

# April 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 7:00 am Lane & Leisure 7:00 am Leisure Swim 7:30 am 6 Lane Swim 9:00 am 3 Lane & Leisure 9:00 am Lane & Leisure 9:00 am Preschool 10:00 am Leisure - Bridge Level 1 10:00 am 6 Lane & Leisure 10:00 am Lane & Leisure 10:00 am Playgroup (Drop in) 11:00 am Food on the Move + Library @ 77 Charter Avenue, Pleasantville 12:00 pm Youth Lunch in 2:00 pm Therapeutic Adult Swim 2:30 pm After school program 2:30 pm After School Program 3:00 pm After School Program 3:30 pm Leisure Swim with Slides 5:00 pm Leisure Swim with Slides 5:00 pm Lane & Leisure 6:00 pm Youth Drop in - Sport 6:00 pm Shallow End Only - Everyone Welcome Swim 7:00 pm Shallow End Only - Everyone Welcome Swim	2 7:00 am Leisure Swim 7:30 am 6 Lane Swim 7:30 am Lane & Leisure 9:00 am Lane & Leisure 9:00 am 3 Lane & Leisure 9:30 am Johnson Geo Centre Opening Day 2025 10:00 am Bridge Level 2 10:00 am 6 Lane & Leisure 10:00 am Lane & Leisure 10:00 am Playgroup (Drop in) 10:30 am Leisure - Social Time 11:00 am Food on the Move + Library @ Buckmaster's Circle Community Centre 11:00 am 3 Lane & Leisure 12:00 pm Youth Lunch in 2:00 pm Pop in Tot 2:30 pm After school program 2:30 pm After School Program 3:00 pm After School Program 5:00 pm Lane & Leisure 5:00 pm 3 Lane & Leisure 5:30 pm French class Intermediate 1 - In person 6:00 pm Come Craft with Us 6:00 pm Youth Drop	3 7:00 am Leisure Swim 7:30 am Lane & Leisure 7:30 am 6 Lane Swim 9:00 am 3 Lane & Leisure 9:00 am Lane & Leisure 9:00 am Preschool 10:00 am Preschool Drop in 10:00 am 6 Lane & Leisure 10:00 am Lane & Leisure 10:00 am Playgroup (Drop in) 12:00 pm Youth Lunch in 2:30 pm After school program 2:30 pm After School Program 3:00 pm After School Program 3:30 pm Leisure Swim with Slides 5:00 pm Leisure Swim with Slides 5:00 pm Lane & Leisure 6:00 pm Shallow End Only - Everyone Welcome Swim 6:30 pm Advanced Conversation & Grammar Winter 2025 7:00 pm Badminton en Français 7:00 pm Shallow End Only - Everyone Welcome Swim 7:00 pm 6 Lane & Leisure	4 7:00 am Leisure Swim 7:30 am 6 Lane Swim 7:30 am Lane & Leisure 9:00 am Lane & Leisure 9:00 am 3 Lane & Leisure 10:00 am 6 Lane & Leisure 10:00 am Lane & Leisure 10:30 am Leisure - Social Time 11:00 am 3 Lane & Leisure 12:00 pm Youth Lunch in 2:00 pm Pop in Tot 2:30 pm After school program 2:30 pm After School Program 3:00 pm After School Program 3:30 pm Leisure Swim with Slides 5:00 pm Lane & Leisure 5:00 pm 3 Lane & Leisure 6:00 pm Everyone Welcome Swim 6:00 pm Everyone Welcome Swim 7:00 pm Everyone Welcome Swim 7:00 pm NSO Spring Pops: Toon Tunes 7:00 pm Everyone Welcome Swim	5 7:00 am Leisure Swim 7:30 am 6 Lane Swim 9:00 am Leisure Swim with Slides 9:00 am Lane & Leisure 10:00 am Playgroup (Drop in) 10:30 am Everyone Welcome Swim 11:00 am Everyone Welcome Swim 12:00 pm Lane & Leisure 1:00 pm Everyone Welcome Swim 2:30 pm Everyone Welcome Swim 3:00 pm Everyone Welcome Swim 5:30 pm Lane & Leisure 5:30 pm Everyone Welcome Swim 6:30 pm Everyone Welcome Swim 6:30 pm Everyone Welcome Swim 7:00 pm 3 Lane & Leisure

		7:00 pm 6 Lane & Leisure	in 6:00 pm Everyone Welcome Swim 6:00 pm Everyone Welcome Swim 6:30 pm Atelier d'Improvisation avec la Troupe des Amuse-Gueules 7:00 pm Everyone Welcome Swim 7:00 pm Lane & Leisure			
6	7	8	9	10	11	12
7:00 am 6 Lane & Leisure	7:00 am Lane & Leisure	7:00 am Lane & Leisure	7:00 am Leisure Swim	7:00 am Leisure Swim	7:00 am 6 Lane Swim	7:00 am Leisure Swim
7:00 am Lane & Leisure	7:00 am Leisure Swim	7:00 am Leisure Swim	7:30 am 6 Lane Swim	7:30 am Lane & Leisure	7:00 am Lane & Leisure	7:00 am 6 Lane Swim
11:00 am Lane & Leisure	7:30 am 6 Lane Swim	7:30 am 6 Lane Swim	7:30 am Lane & Leisure	7:30 am 6 Lane Swim	7:00 am Leisure Swim	7:00 am Lane & Leisure
1:00 pm Everyone Welcome Swim	9:00 am Leisure Swim	9:00 am Leisure Swim	9:00 am Leisure Swim	9:00 am Leisure Swim	9:00 am Leisure Swim	9:00 am Leisure Swim with Slides
2:30 pm Everyone Welcome Swim	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	9:00 am Lane & Leisure
3:00 pm Everyone Welcome Swim	9:00 am groupe de jeu (Les P'tits poussins)	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	10:00 am Playgroup (Drop in)
4:00 pm Lane & Leisure	9:00 am Aquatic Fitness	9:00 am Preschool	10:00 am Aquatic Fitness	9:00 am Preschool	10:00 am Adults in Motion	10:30 am Everyone Welcome Swim
5:00 pm Everyone Welcome Swim	10:00 am Aquatic Fitness	10:00 am Core Balance	10:00 am Adults in Motion	10:00 am Preschool Drop in	10:00 am Lane & Leisure	11:00 am Everyone Welcome Swim
5:30 pm Everyone Welcome Swim	10:00 am Adults in Motion	10:00 am Lane & Leisure	10:00 am Leisure Swim	10:00 am Core Balance	10:00 am 6 Lane & Leisure	12:00 pm Lane & Leisure
6:00 pm Lane & Leisure	10:00 am Lane & Leisure	10:00 am 6 Lane & Leisure	10:00 am Lane & Leisure	10:00 am Lane & Leisure	11:00 am 3 Lane & Leisure	1:00 pm Everyone Welcome Swim
6:30 pm Everyone Welcome Swim	10:00 am Leisure Swim	10:00 am Playgroup (Drop in)	10:00 am Playgroup (Drop in)	10:00 am 6 Lane & Leisure	11:00 am Adults in Motion	2:30 pm Everyone Welcome Swim
7:30 pm 6 Lane & Leisure	10:00 am Playgroup (Drop in)	11:30 am Lunch des Débrouillards	11:00 am 3 Lane & Leisure	10:00 am Playgroup (Drop in)	12:00 pm Youth Lunch in	3:00 pm Everyone Welcome Swim
	10:30 am Knitting Circle	12:00 pm Youth Lunch in	11:00 am Core Balance	12:00 pm Youth Lunch in	2:00 pm Pop in Tot	5:30 pm Lane & Leisure
	10:30 am Leisure - Social Time	2:00 pm Therapeutic Adult Swim	12:00 pm Youth Lunch in	2:30 pm After school program	2:30 pm After school program	5:30 pm
	11:00 am Adults in Motion	2:30 pm After school program	2:00 pm Pop in Tot	2:30 pm After School Program	2:30 pm After School Program	
	11:00 am 3 Lane & Leisure	2:30 pm After School Program	2:30 pm After school program	3:00 pm After School Program	3:00 pm After School Program	
	12:00 pm Youth Lunch in	3:00 pm After School Program	2:30 pm After School Program	3:30 pm Leisure Swim with Slides	3:30 pm Everyone Welcome Swim	
	2:00 pm Pop in Tot	3:30 pm Leisure Swim with Slides	3:00 pm After School Program	5:00 pm Leisure Swim with Slides	5:00 pm 3 Lane & Leisure	
	2:30 pm After	5:00 pm Leisure Swim with Slides	5:00 pm Lane & Leisure	5:00 pm Lane & Leisure	5:00 pm Lane & Leisure	

	<p>school program</p> <p>2:30 pm After School Program</p> <p>3:00 pm After School Program</p> <p>3:30 pm Leisure Swim with Slides</p> <p>5:00 pm Leisure Swim with Slides</p> <p>5:00 pm Lane &amp; Leisure</p> <p>6:00 pm Leisure Swim with Slides</p> <p>6:00 pm Youth Drop in</p> <p>6:00 pm Everyone Welcome Swim</p> <p>6:30 pm Body Conditioning</p> <p>7:00 pm Body Conditioning</p> <p>7:00 pm Aquatic Fitness</p> <p>7:00 pm Lane &amp; Leisure</p> <p>7:00 pm Leisure Swim</p> <p>7:00 pm Rejoignez la chorale La Rose des Vents</p> <p>7:30 pm Open Gym Drop in</p>	<p>5:00 pm Lane &amp; Leisure</p> <p>5:00 pm Chasse aux Œufs - Pâques 2025</p> <p>5:30 pm Atelier Peinture sur Galets - Pâques 2025 -</p> <p>6:00 pm Youth Drop in - Sport</p> <p>6:00 pm Shallow End Only - Everyone Welcome Swim</p> <p>7:00 pm Shallow End Only - Everyone Welcome Swim</p> <p>7:00 pm 6 Lane &amp; Leisure</p>	<p>5:00 pm 3 Lane &amp; Leisure</p> <p>5:30 pm Event Title: French Course - Beginner 1 Winter 2025</p> <p>5:30 pm French class Intermediate 1 - In person</p> <p>6:00 pm Youth Drop in</p> <p>6:00 pm Come Craft with Us</p> <p>6:00 pm Everyone Welcome Swim</p> <p>6:00 pm Everyone Welcome Swim</p> <p>6:30 pm Workshop: Botany for Gardeners</p> <p>6:30 pm Body Conditioning</p> <p>6:30 pm Atelier d'Improvisation avec la Troupe des Amuse-Gueules</p> <p>7:00 pm Everyone Welcome Swim</p> <p>7:00 pm Lane &amp; Leisure</p>	<p>6:00 pm Shallow End Only - Everyone Welcome Swim</p> <p>6:30 pm Advanced Conversation &amp; Grammar Winter 2025</p> <p>7:00 pm Badminton en Français</p> <p>7:00 pm Shallow End Only - Everyone Welcome Swim</p> <p>7:00 pm Body Conditioning</p> <p>7:00 pm 6 Lane &amp; Leisure</p> <p>7:30 pm Bothered and Bewildered</p>	<p>6:00 pm Everyone Welcome Swim</p> <p>6:00 pm Everyone Welcome Swim</p> <p>7:00 pm Everyone Welcome Swim</p> <p>7:00 pm Everyone Welcome Swim</p> <p>7:30 pm Bothered and Bewildered</p>	<p>Everyone Welcome Swim</p> <p>6:00 pm Harper Tulk's birthday</p> <p>6:30 pm Everyone Welcome Swim</p> <p>6:30 pm Family Open Gym Drop in</p> <p>7:00 pm 3 Lane &amp; Leisure</p> <p>7:30 pm Bothered and Bewildered</p>
<p>13</p> <p>7:00 am Lane &amp; Leisure</p> <p>7:00 am 6 Lane &amp; Leisure</p> <p>9:00 am Lane &amp; Leisure</p> <p>11:00 am Lane &amp; Leisure</p> <p>11:30 am 6 Lane &amp; Leisure</p> <p>1:00 pm Everyone Welcome Swim</p> <p>2:30 pm Everyone</p>	<p>14</p> <p>7:00 am Lane &amp; Leisure</p> <p>7:30 am 6 Lane Swim</p> <p>9:00 am Aquatic Fitness</p> <p>9:00 am groupe de jeu (Les P'tits poussins)</p> <p>9:00 am Aquatic Fitness</p> <p>10:00 am Aquatic Fitness</p>	<p>15</p> <p>7:00 am Lane &amp; Leisure</p> <p>7:30 am 3 Lane &amp; Leisure - Lane Pool Only</p> <p>9:00 am Aquatic Fitness</p> <p>9:00 am Aquatic Fitness</p> <p>9:00 am Preschool</p> <p>10:00 am Core Balance</p> <p>10:00 am Lane &amp;</p>	<p>16</p> <p>7:30 am 6 Lane Swim</p> <p>7:30 am Lane &amp; Leisure</p> <p>9:00 am Aquatic Fitness</p> <p>9:00 am Aquatic Fitness</p> <p>10:00 am Aquatic Fitness</p> <p>10:00 am Adults in Motion</p> <p>10:00 am Lane &amp;</p>	<p>17</p> <p>7:30 am Lane &amp; Leisure</p> <p>7:30 am 3 Lane &amp; Leisure - Lane Pool Only</p> <p>9:00 am Aquatic Fitness</p> <p>9:00 am Aquatic Fitness</p> <p>9:00 am Preschool</p> <p>10:00 am Preschool Drop in</p> <p>10:00 am Core</p>	<p>18</p> <p>8:00 pm NSO Recital 3</p>	<p>19</p> <p>7:00 am 6 Lane Swim</p> <p>7:00 am Lane &amp; Leisure</p> <p>9:00 am Lane &amp; Leisure</p> <p>9:00 am Leisure Swim - Shallow End Lane Pool Only</p> <p>10:00 am Playgroup (Drop in)</p>

Welcome Swim	10:00 am Adults in Motion	Leisure	Leisure	Balance		10:00 am Seedy Saturday St. John's
3:00 pm Everyone Welcome Swim	10:00 am Lane & Leisure	10:00 am 6 Lane Swim	10:00 am Playgroup (Drop in)	10:00 am Lane & Leisure		
4:00 pm Lane & Leisure	10:00 am Playgroup (Drop in)	10:00 am Playgroup (Drop in)	11:00 am 3 Lane & Leisure - Lane Pool Only	10:00 am 6 Lane Swim		10:30 am Everyone Welcome Swim
5:00 pm Everyone Welcome Swim	11:00 am 3 Lane & Leisure - Lane Pool Only	11:00 am Food on the Move + Library @ Shea Heights Community Centre	11:00 am Core Balance	10:00 am Playgroup (Drop in)		11:00 am Everyone Welcome Swim - Lane Pool Only
5:30 pm Everyone Welcome Swim	11:00 am Adults in Motion	12:00 pm Youth Lunch in	11:00 am Food on the Move + Library @ Froude Avenue Community Centre	12:00 pm Youth Lunch in		
6:00 pm Lane & Leisure	12:00 pm Youth Lunch in	2:00 pm Therapeutic Adult Swim - Lane Pool Only	12:00 pm Youth Lunch in	2:30 pm After School Program		12:00 pm Lane & Leisure
6:30 pm Everyone Welcome Swim	2:00 pm Pop in Tot - Lane Pool Only	2:30 pm After school program	2:00 pm Pop in Tot - Lane Pool Only	3:00 pm After School Program		
7:30 pm Bothered and Bewildered	2:30 pm After school program	2:30 pm After School Program	2:30 pm After school program	5:00 pm Lane & Leisure		1:00 pm Everyone Welcome Swim
7:30 pm 6 Lane & Leisure	2:30 pm After School Program	3:00 pm After School Program	2:30 pm After School Program	5:15 pm Leisure Swim - Shallow End Lane Pool Only		1:00 pm Backyard Composting Information Session (in-person)
	3:00 pm After School Program	5:00 pm Lane & Leisure	3:00 pm After School Program	6:00 pm Cake and Craic - O'Brien Farm fundraiser		2:00 pm chasse aux œufs en plein air
	5:00 pm Lane & Leisure	5:15 pm Leisure Swim - Shallow End Lane Pool Only	5:00 pm Lane & Leisure	6:00 pm Shallow End Only - Everyone Welcome Swim		
	5:30 pm Leisure Swim - Shallow End Lane Pool Only	6:00 pm Youth Drop in - Sport	5:00 pm 3 Lane & Leisure - Lane Pool Only	7:00 pm Shallow End Only - Everyone Welcome Swim		
	6:00 pm Youth Drop in	6:00 pm Shallow End Only - Everyone Welcome Swim	6:00 pm JOURNÉE DU CINÉMA CANADIEN 2025 – AFFICHE DU FILM: LE TEMPS D'UN ÉTÉ	7:00 pm Body Conditioning		
	6:00 pm Everyone Welcome Swim	7:00 pm Shallow End Only - Everyone Welcome Swim	6:00 pm Everyone Welcome Swim - Lane Pool Only	7:00 pm Badminton en Français		
	6:30 pm Body Conditioning	7:00 pm Everyone Welcome Swim	6:00 pm Youth Drop in	7:00 pm 6 Lane Swim		
	7:00 pm Body Conditioning	7:00 pm 6 Lane Swim	6:00 pm Everyone Welcome Swim			
	7:00 pm Aquatic Fitness		6:30 pm Body Conditioning			
	7:00 pm Lane & Leisure		6:30 pm Atelier d'Improvisation avec la Troupe des Amuse-Gueules			
	7:00 pm Rejoignez la chorale La Rose des Vents		7:00 pm Everyone Welcome Swim - Lane Pool Only			
	7:30 pm Open Gym Drop in		7:00 pm Lane & Leisure			
			7:00 pm SJIWFF Presents SINGING BACK THE BUFFALO			

20	21	22	23	24	25	26
7:00 am 6 Lane Swim	7:00 am Lane & Leisure	7:00 am Lane & Leisure	7:00 am Leisure Swim	7:00 am Leisure Swim	7:00 am Leisure Swim	7:00 am Leisure Swim
9:00 am 3 Lane & Leisure - Lane Pool Only	7:00 am Leisure Swim	7:00 am Leisure Swim	7:30 am 6 Lane Swim	7:30 am Lane & Leisure	7:30 am 6 Lane Swim	7:30 am 6 Lane Swim
9:00 am Lane &	7:00 am 6 Lane Swim	7:30 am 6 Lane Swim	7:30 am Lane & Leisure	7:30 am 6 Lane Swim	7:30 am Lane & Leisure	9:00 am Leisure Swim

Leisure	9:00 am Leisure Swim	9:00 am Leisure Swim	9:00 am Leisure Swim	9:00 am Leisure Swim	9:00 am Leisure Swim	with Slides
11:00 am Everyone Welcome Swim - Lane Pool Only	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	9:00 am Lane & Leisure
11:00 am Lane & Leisure	9:00 am groupe de jeu (Les P'tits poussins)	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	10:00 am Cowan Heights United Church Spring Fair
1:00 pm Everyone Welcome Swim	9:00 am Aquatic Fitness	10:00 am Core Balance	10:00 am Aquatic Fitness	10:00 am Core Balance	10:00 am Adults in Motion	
2:30 pm Everyone Welcome Swim - Lane Pool Only	10:00 am Aquatic Fitness	10:00 am Lane & Leisure	10:00 am Adults in Motion	10:00 am Lane & Leisure	10:00 am Lane & Leisure	10:00 am Playgroup (Drop in)
3:00 pm Everyone Welcome Swim	10:00 am Adults in Motion	10:00 am 6 Lane & Leisure	10:00 am Leisure Swim	10:00 am 6 Lane & Leisure	10:00 am 6 Lane & Leisure	10:30 am Everyone Welcome Swim
4:00 pm Lane & Leisure	10:00 am Lane & Leisure	2:00 pm Therapeutic Adult Swim	10:00 am Lane & Leisure	5:00 pm Lane & Leisure	11:00 am 3 Lane & Leisure	
5:00 pm Everyone Welcome Swim	10:00 am Leisure Swim	5:00 pm Leisure Swim with Slides	11:00 am 3 Lane & Leisure	5:00 pm Leisure Swim with Slides	11:00 am Adults in Motion	11:00 am Everyone Welcome Swim
5:30 pm Everyone Welcome Swim - Lane Pool Only	11:00 am 3 Lane & Leisure	5:00 pm Lane & Leisure	11:00 am Core Balance	6:00 pm Shallow End Only - Everyone Welcome Swim	12:00 pm I am Reducing Food Waste Workshop (online)	12:00 pm Lane & Leisure
6:00 pm Lane & Leisure	11:00 am Adults in Motion	6:00 pm Shallow End Only - Everyone Welcome Swim	11:00 am Trail Explorers with Nature Interpretation	7:00 pm Shallow End Only - Everyone Welcome Swim	2:00 pm Pop in Tot	
6:30 pm Everyone Welcome Swim - Lane Pool Only	2:00 pm Pop in Tot	7:00 pm Shallow End Only - Everyone Welcome Swim	2:00 pm Pop in Tot	7:00 pm Body Conditioning	5:00 pm Lane & Leisure	1:00 pm Everyone Welcome Swim
7:30 pm 3 Lane & Leisure - Lane Pool Only	3:30 pm Everyone Welcome Swim	7:00 pm 6 Lane & Leisure	5:00 pm Lane & Leisure	7:00 pm Badminton en Français	5:00 pm 3 Lane & Leisure	2:30 pm Everyone Welcome Swim
	3:30 pm Lane & Leisure		5:00 pm 3 Lane & Leisure	7:00 pm 6 Lane & Leisure	6:00 pm Everyone Welcome Swim	3:00 pm Everyone Welcome Swim
	5:00 pm Leisure Swim with Slides		6:00 pm Everyone Welcome Swim		6:00 pm Everyone Welcome Swim	4:00 pm Lane & Leisure
	5:00 pm Lane & Leisure		6:00 pm Everyone Welcome Swim		7:00 pm Everyone Welcome Swim	5:30 pm Lane & Leisure
	6:00 pm Leisure Swim with Slides		6:30 pm Body Conditioning		7:00 pm Everyone Welcome Swim	5:30 pm Everyone Welcome Swim
	6:00 pm Everyone Welcome Swim		6:30 pm Atelier d'Improvisation avec la Troupe des Amuse-Gueules			6:30 pm Everyone Welcome Swim
	6:00 pm Youth Drop in		7:00 pm Everyone Welcome Swim			6:30 pm Family Open Gym Drop in
	6:30 pm Body Conditioning		7:00 pm Lane & Leisure			7:00 pm 3 Lane & Leisure
	7:00 pm Aquatic Fitness					
	7:00 pm Lane & Leisure					
	7:00 pm Leisure Swim					
	7:00 pm Rejoignez la chorale La Rose des Vents					
	7:30 pm Open Gym Drop in					

27	28	29	30			
7:00 am 6 Lane & Leisure	7:00 am Lane & Leisure	7:00 am Lane & Leisure	7:00 am Leisure Swim			
7:00 am Lane & Leisure	7:00 am Leisure Swim	7:00 am Leisure Swim	7:30 am 6 Lane Swim			
11:00 am Lane & Leisure	7:30 am 6 Lane Swim	7:30 am 6 Lane Swim	7:30 am Lane & Leisure			
1:00 pm Everyone Welcome Swim	9:00 am Leisure Swim	9:00 am Leisure Swim	9:00 am Leisure Swim			
2:30 pm Everyone	9:00 am Aquatic	9:00 am Aquatic	9:00 am Aquatic			

Welcome Swim	Fitness	Fitness	Fitness		
3:00 pm Everyone Welcome Swim	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness		
4:00 pm Lane & Leisure	9:00 am groupe de jeu (Les P'tits poussins)	9:00 am Preschool	9:00 am WBE Canada Supplier Diversity Day		
5:30 pm Everyone Welcome Swim	10:00 am Aquatic Fitness	10:00 am Core Balance	10:00 am Playgroup (Drop in)		
6:00 pm Lane & Leisure	10:00 am Lane & Leisure	10:00 am 6 Lane & Leisure	10:00 am Aquatic Fitness		
7:30 pm 6 Lane & Leisure	10:00 am Playgroup (Drop in)	10:00 am Lane & Leisure	10:00 am Adults in Motion		
	11:00 am 3 Lane & Leisure	10:00 am Playgroup (Drop in)	10:00 am Lane & Leisure		
	11:00 am Adults in Motion	11:00 am Food on the Move + Library @ 77 Charter Avenue, Pleasantville	11:00 am 3 Lane & Leisure		
	12:00 pm Youth Lunch in	12:00 pm Youth Lunch in	11:00 am Core Balance		
	2:00 pm Pop in Tot	2:00 pm Therapeutic Adult Swim	11:00 am Food on the Move + Library @ Buckmaster's Circle Community Centre		
	2:30 pm After School Program	2:30 pm After school program	12:00 pm Youth Lunch in		
	2:30 pm After school program	2:30 pm After School Program	2:00 pm Pop in Tot		
	3:00 pm After School Program	3:00 pm After School Program	2:30 pm After School Program		
	6:00 pm Youth Drop in	6:00 pm Youth Drop in - Sport	2:30 pm After school program		
	6:30 pm Body Conditioning	6:30 pm Workshop: Growing Fruit in Newfoundland	3:00 pm After School Program		
	7:00 pm Body Conditioning	7:00 pm 6 Lane & Leisure	6:00 pm Youth Drop in		
	7:00 pm Aquatic Fitness	7:00 pm Shallow End Only - Everyone Welcome Swim	6:30 pm Body Conditioning		
	7:00 pm Lane & Leisure	7:00 pm Cowan Heights Open House - Online	6:30 pm Atelier d'Improvisation avec la Troupe des Amuse-Gueules		
	7:00 pm Leisure Swim		7:00 pm University Area Open House - Online		
	7:00 pm Rejoignez la chorale La Rose des Vents		7:00 pm Everyone Welcome Swim		
	7:30 pm Open Gym Drop in		7:00 pm Lane & Leisure		