

September 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5 12:30 pm Music @ Harbourside Park - Ian Foster	6 10:00 am Blocks on the Rock 2025 10:00 am Blocks on the Rock 2025
7 10:00 am Blocks on the Rock 2025 1:00 pm What's Up in the Night Sky?	8 9:30 am Drop in Play 12:00 pm Walk & Wheel Drop in 1:00 pm Active for Life - FULL 1:00 pm A Time to Dance (FULL) 6:00 pm Youth Drop in - Southlands 6:00 pm Youth Drop in - Kenmount Terrace 7:30 pm Open Gym Drop in - Kenmount Terrace 8:00 pm Open Gym Drop in - Southlands	9 9:30 am Drop in Play 10:00 am Playgroup Drop in 10:00 am Playgroup Drop in 6:30 pm A Time to Dance 7:00 pm Taco Tuesday Trivia	10 12:00 pm Walk & Wheel Drop in 1:00 pm Active for Life - FULL 5:30 pm Trail Explorers - Trailway Southside Road 6:00 pm Youth Drop in - Shea Heights 6:30 pm Ballroom Dance - Beginner (FULL) 8:00 pm Ballroom Dance - Intermediate	11 9:30 am Drop in Play 9:45 am Keyboarding - Beginner (FULL) 10:00 am Playgroup Drop in 11:30 am Keyboarding - Intermediate (FULL) 7:00 pm Central and Mundy Pond Neighbourhoods Online Open House	12 12:00 am Newfoundland Mary Brown's Chicken supports Wildfire Appeal 12:00 pm Walk & Wheel Drop in 12:30 pm Music @ Harbourside Park - Rosemary Lawton 6:00 pm Opening reception for Anita Singh's solo Exhibition "Nature's Solace" at the Leyton Gallery	13 9:00 am Rennie's River, Central and Mundy Pond Neighbourhoods Pop-Up Event 9:00 am Home Alone Course 9:00 am Targa Newfoundland Official Starting Ceremony 10:00 am Playgroup Drop in 12:30 pm Playgroup Drop in 1:00 pm Échange de vêtements
14 10:00 am The St.John's Terry Fox RUN	15 7:30 am 3 Lane & Leisure 9:00 am 3 Lane & Leisure	16 7:30 am 3 Lane & Leisure 9:00 am 3 Lane & Leisure	17 7:30 am 3 Lane & Leisure 9:00 am 3 Lane & Leisure	18 7:30 am 3 Lane & Leisure 9:00 am 3 Lane & Leisure	19 7:30 am 3 Lane & Leisure 9:00 am 3 Lane & Leisure	20 8:30 am YACC Climb 9:00 am Development

	9:30 am Drop in Play 10:30 am 3 Lane & Leisure 10:30 am Knitting Circle (FULL) 10:30 am Social Time 12:00 pm 3 Lane & Leisure 12:00 pm Walk & Wheel Drop in 1:00 pm Active for Life - FULL 1:00 pm A Time to Dance (FULL) 2:00 pm 3 Lane & Leisure 5:00 pm 3 Lane & Leisure 5:00 pm Central and Mundy Pond Neighbourhoods In-Person Open House 6:00 pm Youth Drop in - Kilbride 6:00 pm Everyone Welcome Swim 6:00 pm Ukelele - Beginner (FULL) 6:00 pm Youth Drop in - Kenmount Terrace 6:00 pm Youth Drop in - Southlands 7:00 pm 3 Lane & Leisure 7:30 pm Open Gym Drop in - Kenmount Terrace 7:30 pm Guitar - Intermediate (FULL) 8:00 pm Open Gym Drop in - Southlands	9:30 am Drop in Play 9:30 am Keyboarding - Beginner 10:00 am Playgroup Drop in 10:00 am Playgroup Drop in 10:30 am Trail Explorers - Mundy Pond Trail and Mews 10:30 am 3 Lane & Leisure 11:00 am Keyboarding - Intermediate (FULL) 11:00 am Beginner Line Dance (FULL) 12:00 pm 3 Lane & Leisure 12:30 pm Beginner Line Dance 12:30 pm Keyboarding - Intermediate (FULL) 2:00 pm Pop in Tot 5:00 pm Everyone Welcome Swim 6:00 pm 3 Lane & Leisure 6:00 pm Youth Sports Drop in - St. John Bosco 6:30 pm A Time to Dance 7:00 pm Everyone Welcome Swim	10:30 am 3 Lane & Leisure 10:30 am Trail Explorers - Kenny and Kent's Pond Figure 8 12:00 pm Walk & Wheel Drop in 12:00 pm 3 Lane & Leisure 12:30 pm Intermediate/Advance Line Dance 1:00 pm Active for Life - FULL 2:00 pm Intermediate/Advance Line Dance 2:00 pm Therapeutic Adult Swim 4:00 pm Youth Outdoor Sports 5:00 pm Rennie's River Neighbourhood In-Person Open House 5:00 pm 3 Lane & Leisure 6:00 pm Everyone Welcome Swim 6:00 pm Youth Drop in - Shea Heights 6:30 pm Ballroom Dance - Beginner (FULL) 7:00 pm 3 Lane & Leisure 7:30 pm Newfoundland Traditional Dance - drop in 8:00 pm Ballroom Dance - Intermediate	9:30 am Drop in Play 9:30 am Chess - drop in 9:45 am Keyboarding - Beginner (FULL) 10:00 am Playgroup Drop in 10:30 am 3 Lane & Leisure 11:00 am Intermediate/Advance Line Dance 11:30 am Keyboarding - Intermediate (FULL) 12:00 pm 3 Lane & Leisure 12:30 pm Intermediate Line Dance (FULL) 2:00 pm Pop in Tot 5:00 pm Everyone Welcome Swim 5:30 pm Guitar - Beginner (FULL) 6:00 pm Oli Painting - Wine Bottle Still Life 6:00 pm 3 Lane & Leisure 7:00 pm Everyone Welcome Swim 7:00 pm Artist Talk by Shawn Sheehy 7:30 pm Guitar - Advanced (FULL)	10:30 am 3 Lane & Leisure 10:30 am Social Time (Full) 12:00 pm 3 Lane & Leisure 12:00 pm Walk & Wheel Drop in 12:30 pm Music @ Harbourside Park - Damian Follett 2:00 pm 3 Lane & Leisure 5:00 pm 3 Lane & Leisure 6:00 pm Everyone Welcome Swim 6:00 pm Acrylic Painting - Yellow Lily (FULL) 7:00 pm 3 Lane & Leisure 7:00 pm An Evening with Spirit with Internationally Renowned UK Medium Penny Francis	youe Psychic Intuition Workshop with UK Medium Penny Francis 9:00 am 3 Lane & Leisure 9:00 am Babysitting Course 10:00 am Playgroup Drop in 10:00 am Animated Pop-Up Book workshop, featuring Shawn Sheehy 10:30 am Everyone Welcome Swim 11:30 am 3 Lane & Leisure 12:30 pm Playgroup Drop in 2:00 pm Everyone Welcome Swim 3:00 pm 3 Lane & Leisure 5:00 pm Everyone Welcome Swim 6:00 pm Open Gym Drop in - Kenmount Terrace 6:30 pm 3 Lane & Leisure
21 7:00 am 3 Lane & Leisure 7:00 am 6 Lane & Leisure 9:00 am The Fundamentals of Becoming a Medium Workshop with UK Medium Penny Francis 11:00 am 3 Lane &	22 7:00 am Leisure Swim 7:30 am 6 Lane Swim 7:30 am 3 Lane & Leisure 9:00 am Leisure Swim 9:00 am Aquatic Fitness	23 7:00 am 6 Lane & Leisure 7:30 am 3 Lane & Leisure 9:00 am Leisure Swim 9:00 am Aquatic Fitness 9:00 am Aquatic Fitness	24 7:00 am Leisure Swim 7:30 am 3 Lane & Leisure 7:30 am 6 Lane Swim 9:00 am Leisure Swim 9:00 am Aquatic Fitness	25 7:00 am 6 Lane & Leisure 7:30 am 3 Lane & Leisure 9:00 am Leisure Swim 9:00 am Aquatic Fitness 9:00 am Aquatic Fitness	26 7:00 am 6 Lane & Leisure 7:30 am 3 Lane & Leisure 9:00 am Leisure Swim 9:00 am Aquatic Fitness 9:00 am Aquatic Fitness	27 7:00 am Leisure Swim 7:30 am 6 Lane Swim 9:00 am The Bridge - A Community Wellness Gathering 10:00 am Neighbourhood

Leisure	9:00 am Aquatic Fitness	9:30 am Drop in Play	9:00 am Aquatic Fitness	9:30 am Drop in Play	10:00 am 3 Lane & Leisure	Connect - Markland Park
2:00 pm Everyone Welcome Swim	9:30 am Drop in Play	9:30 am Keyboarding - Beginner	10:00 am Aquatic Fitness	9:30 am Chess - drop in	10:00 am 6 Lane Swim	10:00 am Playgroup Drop in
2:30 pm Everyone Welcome Swim	10:00 am Aquatic Fitness	10:00 am Playgroup Drop in	10:00 am Adults in Motion	9:45 am Keyboarding - Beginner (FULL)	10:30 am Social Time (Full)	12:00 pm Sandbox Gaming Fall Game Carnival
3:00 pm 3 Lane & Leisure	10:00 am Adults in Motion	10:00 am Playgroup Drop in	10:00 am 3 Lane & Leisure	10:00 am Social & Bingo - Kenmount Terrace (FULL)	11:00 am 3 Lane & Leisure	
5:30 pm Everyone Welcome Swim	10:00 am 3 Lane & Leisure	10:00 am Core Balance	11:00 am 3 Lane & Leisure	10:00 am Playgroup Drop in	11:00 am Adults in Motion	12:30 pm Playgroup Drop in
6:00 pm Everyone Welcome Swim	10:00 am Life Long Learners - Virtue, Justice and Human Flourishing	10:00 am 6 Lane & Leisure	12:00 pm Walk & Wheel Drop in	10:00 am Core Balance	12:00 pm Walk & Wheel Drop in	2:00 pm Everyone Welcome Swim
6:00 pm Acrylic Painting	10:30 am Social Time (FULL)	10:00 am 3 Lane & Leisure	12:30 pm Intermediate/Advance Line Dance	10:00 am 6 Lane & Leisure	2:00 pm 3 Lane & Leisure	
6:30 pm Beginner Ballroom Dance (FULL)	10:30 am Knitting Circle (FULL)	10:30 am Social Time (FULL)	1:00 pm Active for Life - FULL	10:00 am 3 Lane & Leisure	2:00 pm Pop in Tot	2:30 pm Everyone Welcome Swim
7:30 pm 3 Lane & Leisure	10:30 am Social Time	11:00 am Keyboarding - Intermediate (FULL)	2:00 pm Intermediate/Advance Line Dance	11:00 am Fitness - Body Conditioning	7:00 pm Everyone Welcome Swim	3:00 pm 3 Lane & Leisure
7:30 pm 6 Lane & Leisure	11:00 am 3 Lane & Leisure	11:00 am Beginner Line Dance (FULL)	2:00 pm Trail Explorers - Quidi Vidi Trail	11:00 am Intermediate/Advance Line Dance	7:00 pm Everyone Welcome Swim	5:30 pm Everyone Welcome Swim
8:00 pm Intermediate Ballroom Dance (FULL)	11:00 am Adults in Motion	11:00 am Fitness - Body Conditioning	2:00 pm Therapeutic Adult Swim	11:30 am Keyboarding - Intermediate (FULL)	8:00 pm BOUNDLESS ENERGY: DVORAK & BEETHOVEN	6:00 pm Open Gym Drop in - Kenmount Terrace
	12:00 pm Walk & Wheel Drop in	12:30 pm Beginner Line Dance	2:00 pm Pop in Tot	12:30 pm Intermediate Line Dance (FULL)		6:30 pm 3 Lane & Leisure
	1:00 pm Active for Life - FULL	12:30 pm Keyboarding - Intermediate (FULL)	4:00 pm Youth Outdoor Sports	2:00 pm Pop in Tot		7:00 pm 3 Lane & Leisure
	1:00 pm A Time to Dance (FULL)	2:00 pm Pop in Tot	6:00 pm Youth Drop in - Shea Heights	5:30 pm Guitar - Beginner (FULL)		8:00 pm Becoming Barbra: The Story behind the Showgirl
	2:00 pm 3 Lane & Leisure	2:00 pm Therapeutic Adult Swim	6:30 pm Mixed level Yoga - Kenmount Terrace	6:00 pm Oli Painting - Wine Bottle Still Life		
	2:00 pm Pop in Tot	6:00 pm Youth Sports Drop in - St. John Bosco	6:30 pm Ballroom Dance - Beginner (FULL)	6:00 pm Trail Explorers - Churchill Square and MUN Campus		
	6:00 pm Ukelele - Beginner (FULL)	6:30 pm A Time to Dance	7:00 pm 3 Lane & Leisure	7:00 pm Rennie's River Neighbourhood Online Open House		
	6:00 pm Youth Drop in - Southlands	7:00 pm Shallow End Only - Everyone Welcome Swim	7:00 pm Everyone Welcome Swim	7:00 pm Shallow End Only - Everyone Welcome Swim		
	6:00 pm Youth Drop in - Kenmount Terrace	7:00 pm Taco Tuesday Trivia	7:30 pm Newfoundland Traditional Dance - drop in	7:00 pm 6 Lane & Leisure		
	7:00 pm Body Conditioning	7:00 pm 6 Lane & Leisure	8:00 pm Ballroom Dance - Intermediate	7:30 pm Guitar - Advanced (FULL)		
	7:00 pm 6 Lane & Leisure	7:00 pm 6 Lane & Leisure	8:00 pm Beginner Yoga - Kenmount Terrace			
	7:30 pm Open Gym Drop in - Kenmount Terrace					
	7:30 pm Guitar - Intermediate (FULL)					
	8:00 pm Open Gym Drop in - Southlands					
28	29	30				
7:00 am 6 Lane & Leisure	7:00 am Leisure Swim	11:00 am Beginner Line Dance (FULL)				
7:00 am 3 Lane & Leisure	7:30 am 6 Lane Swim	12:30 pm Beginner				

11:00 am 3 Lane & Leisure	7:30 am 3 Lane & Leisure	Line Dance				
11:00 am Easter Seals NL - Run, Walk, Stroll, & Roll	9:00 am Leisure Swim					
1:00 pm What's Up in the Night Sky?	9:00 am Aquatic Fitness					
1:00 pm Dog Days at the Garden	9:30 am Drop in Play					
2:00 pm Everyone Welcome Swim	10:00 am Aquatic Fitness					
2:30 pm Everyone Welcome Swim	10:00 am Adults in Motion					
3:00 pm 3 Lane & Leisure	10:00 am 3 Lane & Leisure					
5:30 pm Everyone Welcome Swim	10:00 am Life Long Learners - Virtue, Justice and Human Flourishing					
6:00 pm Everyone Welcome Swim	10:30 am Knitting Circle (FULL)					
6:30 pm Beginner Ballroom Dance (FULL)	10:30 am Social Time					
7:30 pm 3 Lane & Leisure	11:00 am 3 Lane & Leisure					
7:30 pm 6 Lane & Leisure	11:00 am Adults in Motion					
8:00 pm Intermediate Ballroom Dance (FULL)	12:00 pm Walk & Wheel Drop in					
	1:00 pm Active for Life - FULL					
	1:00 pm A Time to Dance (FULL)					
	2:00 pm 3 Lane & Leisure					
	2:00 pm Pop in Tot					
	6:00 pm Ukelele - Beginner (FULL)					
	6:00 pm Youth Drop in - Kenmount Terrace					
	6:00 pm Youth Drop in - Southlands					
	7:00 pm Body Conditioning					
	7:00 pm 6 Lane & Leisure					
	7:00 pm 3 Lane & Leisure					
	7:30 pm Open Gym Drop in - Kenmount Terrace					
	7:30 pm Guitar - Intermediate (FULL)					
	8:00 pm Open Gym Drop in - Southlands					

