from 5:30 to 8:30 p.m. for the annual City of St. John's Pumpkin Walk in Bannerman Park . Check out our webpage: [Pumpkin Walk - City of St Johns](#), to find out more.

Backyard Composting Talk

Date and Time: Friday, November 1 6:00 pm - 7:00 pm

Address: Bannerman Park

The City of St. John's, in partnership with Memorial University Botanical Garden, are offering free backyard composting information sessions to residents of St. John's. Upon completion of the training, City of St. John's residents can request to purchase a composting bin at a reduced cost.

Pre-registration is not required. Staff will collect your information when you arrive - just drop in!

This session will be held prior to the Pumpkin Walk. Rain Date Nov. 2.

Saturday, November 2, 2024

St. John's Farmers' Market

Date and Time: Saturday, November 2 9:00 am - 4:00 pm

Address: 245 Freshwater Road, St. John's, NL, A1B1B3

Support local producers this Saturday at the St. John's Farmers' Market!

The vendor list, community table, and entertainment/activities are updated regularly on the interactive vendor map on our website: <https://sjfm.ca/market-map>

Find vendor availability, product offerings, and contact information, on the searchable vendor directory on our website: <https://sjfm.ca/vendor-directory/>

The St. John's Farmers' Market Co-operative operates the St. John's Farmers' Market from the St. John's Community Market Building at 245 Freshwater Road.

The St. John's Community Market building is a fully accessible space centrally located, on bus routes, with gender-neutral washrooms, water refill stations, and ATMs. Find more information about the facility and

parking on our website: <https://sjfm.ca/visit/>

The St. John's Farmers' Market takes place on Saturdays every week year round, with a few multi-day Farmers' Market events during the year, like Birthday Weekend and Festive Market.

In addition to the Saturday Farmers' Market, the SJFM Co-operative hosts specialty markets a few times per month, and also rents the venue for community events the rest of the week.

Follow us on social media for regular updates: [Facebook](#) | [Instagram](#)

Fall Sale & Morning Coffee at the Kirk

Date and Time: Saturday, November 2 10:00 am - 12:00 pm

Address: 76 Queens Road, St. John's

The Kirk Association of St. Andrew's Presbyterian Church is hosting its annual Fall Sale and Morning Coffee!

DATE: Saturday, November 2nd

TIME: 10am to Noon

COST: Admission \$1, Coffee/Tea and Treats: \$7

Stalls will include Baked Goods, Crafts, Books, Christmassy goodies and White Elephant/Miscellaneous (small items only).

Stop in with a friend, and enjoy a morning of fun shopping, chatting and some sweet treats!

Ches's Night of Delight!

Date and Time: Saturday, November 2 6:00 pm - 11:55 pm

Address: CLB Armoury

What: Ches's Night of Delight

In Support of: Candlelighters NL and our very own Camp Delight (the only pediatric oncology camp in NL)

When: Saturday, November 2nd (doors open at 6pm)

Where: CLB Armoury

Cost: \$75 per person

How: <https://trellis.org/2024-night-of-delight>

Email: erincollett@candlelightersnl.ca

Who's joining us for Night of Delight? It's Candlelighters' biggest fundraiser and you can help make it a huge success!

Get your \$75 ticket here: trellis.org/2024-night-of-delight

Your ticket includes:

- A delicious dinner from Ches's Famous Fish & Chips
- Tasty appetizers from O'Reilly's Pub
- Wine from Mer et Soleil
- Craft beer from Yellow Belly
- Coffee & tea from Coffee Matters
- Live entertainment by The Attic
- Tons of fun with our games of chance and auction

Not only do you get all of this, but you'll also receive a tax receipt for a portion of your ticket price—and most importantly, you'll be supporting families in NL dealing with a childhood cancer diagnosis.

Ches's Night of Delight is Candlelighters NL's biggest fundraiser of the year! We are able to continue supporting families facing a childhood cancer diagnosis, and sending these children, their siblings and bereaved siblings to Camp Delight each year because of events like this and community support. Our kids are counting on you... Because kids can't fight cancer alone!

Sunday, November 3, 2024

Record Fair NL Fall 2024

Date and Time: Sunday, November 3 10:00 am - 4:00 pm

Address: 245 Freshwater Rd

Fall 2024 marks our 13th event and our 6th year!! Join us at one of the largest and best record fairs in Atlantic Canada!

All inquiries: recordfairnl@gmail.com

Tuesday, November 5, 2024

Backyard Compost Talk

Date and Time: Tuesday, November 5 1:00 pm - 2:00 pm

Address: Johnson Geo Centre, 175 Signal Hill Rd

The City of St. John's, in partnership with Memorial University Botanical Garden, are offering free backyard composting information sessions to residents of St. John's. Upon completion of the training, City of St. John's residents can request to purchase a composting bin at a reduced cost.

Pre-registration is not required. The session will take place at the Johnson Geo Centre, as part of our Senior's Day activities. Staff will collect your information when you arrive - just drop in!

Goodbye Glass Ceiling - an election night celebration

Date and Time: Tuesday, November 5 8:00 pm - 11:00 pm

Address: The Majestic Theatre, 390 Duckworth Street St. John's, Newfoundland A1C 1H8

Plan to join PerSISTence Theatre at the Majestic Theatre and Theatre Hill Bar on Tuesday November 5 for an evening celebrating the first woman of colour to run for President of the United States of America - an important first that is motivating people worldwide!

We'll gather together in camaraderie to share some chats, some music, a few themed mocktails/cocktails from the Theatre Hill Bar, plus a fun and energizing program that will include regular check-ins on the early poll returns...

While we can't guarantee the outcome of the election in the U.S., we CAN promise that you will leave this event feeling inspired to contribute to a more equitable and positive future in N.L.!

Tickets are \$25 plus HST and processing fee - on sale now from the [Majestic Theatre website!](#)

Wednesday, November 6, 2024

Améliorez Votre Santé Cardiovasculaire Avec Effie

Date and Time: Wednesday, November 6 5:00 pm

Address: CSC des Grands Vents 65, Ridge Road, St. Jean (NL) A1B 4P5

Améliorez votre santé cardiovasculaire avec Effie !

Profitez de notre programme de stepper tout en vous amusant !


Automne : du 2 octobre au 18 décembre 2024

Heure : 17h - 18h

Nombre de participants : Min 6 personnes

Jour : Tous les mercredis

Lieu : Théâtre du CSC des Grands Vents

Rejoignez Effie et d'autres passionnés de fitness pour des séances dynamiques qui boosteront votre endurance et renforceront votre cœur. 

Les inscriptions sont ouvertes, ne manquez pas votre chance de vous inscrire !
Rejoignez-nous pour une expérience dynamique et revitalisante !

Inscrivez-vous dès maintenant et commencez votre parcours vers une meilleure santé !

Join us for "Stepper Up with Effie"!

Improve your cardiovascular health while having fun with our stepper program!

Autumn: October 2nd to December 18th, 2024

Time: 5 PM - 6 PM

Number of participants: Min 6 people

Day: Every Wednesday

Location: Théâtre du CSC des Grands Vents

Join Effie and other fitness enthusiasts for dynamic sessions that will boost your endurance and strengthen your heart. ❤️

Registrations are ongoing, so don't miss your chance to sign up!

Join us for a dynamic and revitalizing experience! ❤️

Sign up now and start your journey to better health!

Beginner French Course 1 - Fall 2024

Date and Time: Wednesday, November 6 5:30 pm - 7:00 pm

Address: 65 Ridge Rd, St. John's NL A1B 4P5

Want to learn French in a relaxed and enjoyable environment? Join us for our Beginner 1 course!

🗣️ **What You'll Learn:**

Basics of French conversation

Oral skills, listening, and speaking

Integrated reading and writing activities

📅 **Course Details:**

Instructor: Lisa Wagner

Location: 65 Ridge Rd, St. John's NL A1B 4P5

Day: Wednesday evenings

Time: 5:30 PM – 7:00 PM

Dates: September 25 – December 11 (13 weeks)

🌟 **Note:** Registration for Fall 2024 is now closed, but don't worry!

Registration for Winter 2025 will open soon. Stay tuned!

📧 **For more information, feel free to reach out to us.**

Come discover the beauty of the French language with us

Intermediate 1 French Course - Fall 2024

Date and Time: Wednesday, November 6 5:30 pm - 7:00 pm

Address: 65 Ridge Rd, St. John's NL A1B 4P5

These courses are designed for those with a basic knowledge of French who want to build on their previous lea

ning experiences to enhance their skills. The four competencies—listening, speaking, reading, and writing—are developed in a relaxed, friendly, and non-threatening environment. With small class sizes, students have plenty of opportunities and are encouraged to participate actively to their fullest potential.

Course Details:

Instructor: Terry Capandéguy

Location: 65 Ridge Rd, St. John's NL A1B 4P5

Day: Wednesday evenings

Time: 5:30 PM – 7:00 PM

Dates: September 25 – December 11 (13 weeks)

Duration: 1.5 hours per week

Note: Registration for Fall 2024 is now closed, but don't worry! Registration for Winter 2025 will open soon. Stay tuned!

For more information, feel free to reach out to us.

Come discover the beauty of the French language with us!

Beginner 2 French Course - Fall 2024

Date and Time: Wednesday, November 6 7:15 pm - 8:45 pm

Address: 65 Ridge Rd, St. John's NL A1B 4P5

Ready to build on your French skills? Join us for our Beginner 2 course!

What You'll Learn:

Continuation from Beginner 1

Focus on oral skills, listening, and speaking

Integrated reading and writing activities

Course Details:

Instructor: Lisa Wagner

Location: 65 Ridge Rd, St. John's NL A1B 4P5

Day: Wednesday evenings

Time: 7:15 PM – 8:45 PM

Dates: September 25 – December 11 (13 weeks)

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Thursday, November 7, 2024

Intermediate 1 French Course - Fall 2024 (Online)

Date and Time: Thursday, November 7 6:00 pm - 7:30 pm

Address: 65 Ridge Rd, St. John's NL A1B 4P

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Course Details:

Instructor: Terry Capandéguy

Location: Online

Day: Thursday evenings

Time: 6:00 PM – 7:30 PM

Dates: September 26 – December 12 (13 weeks)

Duration: 1.5 hours per week

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For more information, feel free to reach out to us.

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Intermediate 2 French Course - Fall 2024 (Online)

Date and Time: Thursday, November 7 7:45 pm - 9:15 pm

Address: 65 Ridge Rd, St. John's NL A1B 4P5

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Course Details:

Instructor: Terry Capandéguy

Location: ONLINE

Day: Thursday evenings

Time: 7:45 PM – 9:15 PM

Dates: September 26 – December 12 (13 weeks)

Duration: 1.5 hours per week

Note: Registration for Fall 2024 is now closed, but don't worry! Registration for Winter 2025 will open soon. Stay tuned!

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Friday, November 8, 2024

Feeling Further: an Exhibition by Violet Drake

Date and Time: Friday, November 8 6:00 pm - 8:00 pm

Address: 72 Harbour Drive

Opening reception for Feeling Further: an Exhibition by Violet Drake, Nov. 8

Feeling Further is a multidisciplinary exhibition of prints, projection, and textile installation borne from digitally manipulated self-portraiture. This work is an exploration of both embodied and environmental metamorphosis and abstraction through a transsexual lens.

Saturday, November 9, 2024

St. John's Farmers' Market

Date and Time: Saturday, November 9 9:00 am - 4:00 pm

Address: 245 Freshwater Road, St. John's, NL, A1B1B3

Support local producers this Saturday at the St. John's Farmers' Market!

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Follow us on social media for regular updates: [Facebook](#) | [Instagram](#)

Mom market at Murray's garden in Portugal cove

Date and Time: Saturday, November 9 10:00 am - 4:00 pm

Address: 1525 Portugal cove road

10am to 4 pm Nov 9th, 2024

Monday, November 11, 2024

Yoga avec/with Cindy, Far Out Fitness

Date and Time: Monday, November 11 5:30 pm

Address: CSC des Grands Vents 65, Ridge Road, St. Jean (NL) A1B 4P5

De par les nombreuses postures et enchaînements qu'il propose, le yoga est excellent pour renforcer les muscles profonds, les muscles mobilisateurs ainsi que la musculature des membres supérieurs et inférieurs.

Professeur : Cindy, Far Out Fitness

Dates :

- Automne : 23 septembre au 2 décembre 2024
- Hiver : 13 janvier au 17 mars 2025
- Printemps : 14 avril au 16 juin 2025

Heure : 17h30 – 18h30

Nombre de participants : Min 6 personnes

Jour : Tous les lundis

Lieu : Théâtre du CSC des Grands Vents

Rejoignez-nous pour une séance de yoga revitalisante avec Cindy et découvrez les bienfaits d'une pratique régulière. ☐ ♀ ☐

Inscrivez-vous dès maintenant et commencez votre chemin vers le bien-être !

YOGA WITH CINDY

With its numerous postures and sequences, yoga is excellent for strengthening deep muscles, mobilizing muscles, and enhancing the musculature of both upper and lower limbs.

Instructor: Cindy, Far Out Fitness

Dates:

- Autumn: September 23rd to December 2nd, 2024
- Winter: January 13th to March 17th, 2025
- Spring: April 14th to June 16th, 2025

Time: 5:30 PM – 6:30 PM

Number of participants: Min 6 people

Day: Every Monday

Location: Théâtre du CSC des Grands Vents

Join us for a revitalizing yoga session with Cindy and discover the benefits of regular practice. ☐ ♀ ☐

Sign up now and start your journey toward well-being!

Wednesday, November 13, 2024

Améliorez Votre Santé Cardiovasculaire Avec Effie

Date and Time: Wednesday, November 13 5:00 pm

Address: CSC des Grands Vents 65, Ridge Road, St. Jean (NL) A1B 4P5

Améliorez votre santé cardiovasculaire avec Effie !

Profitez de notre programme de stepper tout en vous amusant !


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Improve your cardiovascular health while having fun with our stepper program!


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Time: 5 PM - 6 PM

Number of participants: Min 6 people

Day: Every Wednesday

Location: Théâtre du CSC des Grands Vents

Join Effie and other fitness enthusiasts for dynamic sessions that will boost your endurance and strengthen your heart. 

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Join us for a dynamic and revitalizing experience! 

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Beginner French Course 1 - Fall 2024

Date and Time: Wednesday, November 13 5:30 pm - 7:00 pm

Address: 65 Ridge Rd, St. John's NL A1B 4P5

Want to learn French in a relaxed and enjoyable environment? Join us for our Beginner 1 course!

 What You'll Learn:

Basics of French conversation

Oral skills, listening, and speaking

Integrated reading and writing activities

 Course Details:

Instructor: Lisa Wagner

Location: 65 Ridge Rd, St. John's NL A1B 4P5

Day: Wednesday evenings

Time: 5:30 PM – 7:00 PM

Dates: September 25 – December 11 (13 weeks)

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✉ For more information, feel free to reach out to us.

Come discover the beauty of the French language with us

Intermediate 1 French Course - Fall 2024

Date and Time: Wednesday, November 13 5:30 pm - 7:00 pm

Address: 65 Ridge Rd, St. John's NL A1B 4P5

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Beginner 2 French Course - Fall 2024

Date and Time: Wednesday, November 13 7:15 pm - 8:45 pm

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Ready to build on your French skills? Join us for our Beginner 2 course!

☐ What You'll Learn:

Continuation from Beginner 1

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Integrated reading and writing activities

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Thursday, November 14, 2024

Hope In The City

Date and Time: Thursday, November 14 7:00 am - 9:30 am

Address: 120 New Gower Street

Hope in the City is a heartwarming and impactful annual event that brings together community members, businesses, and organizations to raise awareness and funds for The Salvation Army.

Through a morning of inspiration and networking, attendees learn about The Salvation Army's vital programs and services aimed at assisting those in need across the province. The event provides an opportunity for individuals and companies to connect, engage, and collaborate in support of a common goal: creating positive change and offering hope to vulnerable individuals and families.

Thursday, November 14, 2024

7:30am - 9:00am

Delta Conference Centre, St. John's, NL

Festival du Vent 2024

Date and Time: Thursday, November 14 5:00 pm - 7:00 pm

Address: CSC des Grands Vents, 65 Ridge Road, St. Jean (NL) A1B 4P5

Festival du Vents 2024

Nous sommes ravis de vous annoncer le Festival du Vents 2024 !

Dates : 14 au 16 novembre 2024

Lieu : CSC des Grands Vents, 65 Ridge Road, St. Jean (NL) A1B 4P5

Entrée : Gratuite

Programme des Activités :

Jeudi 14 novembre - Soirée Multiculturelle

À partir de 17h : Rejoignez-nous pour une soirée riche en culture avec un repas multiculturel, servi par la We Care Foundation of Newfoundland and Labrador et des performances de :

Port-Aux-Poutines
Madeline Grah
Lora Otoum

Vendredi 15 novembre -Journée Découverte

11h30 – 13h : Lunch des Débrouillards

17h – 19h : 5 À 7 Découverte / Conférence avec David Neil avec les hors-d'œuvre par FrenchGoods by Mail
ys

19h : Concert Beauséjour

Samedi 16 novembre - Journée en Famille

12h – 15h : Activités en Famille (peinture sur visage avec LLoys Grah et hula hoop avec Cindy de Far Out Fitness)

17h – 19h : Dégustation Improvisée

19h : Soirée d'Improvisation avec "Les Amuse-Gueules" de la Ligue d'improvisation de Terre-Neuve-et-Labrador.

Venez célébrer la culture et la convivialité avec nous !

Pour plus d'infos, consultez notre site internet ou suivez-nous ici.

Taguez vos amis et partagez cet événement !

Intermediate 1 French Course - Fall 2024 (Online)

Date and Time: Thursday, November 14 6:00 pm - 7:30 pm

Address: 65 Ridge Rd, St. John's NL A1B 4P

These courses are designed for those with a basic knowledge of French who want to build on their previous learning experiences to enhance their skills. The four competencies—listening, speaking, reading, and writing—are developed in a relaxed, friendly, and non-threatening environment. With small class sizes, students have plenty of opportunities and are encouraged to participate actively to their fullest potential.

Course Details:

Instructor: Terry Capandéguy

Location: Online

Day: Thursday evenings

Time: 6:00 PM – 7:30 PM

Dates: September 26 – December 12 (13 weeks)

Duration: 1.5 hours per week

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Intermediate 2 French Course - Fall 2024 (Online)

Date and Time: Thursday, November 14 7:45 pm - 9:15 pm

Address: 65 Ridge Rd, St. John's NL A1B 4P5

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Course Details:

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Location: ONLINE

Day: Thursday evenings

Time: 7:45 PM – 9:15 PM

Dates: September 26 – December 12 (13 weeks)

Duration: 1.5 hours per week

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Come discover the beauty of the French language with ACFSJ

Friday, November 15, 2024

Festival du Vent 2024

Date and Time: Friday, November 15 11:30 am - 1:00 pm

Address: CSC des Grands Vents, 65 Ridge Road, St. Jean (NL) A1B 4P5

Festival du Vents 2024

Nous sommes ravis de vous annoncer le Festival du Vents 2024 !

Dates : 14 au 16 novembre 2024

Lieu : CSC des Grands Vents, 65 Ridge Road, St. Jean (NL) A1B 4P5

Entrée : Gratuite

Programme des Activités :

Jeudi 14 novembre - Soirée Multiculturelle

À partir de 17h : Rejoignez-nous pour une soirée riche en culture avec un repas multiculturel, servi par la We Care Foundation of Newfoundland and Labrador et des performances de :

Port-Aux-Poutines

Madeline Grah

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19h : Soirée d'Improvisation avec "Les Amuse-Gueules" de la Ligue d'improvisation de Terre-Neuve-et-Labrador.

Venez célébrer la culture et la convivialité avec nous !
Pour plus d'infos, consultez notre site internet ou suivez-nous ici.

Taguez vos amis et partagez cet événement !

LUNCH DES DÉBROUILLARDS : POUR LES PERSONNES DE 50 ANS+

Date and Time: Friday, November 15 11:30 am - 1:00 pm

Address: At CSC des Grands Vents 65, Ridge Road, St. Jean (NL) A1B 4P5*

English will follow..

POUR LES PERSONNES DE 50 ANS+

Au CSC des Grands Vents
65, Ridge Road, St. Jean (NL) A1B 4P5*

Les membres du club se réunissent pour participer à diverses activités.
Les nouvelles adhésions sont toujours les bienvenues. Vous pouvez joindre le Club des Débrouillards en nous contactant à l'adresse suivante: culture@acfsj.ca ou **709-726-4900**.

English will follow..

Nous sommes ravis de vous inviter à notre prochain Lunch des Débrouillards ! Joignez vous à nous pour un moment convivial et chaleureux, idéal pour socialiser et partager un bon repas en français.

 Dates :

 Annonce Importante 

•Mardi 12 novembre 2024 : 11h30 - 13h

En raison du Festival du Vent, nous avons dû modifier la date du lunch de novembre. Le nouvel événement aura lieu le vendredi 15 novembre.


• Mardi 10 décembre 2024

 Contribution :



Une participation de 10\$ est demandée par personne.

 Lieu :

Restaurant de votre choix ou au Centre des Grands vents.

 Inscription obligatoire :

Pour confirmer votre présence, envoyez un courriel à culture@acfsj.ca ou appelez le 709-726-4900.

Venez nombreux pour passer un bon moment ensemble !  

We are excited to invite you to our upcoming Lunch des Débrouillards! Members! Join us for a friendly and warm gathering, perfect for socializing and enjoying a delicious meal in French.

 Dates:

 Important Announcement 

• Tuesday, November 12, 2024: 11:30 AM - 1:00 PM

Due to the Festival of the Wind, we have had to change the date of the November lunch. The new event will take place on Friday, November 15.

Thank you for your understanding!

• Tuesday, December 10, 2024

Contribution:

A fee of \$10 is requested per participant.

Location:

Restaurant of your choice or at the Centre des Grands vents.

Registration Required:

To confirm your attendance, please email culture@acfsj.ca or call 709-726-4900.

We look forward to sharing a great time together! 🎉😊

Festival du Vent 2024

Date and Time: Friday, November 15 5:00 pm - 7:00 pm

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Vendredi 15 novembre -Journée Découverte

11h30 – 13h : Lunch des Débrouillards

17h – 19h : 5 À 7 Découverte / Conférence avec David Neil avec les hors-d'œuvre par FrenchGoods by Mails

19h : Concert Beauséjour

Samedi 16 novembre - Journée en Famille

12h – 15h : Activités en Famille (peinture sur visage avec LLoys Grah et hula hoop avec Cindy de Far Out Fitness)

17h – 19h : Dégustation Improvisée

19h : Soirée d'Improvisation avec "Les Amuse-Gueules" de la Ligue d'improvisation de Terre-Neuve-et-Labrador.

Venez célébrer la culture et la convivialité avec nous !

Pour plus d'infos, consultez notre site internet ou suivez-nous ici.

Taguez vos amis et partagez cet événement !

Festival du Vent 2024

Date and Time: Friday, November 15 7:00 pm - 9:00 pm

Address: CSC des Grands Vents, 65 Ridge Road, St. Jean (NL) A1B 4P5

Festival du Vents 2024

Nous sommes ravis de vous annoncer le Festival du Vents 2024 !

Dates : 14 au 16 novembre 2024

Lieu : CSC des Grands Vents, 65 Ridge Road, St. Jean (NL) A1B 4P5

Entrée : Gratuite

Programme des Activités :

Jeudi 14 novembre - Soirée Multiculturelle

À partir de 17h : Rejoignez-nous pour une soirée riche en culture avec un repas multiculturel, servi par la We Care Foundation of Newfoundland and Labrador et des performances de :

Port-Aux-Poutines

Madeline Grah

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Taguez vos amis et partagez cet événement !

Beauséjour - Mille après mille

Date and Time: Friday, November 15 7:00 pm

Address: CSC des Grands Vents, 65 Ridge Road, St. Jean (NL) A1B 4P5

Venez vivre une soirée musicale inoubliable !

Quand : Vendredi 15 novembre 2024

Heure : 19h

Où : CSC des Grands Vents, 65 Ridge Road, St. Jean (NL) A1B 4P5

L'ACFSJ a le plaisir de vous présenter :

Beauséjour en spectacle

Un événement Coup de cœur Francophone | RADARS | Festival de chansons.

Tarifs :

Membres : 12 \$

Non-membres : 20 \$

Ne manquez pas cette occasion de célébrer la musique francophone et de passer une soirée mémorable en comp

agnie d'artistes talentueux !

Come experience an unforgettable musical evening!

When: Friday, November 15, 2024

Time: 7 PM

Where: CSC des Grands Vents, 65 Ridge Road, St. Jean (NL) A1B 4P5

The ACFSJ is pleased to present:

Beauséjour in concert

A Coup de cœur Francophone event | RADARS | Song Festival.

Tickets:

Members: \$12

Non-members: \$20

Don't miss this opportunity to celebrate Francophone music and enjoy a memorable evening with talented artists!

NSO Masterworks 2: Celloscapes

Date and Time: Friday, November 15 8:00 pm - 10:00 pm

Address: Arts and Culture Centre, 95 Allandale Road, St. John's

Immerse yourself in a night of melodic landscapes with the Newfoundland Symphony Orchestra's Masterworks 2: CelloScapes. Join us on Friday, November 15, 2024, at 8pm at the [Arts & Culture Centre](#) for an evening of captivating music led by the brilliant conductor [Dina Gilbert](#).

The concert opens with the atmospheric *Nocturne* by contemporary composer Sammy Moussa, setting a tranquil yet evocative tone for the night.

Next, be enchanted by the virtuosic talents of guest artist [Noémie Raymond-Friset](#) on the cello, as she brings to life Tchaikovsky's *Variations on a Rococo Theme*. This piece, known for its elegance and technical prowess, is a delightful homage to the classical style. Raymond-Friset continues to dazzle with Tchaikovsky's *Pezzo Capriccioso*, a work brimming with romantic fervor and playful charm.

The evening crescendos with Brahms' *Symphony No. 4*, a powerful and profound masterpiece that will leave you awestruck with its emotional depth and intricate orchestration.

Don't miss this opportunity to experience the beauty and brilliance of these cello masterpieces and orchestral treasures. Secure your tickets now for a night of extraordinary music with the Newfoundland Symphony Orchestra.

Tickets are available at the ACC Box Office (729-3900), online at www.artsandculturecentre.com and at the door.

Masterworks 2: CelloScapes is presented by [Red Door Hearing](#).

Saturday, November 16, 2024

St. John's Farmers' Market

Date and Time: Saturday, November 16 9:00 am - 4:00 pm

Address: 245 Freshwater Road, St. John's, NL, A1B1B3

Support local producers this Saturday at the St. John's Farmers' Market!

The vendor list, community table, and entertainment/activities are updated regularly on the interactive vendor map on our website: <https://sjfm.ca/market-map>

Find vendor availability, product offerings, and contact information, on the searchable vendor directory on our website: <https://sjfm.ca/vendor-directory/>

The St. John's Farmers' Market Co-operative operates the St. John's Farmers' Market from the St. John's Community Market Building at 245 Freshwater Road.

The St. John's Community Market building is a fully accessible space centrally located, on bus routes, with gender-neutral washrooms, water refill stations, and ATMs. Find more information about the facility and parking on our website: <https://sjfm.ca/visit/>

The St. John's Farmers' Market takes place on Saturdays every week year round, with a few multi-day Farmers' Market events during the year, like Birthday Weekend and Festive Market.

In addition to the Saturday Farmers' Market, the SJFM Co-operative hosts specialty markets a few times per month, and also rents the venue for community events the rest of the week.

Follow us on social media for regular updates: [Facebook](#) | [Instagram](#)

Friends of the St. John's Libraries Book sale

Date and Time: Saturday, November 16 9:30 am - 4:00 pm

Address: A.C. Hunter Library

Friends of the St. John's Public Libraries are having their Fall Book sale on Saturday November 16th between 9:30 and 4:00 pm in the Community rooms at the AC Hunter Library. Great selection for all ages. Most books are \$2.00, with children's books \$1.00

All proceeds support the programs and collections of the St. John's Public Libraries.

Merry Makers Market Series

Date and Time: Saturday, November 16 10:00 am - 4:00 pm

Address: 10 Maple View Place, St. John's NL

Leading up to the holidays, Quidi Vidi Village Artisan Studios is thrilled to host weekend markets featuring our resident artisans and local guest craftspeople. The cozy atmosphere, beautiful setting, and selection of fine craft creates a magical holiday shopping experience you won't find anywhere else!

With a new group of guest vendors sharing the space with our artisans each weekend, you'll have plenty of reasons to shop local and keep coming back.

Vendor details will be added to our Facebook event and website as they are confirmed!

Festival du Vent 2024

Date and Time: Saturday, November 16 12:00 pm - 3:00 pm

Address: CSC des Grands Vents, 65 Ridge Road, St. Jean (NL) A1B 4P5

Festival du Vents 2024

Nous sommes ravis de vous annoncer le Festival du Vents 2024 !

Dates : 14 au 16 novembre 2024

Lieu : CSC des Grands Vents, 65 Ridge Road, St. Jean (NL) A1B 4P5

Entrée : Gratuite

Programme des Activités :

Jeudi 14 novembre - Soirée Multiculturelle

À partir de 17h : Rejoignez-nous pour une soirée riche en culture avec un repas multiculturel, servi par la We Care Foundation of Newfoundland and Labrador et des performances de :

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Vendredi 15 novembre -Journée Découverte

11h30 – 13h : Lunch des Débrouillards

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Taguez vos amis et partagez cet événement !

Festival du Vent 2024

Date and Time: Saturday, November 16 5:00 pm - 7:00 pm

Address: CSC des Grands Vents, 65 Ridge Road, St. Jean (NL) A1B 4P5

Festival du Vents 2024

Nous sommes ravis de vous annoncer le Festival du Vents 2024 !

Dates : 14 au 16 novembre 2024

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Pour plus d'infos, consultez notre site internet ou suivez-nous ici.

Taguez vos amis et partagez cet événement !

Get Ready for the DELF!

Date and Time: Saturday, November 16 5:00 pm - 6:00 pm

Address: CSC des Grands Vents 65, Ridge Road, St. Jean (NL) A1B 4P5

Get Ready for the DELF!

The start dates for the DELF preparation courses (A1, A2, and B1) will be determined based on the number of students enrolled at each level. Don't miss this opportunity—sign up now!

👉 Contact our French course coordinator to assess your level:

Phone: 709-689-0439

Email: education@acfsj.ca

For any additional information, feel free to reach out to us at culture@acfsj.ca or call 709-726-4900.

Join us to enhance your French skills and prepare for the DELF exam to achieve your goals! ✨

🔗 Sign up today directly on our website!

Sunday, November 17, 2024

Merry Makers Market Series

Date and Time: Sunday, November 17 10:00 am - 4:00 pm

Address: 10 Maple View Place, St. John's NL

Leading up to the holidays, Quidi Vidi Village Artisan Studios is thrilled to host weekend markets featuring our resident artisans and local guest craftspeople. The cozy atmosphere, beautiful setting, and selection of fine craft creates a magical holiday shopping experience you won't find anywhere else!

With a new group of guest vendors sharing the space with our artisans each weekend, you'll have plenty of reasons to shop local and keep coming back.

Vendor details will be added to our Facebook event and website as they are confirmed!

Monday, November 18, 2024

Yoga avec/with Cindy, Far Out Fitness

Date and Time: Monday, November 18 5:30 pm

Address: CSC des Grands Vents 65, Ridge Road, St. Jean (NL) A1B 4P5

De par les nombreuses postures et enchaînements qu'il propose, le yoga est excellent pour renforcer les muscles profonds, les muscles mobilisateurs ainsi que la musculature des membres supérieurs et inférieurs.

Professeur : Cindy, Far Out Fitness

Dates :

- Automne : 23 septembre au 2 décembre 2024
- Hiver : 13 janvier au 17 mars 2025
- Printemps : 14 avril au 16 juin 2025

Heure : 17h30 – 18h30

Nombre de participants : Min 6 personnes

Jour : Tous les lundis

Lieu : Théâtre du CSC des Grands Vents

Rejoignez-nous pour une séance de yoga revitalisante avec Cindy et découvrez les bienfaits d'une pratique régulière. ☐ ♀ ☐

Inscrivez-vous dès maintenant et commencez votre chemin vers le bien-être !

YOGA WITH CINDY

With its numerous postures and sequences, yoga is excellent for strengthening deep muscles, mobilizing muscles, and enhancing the musculature of both upper and lower limbs.

Instructor: Cindy, Far Out Fitness

Dates:

- Autumn: September 23rd to December 2nd, 2024
- Winter: January 13th to March 17th, 2025
- Spring: April 14th to June 16th, 2025

Time: 5:30 PM – 6:30 PM**Number of participants:** Min 6 people**Day:** Every Monday**Location:** Théâtre du CSC des Grands Vents

Join us for a revitalizing yoga session with Cindy and discover the benefits of regular practice. ♀

Sign up now and start your journey toward well-being!

Wednesday, November 20, 2024

Améliorez Votre Santé Cardiovasculaire Avec Effie

Date and Time: Wednesday, November 20 5:00 pm

Address: CSC des Grands Vents 65, Ridge Road, St. Jean (NL) A1B 4P5

Améliorez votre santé cardiovasculaire avec Effie !

Profitez de notre programme de stepper tout en vous amusant !

Automne : du 2 octobre au 18 décembre 2024

Heure : 17h - 18h

Nombre de participants : Min 6 personnes

Jour : Tous les mercredis

Lieu : Théâtre du CSC des Grands Vents

Rejoignez Effie et d'autres passionnés de fitness pour des séances dynamiques qui boosteront votre endurance et renforceront votre cœur. ❤️

Les inscriptions sont ouvertes, ne manquez pas votre chance de vous inscrire !

Rejoignez-nous pour une expérience dynamique et revitalisante !

Inscrivez-vous dès maintenant et commencez votre parcours vers une meilleure santé !

Join us for "Stepper Up with Effie"!

Improve your cardiovascular health while having fun with our stepper program!

Autumn: October 2nd to December 18th, 2024

Time: 5 PM - 6 PM

Number of participants: Min 6 people

Day: Every Wednesday

Location: Théâtre du CSC des Grands Vents

Join Effie and other fitness enthusiasts for dynamic sessions that will boost your endurance and strengthen your heart. ❤️

Registrations are ongoing, so don't miss your chance to sign up!
Join us for a dynamic and revitalizing experience! ☐❤

Sign up now and start your journey to better health!

Beginner French Course 1 - Fall 2024

Date and Time: Wednesday, November 20 5:30 pm - 7:00 pm

Address: 65 Ridge Rd, St. John's NL A1B 4P5

Want to learn French in a relaxed and enjoyable environment? Join us for our Beginner 1 course!

🗣️ What You'll Learn:

Basics of French conversation

Oral skills, listening, and speaking

Integrated reading and writing activities

📅 Course Details:

Instructor: Lisa Wagner

Location: 65 Ridge Rd, St. John's NL A1B 4P5

Day: Wednesday evenings

Time: 5:30 PM – 7:00 PM

Dates: September 25 – December 11 (13 weeks)

🌟 Note: Registration for Fall 2024 is now closed, but don't worry!

Registration for Winter 2025 will open soon. Stay tuned!

✉️ For more information, feel free to reach out to us.

Come discover the beauty of the French language with us

Intermediate 1 French Course - Fall 2024

Date and Time: Wednesday, November 20 5:30 pm - 7:00 pm

Address: 65 Ridge Rd, St. John's NL A1B 4P5

These courses are designed for those with a basic knowledge of French who want to build on their previous learning experiences to enhance their skills. The four competencies—listening, speaking, reading, and writing—are developed in a relaxed, friendly, and non-threatening environment. With small class sizes, students have plenty of opportunities and are encouraged to participate actively to their fullest potential.

Course Details:

Instructor: Terry Capandéguy

Location: 65 Ridge Rd, St. John's NL A1B 4P5

Day: Wednesday evenings

Time: 5:30 PM – 7:00 PM

Dates: September 25 – December 11 (13 weeks)

Duration: 1.5 hours per week

Note: Registration for Fall 2024 is now closed, but don't worry! Registration for Winter 2025 will open soon. Stay tuned!

For more information, feel free to reach out to us.

Come discover the beauty of the French language with us!

Climate Collective Young Activists Film Festival

Date and Time: Wednesday, November 20 7:00 pm - 9:00 pm

Address: Johnson Geo Centre, 175 Signal Hill Rd.

The Johnson Geo Centre Climate Collective invites you to our Young Activists Film Festival on November 20th. This month's theme is dedicated to amplifying the voices of young people through film, with the focus on climate change and environmental advocacy. Through this theme, we hope to provide a platform for young filmmakers, activists, and storytellers to share their perspectives on climate issues and inspire action among peers, communities, and policymakers.

The youth in these films remind us that there is power in individual action, and that each of us really can make a positive difference. These films serve as an important reminder that youth are inspired, empowered, capable, and ready to create change.

Details:

Date: Wednesday, November 20th

Time: 7:00pm-9:00pm

Location: Geo Centre theatre

Admission is free, but pre-registration is requested.

Sign up here:

<https://forms.gle/7sY6HQE1hEvyZJeF6>

Beginner 2 French Course - Fall 2024

Date and Time: Wednesday, November 20 7:15 pm - 8:45 pm

Address: 65 Ridge Rd, St. John's NL A1B 4P5

Ready to build on your French skills? Join us for our Beginner 2 course!

What You'll Learn:

Continuation from Beginner 1

Focus on oral skills, listening, and speaking

Integrated reading and writing activities

Course Details:

Instructor: Lisa Wagner

Location: 65 Ridge Rd, St. John's NL A1B 4P5

Day: Wednesday evenings

Time: 7:15 PM – 8:45 PM

Dates: September 25 – December 11 (13 weeks)

Duration: 1.5 hours per week

Note: Registration for Fall 2024 is now closed, but don't worry! Registration for Winter 2025 will open soon. Stay tuned!

For more information, feel free to reach out to us.

Come discover the beauty of the French language with us!

Thursday, November 21, 2024

Young Voices in Business

Date and Time: Thursday, November 21 6:00 pm - 8:00 pm

Address: St. John's Community Market, 245 Freshwater Rd

Are you an 18–30-year-old interested in starting your own business? The City of St. John's invites you to join us during Global Entrepreneurship Week for a free event focused on young business owners sharing their stories and experiences.

Date: Thursday, November 21

Time: 6 to 8 p.m.

Location: St. John's Community Market, 245 Freshwater Rd

Hosted by the City's Youth Engagement Working Group, this casual evening will feature:

Networking and Refreshments

Connect with local organizations offering valuable resources, including:

- City of St. John's Tourism, Culture, and Business Growth Division
- Metro Business Opportunities
- Futurpreneur
- YMCA Business Planning Program
- Youth Ventures
- Study and Stay
- Newfoundland and Labrador Federation of Co-operatives (NLFC)

Panel Discussion

Hear from young entrepreneurs about their successes, challenges, and lessons learned while building a business in St. John's.

Panelists include:

- Lauren Pecore, Smoodie Bowls
- Fadzai Muzhuzha, Continental Butchery
- Nancy Leung, Simply Wedding NL

Register

Space is limited, register today!

[Register](#)

Intermediate 1 French Course - Fall 2024 (Online)

Date and Time: Thursday, November 21 6:00 pm - 7:30 pm

Address: 65 Ridge Rd, St. John's NL A1B 4P

These courses are designed for those with a basic knowledge of French who want to build on their previous learning experiences to enhance their skills. The four competencies—listening, speaking, reading, and writing—are developed in a relaxed, friendly, and non-threatening environment. With small class sizes, students have plenty of opportunities and are encouraged to participate actively to their fullest potential.

Course Details:

Instructor: Terry Capandéguy

Location: Online

Day: Thursday evenings

Time: 6:00 PM – 7:30 PM

Dates: September 26 – December 12 (13 weeks)

Duration: 1.5 hours per week

Note: Registration for Fall 2024 is now closed, but don't worry! Registration for Winter 2025 will open soon. Stay tuned!

For more information, feel free to reach out to us.

Come discover the beauty of the French language with us!

Intermediate 2 French Course - Fall 2024 (Online)

Date and Time: Thursday, November 21 7:45 pm - 9:15 pm

Address: 65 Ridge Rd, St. John's NL A1B 4P5

These courses are designed for those with a basic knowledge of French who want to build on their previous learning experiences to enhance their skills. The four competencies—listening, speaking, reading, and writing—are developed in a relaxed, friendly, and non-threatening environment. With small class sizes, students have plenty of opportunities and are encouraged to participate actively to their fullest potential.

Course Details:

Instructor: Terry Capandéguy

Location: ONLINE

Day: Thursday evenings

Time: 7:45 PM – 9:15 PM

Dates: September 26 – December 12 (13 weeks)

Duration: 1.5 hours per week

Note: Registration for Fall 2024 is now closed, but don't worry! Registration for Winter 2025 will open soon. Stay tuned!

For more information, feel free to reach out to us.
Come discover the beauty of the French language with ACFSJ

Saturday, November 23, 2024

St. John's Farmers' Market

Date and Time: Saturday, November 23 9:00 am - 4:00 pm

Address: 245 Freshwater Road, St. John's, NL, A1B1B3

Support local producers this Saturday at the St. John's Farmers' Market!

The vendor list, community table, and entertainment/activities are updated regularly on the interactive vendor map on our website: <https://sjfm.ca/market-map>

Find vendor availability, product offerings, and contact information, on the searchable vendor directory on our website: <https://sjfm.ca/vendor-directory/>

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In addition to the Saturday Farmers' Market, the SJFM Co-operative hosts specialty markets a few times per month, and also rents the venue for community events the rest of the week.

Follow us on social media for regular updates: [Facebook](#) | [Instagram](#)

Merry Makers Market Series

Date and Time: Saturday, November 23 10:00 am - 4:00 pm

Address: 10 Maple View Place, St. John's NL

Leading up to the holidays, Quidi Vidi Village Artisan Studios is thrilled to host weekend markets featuring our resident artisans and local guest craftspeople. The cozy atmosphere, beautiful setting, and selection of fine craft creates a magical holiday shopping experience you won't find anywhere else!

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Vendor details will be added to our Facebook event and website as they are confirmed!

The 8th Annual Pink Tie Gala

Date and Time: Saturday, November 23 6:30 pm - 10:00 pm

Address: The CLB Armoury, 82 Harvey Rd, St. John's, NL A1B 4J8

Step back in time and **party like it's 1925** at our **8th Annual Pink Tie Gala!** This year, we are thrilled to celebrate "Women in Leadership", raising funds for our upcoming 2025/2026 theatrical season and ode to the 100-year anniversary of the Newfoundland bill enfranchising women over 25 which finally passed in 1925.

As we reflect on the past century of progress, we recognize that now, more than ever, it is crucial to highlight and honour the contributions of **women in leadership**.

Join us for an evening of elegance, inspiration, and celebration, all set against the backdrop of a 1920s-themed soiree. Don your finest pink tie or flapper-esque attire and immerse yourself in an era of jazz, glamour, and unstoppable determination. **Plus, we've shaken up and condensed the format for an efficient evening that will have you back in your taxi by 10pm!**

Sunday, November 24, 2024

Merry Makers Market Series

Date and Time: Sunday, November 24 10:00 am - 4:00 pm

Address: 10 Maple View Place, St. John's NL

Leading up to the holidays, Quidi Vidi Village Artisan Studios is thrilled to host weekend markets featuring our resident artisans and local guest craftspeople. The cozy atmosphere, beautiful setting, and selection of fine craft creates a magical holiday shopping experience you won't find anywhere else!

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Vendor details will be added to our Facebook event and website as they are confirmed!

SJFM Vintage and Collectibles Market

Date and Time: Sunday, November 24 10:00 am - 3:00 pm

Address: 245 Freshwater Road

The SJFM Vintage & Collectible Market returns for 2024 season!

Sundays 10am - 3pm:
March 3rd Winter Market.
June 2nd Spring Market.

August 18th Summer Market.
November 24th Holiday Market.

Love Vintage? Wild for Collectibles? Then mark your calendar for this one!

Lots of vintage, thrifted, and collectibles vendors, plus hot food and treats because treasure hunting is hungry work!

Come find a market filled with neat vintage treasures, awesome upcycled discoveries, and cool collectibles, records, and toys!

All-ages, accessible, gender inclusive washrooms.

Free to attend - no admission fee or tickets required!

Find more information on our [website](#), and social media: [Facebook](#), [Instagram](#).

What's Up In the Sky?

Date and Time: Sunday, November 24 1:00 pm - 4:00 pm

Address: Johnson Geo Centre, 175 Signal Hill Rd, St. John's

Join us for this presentation as we look to the skies and learn about the celestial bodies visible at different points of the season. This event is available on the first and last Sundays of each month, from 1:00-2:00pm and 3:00-4:00pm. All sessions will include a 30 minute planetarium film and 20 minutes of live show led by Garry Dymond, a member of our Interpretation team. Garry is an amateur astronomer with 50 years of experience and is a member of the Royal Astronomical Society of Canada (RASC).

Garry will present the night sky, focusing on what we can see during the month right here on the Northeast Avalon. This guided virtual tour of the night sky will teach you to spot and identify a number of constellations, stars, planets, and more.

The session will take place indoors, in our portable StarLab. Please note you will be sitting on cushions on the floor.

Show is for ages 5 and up.

Admission is \$5.00(+tax). Please note this fee does not include our exhibits.

NSO Recital 2

Date and Time: Sunday, November 24 8:00 pm - 9:30 pm

Address: D.F. Cook Recital Hall, Burton's Pond Road, St. John's

Experience the elegance and charm of classical chamber music with the [Atlantic String Quartet](#) at Recital 2. On November 24, 2024, at the [D.F. Cook Recital Hall, MUN School of Music](#), indulge in an evening of diverse and captivating string quartet repertoire.

The concert opens with Hugo Wolf's *Italian Serenade*, a delightful piece that dances with lively rhythms and whimsical melodies, evoking the sunny landscapes and vibrant spirit of Italy.

Next, enjoy the 1st movement of Joseph Haydn's *String Quartet op. 33, No. 3 "The Bird."* This charming work is named for its cheerful, bird-like motifs and showcases Haydn's wit and inventiveness.

Following this, immerse yourself in the rich textures of the 4th movement from Alexander Glazunov's *String*

Quartet No. 3, op. 26 "Quatuor Slave." This piece, infused with Slavic folk elements, exudes a robust and passionate character, highlighting Glazunov's masterful orchestration.

The evening culminates with Ludwig van Beethoven's *String Quartet No. 3 in D major, op. 18 No. 3*. This early Beethoven quartet is a perfect blend of classical form and emerging romantic expressiveness, featuring intricate interplay and dynamic contrasts.

Don't miss this opportunity to hear the [Atlantic String Quartet](#) perform a program that celebrates the richness and diversity of the string quartet repertoire. Secure your tickets now for Recital 2, and join us for an evening of unforgettable music at the [D.F. Cook Recital Hall](#). Tickets are available at the ACC Box Office (729-3900), online at www.artsandculturecentre.com and at the door.

Monday, November 25, 2024

Yoga avec/with Cindy, Far Out Fitness

Date and Time: Monday, November 25 5:30 pm

Address: CSC des Grands Vents 65, Ridge Road, St. Jean (NL) A1B 4P5

De par les nombreuses postures et enchaînements qu'il propose, le yoga est excellent pour renforcer les muscles profonds, les muscles mobilisateurs ainsi que la musculature des membres supérieurs et inférieurs.

Professeur : Cindy, Far Out Fitness

Dates :

- Automne : 23 septembre au 2 décembre 2024
- Hiver : 13 janvier au 17 mars 2025
- Printemps : 14 avril au 16 juin 2025

Heure : 17h30 – 18h30

Nombre de participants : Min 6 personnes

Jour : Tous les lundis

Lieu : Théâtre du CSC des Grands Vents

Rejoignez-nous pour une séance de yoga revitalisante avec Cindy et découvrez les bienfaits d'une pratique régulière. ☐ ♀ ☐

Inscrivez-vous dès maintenant et commencez votre chemin vers le bien-être !

YOGA WITH CINDY

With its numerous postures and sequences, yoga is excellent for strengthening deep muscles, mobilizing muscles, and enhancing the musculature of both upper and lower limbs.

Instructor: Cindy, Far Out Fitness

Dates:

- Autumn: September 23rd to December 2nd, 2024
- Winter: January 13th to March 17th, 2025

- Spring: April 14th to June 16th, 2025

Time: 5:30 PM – 6:30 PM

Number of participants: Min 6 people

Day: Every Monday

Location: Théâtre du CSC des Grands Vents

Join us for a revitalizing yoga session with Cindy and discover the benefits of regular practice. ♀

Sign up now and start your journey toward well-being!

Wednesday, November 27, 2024

Améliorez Votre Santé Cardiovasculaire Avec Effie

Date and Time: Wednesday, November 27 5:00 pm

Address: CSC des Grands Vents 65, Ridge Road, St. Jean (NL) A1B 4P5

Améliorez votre santé cardiovasculaire avec Effie !

Profitez de notre programme de stepper tout en vous amusant !

Automne : du 2 octobre au 18 décembre 2024

Heure : 17h - 18h

Nombre de participants : Min 6 personnes

Jour : Tous les mercredis

Lieu : Théâtre du CSC des Grands Vents

Rejoignez Effie et d'autres passionnés de fitness pour des séances dynamiques qui boosteront votre endurance et renforceront votre cœur. ❤️

Les inscriptions sont ouvertes, ne manquez pas votre chance de vous inscrire !
Rejoignez-nous pour une expérience dynamique et revitalisante !

Inscrivez-vous dès maintenant et commencez votre parcours vers une meilleure santé !

Join us for "Stepper Up with Effie"!

Improve your cardiovascular health while having fun with our stepper program!

Autumn: October 2nd to December 18th, 2024

Time: 5 PM - 6 PM

Number of participants: Min 6 people

Day: Every Wednesday

Location: Théâtre du CSC des Grands Vents

Join Effie and other fitness enthusiasts for dynamic sessions that will boost your endurance and strengthen your heart. ❤️

Registrations are ongoing, so don't miss your chance to sign up!
Join us for a dynamic and revitalizing experience! ❤️


Sign up now and start your journey to better health!

Beginner French Course 1 - Fall 2024

Date and Time: Wednesday, November 27 5:30 pm - 7:00 pm

Address: 65 Ridge Rd, St. John's NL A1B 4P5


Want to learn French in a relaxed and enjoyable environment? Join us for our Beginner 1 course!

 What You'll Learn:

Basics of French conversation

Oral skills, listening, and speaking

Integrated reading and writing activities

 Course Details:


Instructor: Lisa Wagner

Location: 65 Ridge Rd, St. John's NL A1B 4P5


Day: Wednesday evenings

Time: 5:30 PM – 7:00 PM

Dates: September 25 – December 11 (13 weeks)

 Note: Registration for Fall 2024 is now closed, but don't worry!

Registration for Winter 2025 will open soon. Stay tuned!

 For more information, feel free to reach out to us.

Come discover the beauty of the French language with us

Intermediate 1 French Course - Fall 2024

Date and Time: Wednesday, November 27 5:30 pm - 7:00 pm

Address: 65 Ridge Rd, St. John's NL A1B 4P5

These courses are designed for those with a basic knowledge of French who want to build on their previous learning experiences to enhance their skills. The four competencies—listening, speaking, reading, and writing—are developed in a relaxed, friendly, and non-threatening environment. With small class sizes, students have plenty of opportunities and are encouraged to participate actively to their fullest potential.

Course Details:

Instructor: Terry Capandéguy

Location: 65 Ridge Rd, St. John's NL A1B 4P5

Day: Wednesday evenings

Time: 5:30 PM – 7:00 PM

Dates: September 25 – December 11 (13 weeks)

Duration: 1.5 hours per week

Note: Registration for Fall 2024 is now closed, but don't worry! Registration for Winter 2025 will open soon. Stay tuned!

For more information, feel free to reach out to us.

Come discover the beauty of the French language with us!

Beginner 2 French Course - Fall 2024

Date and Time: Wednesday, November 27 7:15 pm - 8:45 pm

Address: 65 Ridge Rd, St. John's NL A1B 4P5

Ready to build on your French skills? Join us for our Beginner 2 course!

What You'll Learn:

Continuation from Beginner 1

Focus on oral skills, listening, and speaking

Integrated reading and writing activities

Course Details:

Instructor: Lisa Wagner

Location: 65 Ridge Rd, St. John's NL A1B 4P5

Day: Wednesday evenings

Time: 7:15 PM – 8:45 PM

Dates: September 25 – December 11 (13 weeks)

Duration: 1.5 hours per week

Note: Registration for Fall 2024 is now closed, but don't worry! Registration for Winter 2025 will open soon. Stay tuned!

For more information, feel free to reach out to us.

Come discover the beauty of the French language with us!

Thursday, November 28, 2024

Ediacaran Fossils of the Inner Meadow Site

Date and Time: Thursday, November 28 2:00 pm - 5:00 pm

Address: Johnson Geo Centre, 175 Signal Hill Rd

The new Ediacaran-aged fossil site known as Inner Meadow exposes the EM Coombs Surface, which was discovered in 2023. The site is proving to be exceptionally diverse and rich in fossils.

The @MUNpaleobiology team have been working on carefully clearing the site and recording the fossils. Come along to Memorial's Johnson Geo Centre 2:00-5:00pm on the 28th November to see some specimens and casts firsthand and talk to the team about their discoveries.

At 7:00pm the same evening there will be a public lecture by Prof. Duncan McIlroy about the site, its fossils, and their implications for the early history of complex life.

As part of Memorial University's Research Week, Geo is pleased to present this introduction to our province's newest Ediacaran fossil site. The afternoon events are included in regular admission. The evening talk by Prof. McIlroy is admission by donation.

Intermediate 1 French Course - Fall 2024 (Online)

Date and Time: Thursday, November 28 6:00 pm - 7:30 pm

Address: 65 Ridge Rd, St. John's NL A1B 4P

These courses are designed for those with a basic knowledge of French who want to build on their previous learning experiences to enhance their skills. The four competencies—listening, speaking, reading, and writing—are developed in a relaxed, friendly, and non-threatening environment. With small class sizes, students have plenty of opportunities and are encouraged to participate actively to their fullest potential.

Course Details:

Instructor: Terry Capandéguy

Location: Online

Day: Thursday evenings

Time: 6:00 PM – 7:30 PM

Dates: September 26 – December 12 (13 weeks)

Duration: 1.5 hours per week

Note: Registration for Fall 2024 is now closed, but don't worry! Registration for Winter 2025 will open soon. Stay tuned!

For more information, feel free to reach out to us.

Come discover the beauty of the French language with us!

Ediacaran Fossils of the Inner Meadow Site

Date and Time: Thursday, November 28 7:00 pm - 9:00 pm

Address: Johnson Geo Centre, 175 Signal Hill Rd

The new Ediacaran-aged fossil site known as Inner Meadow exposes the EM Coombs Surface, which was discovered in 2023. The site is proving to be exceptionally diverse and rich in fossils.

The @MUNpaleobiology team have been working on carefully clearing the site and recording the fossils. Come along to Memorial's Johnson Geo Centre 2:00-5:00pm on the 28th November to see some specimens and casts firsthand and talk to the team about their discoveries.

At 7:00pm the same evening there will be a public lecture by Prof. Duncan McIlroy about the site, its fossils, and their implications for the early history of complex life.

As part of Memorial University's Research Week, Geo is pleased to present this introduction to our province's newest Ediacaran fossil site. The afternoon events are included in regular admission. The evening talk by Prof. McIlroy is admission by donation.

Intermediate 2 French Course - Fall 2024 (Online)

Date and Time: Thursday, November 28 7:45 pm - 9:15 pm

Address: 65 Ridge Rd, St. John's NL A1B 4P5

These courses are designed for those with a basic knowledge of French who want to build on their previous learning experiences to enhance their skills. The four competencies—listening, speaking, reading, and writing—are developed in a relaxed, friendly, and non-threatening environment. With small class sizes, students have plenty of opportunities and are encouraged to participate actively to their fullest potential.

Course Details:

Instructor: Terry Capandéguy

Location: ONLINE

Day: Thursday evenings

Time: 7:45 PM – 9:15 PM

Dates: September 26 – December 12 (13 weeks)

Duration: 1.5 hours per week

Note: Registration for Fall 2024 is now closed, but don't worry! Registration for Winter 2025 will open soon. Stay tuned!

For more information, feel free to reach out to us.
Come discover the beauty of the French language with ACFSJ

Friday, November 29, 2024

NSO Christmas Pops: Christmas at Home

Date and Time: Friday, November 29 7:00 pm - 9:00 pm

Address: Arts and Culture Centre, 95 Allandale Road, St. John's

Celebrate the most wonderful time of the year with the Newfoundland Symphony Orchestra's Christmas Pops: Christmas at Home. Join us on Friday, November 29, 2024, at 7pm at the [Arts & Culture Centre](#) for a heartwarming evening led by festive cheer maestro [Marc David](#).

This enchanting concert features the delightful MacDonald Family, who will fill the hall with the joyous sounds of Christmas classics. From timeless carols to contemporary holiday hits, this concert is a perfect blend of nostalgia and merriment.

Sing along with your favorite Christmas tunes and create magical memories with loved ones. It's an evening of music, laughter, and holiday spirit that will make you feel right at home.

Don't miss this chance to start your holiday season with a heart full of joy and a song in your heart. Secure your tickets now for a festive evening with the Newfoundland Symphony Orchestra.

Tickets are available at the ACC Box Office (729-3900), online at www.artsandculturecentre.com and at the door.

Saturday, November 30, 2024

St. John's Farmers' Market

Date and Time: Saturday, November 30 9:00 am - 4:00 pm

Address: 245 Freshwater Road, St. John's, NL, A1B1B3

Support local producers this Saturday at the St. John's Farmers' Market!

The vendor list, community table, and entertainment/activities are updated regularly on the interactive vendor map on our website: <https://sjfm.ca/market-map>

Find vendor availability, product offerings, and contact information, on the searchable vendor directory on our website: <https://sjfm.ca/vendor-directory/>

The St. John's Farmers' Market Co-operative operates the St. John's Farmers' Market from the St. John's Community Market Building at 245 Freshwater Road.

The St. John's Community Market building is a fully accessible space centrally located, on bus routes, with gender-neutral washrooms, water refill stations, and ATMs. Find more information about the facility and parking on our website: <https://sjfm.ca/visit/>

The St. John's Farmers' Market takes place on Saturdays every week year round, with a few multi-day Farmers' Market events during the year, like Birthday Weekend and Festive Market.

In addition to the Saturday Farmers' Market, the SJFM Co-operative hosts specialty markets a few times per month, and also rents the venue for community events the rest of the week.

Follow us on social media for regular updates: [Facebook](#) | [Instagram](#)

Merry Makers Market Series

Date and Time: Saturday, November 30 10:00 am - 4:00 pm

Address: 10 Maple View Place, St. John's NL

Leading up to the holidays, Quidi Vidi Village Artisan Studios is thrilled to host weekend markets featuring our resident artisans and local guest craftspeople. The cozy atmosphere, beautiful setting, and selection of fine craft creates a magical holiday shopping experience you won't find anywhere else!

With a new group of guest vendors sharing the space with our artisans each weekend, you'll have plenty of reasons to shop local and keep coming back.

Vendor details will be added to our Facebook event and website as they are confirmed!

<https://calendar.stjohns.ca>