

February 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 7:00 am Lane & Leisure 3:00 pm Everyone Welcome Swim 5:30 pm Lane & Leisure 6:30 pm Everyone Welcome Swim
2 7:00 am Lane & Leisure 11:00 am Lane & Leisure 1:00 pm Everyone Welcome Swim 3:00 pm Everyone Welcome Swim 4:00 pm Lane & Leisure 6:00 pm Lane & Leisure	3 7:00 am Lane & Leisure 9:00 am Aquatic Fitness 9:00 am Rug Hooking - Hook Your Favourite Childhood Fairy Tale 10:00 am Lane & Leisure 10:30 am Knitting Circle 11:00 am Adults in Motion 6:30 pm Body Conditioning 7:00 pm Lane & Leisure	4 7:00 am Lane & Leisure 9:00 am Aquatic Fitness 10:00 am Lane & Leisure 7:00 pm Shallow End Only Everyone Welcome Swim	5 7:30 am Lane & Leisure 9:00 am Aquatic Fitness 10:00 am Lane & Leisure 10:30 am Leisure - Social Time 11:00 am Core Balance 6:30 pm Body Conditioning 7:00 pm Lane & Leisure	6 7:30 am Lane & Leisure 9:00 am Aquatic Fitness 10:00 am Lane & Leisure 7:00 pm Shallow End Only Everyone Welcome Swim	7 7:30 am Lane & Leisure 9:00 am Aquatic Fitness 10:00 am Lane & Leisure 10:30 am Leisure - Social Time 11:00 am Adults in Motion 7:00 pm Everyone Welcome Swim	8 3:00 pm Everyone Welcome Swim 5:30 pm Lane & Leisure 6:30 pm Everyone Welcome Swim
9 7:00 am Lane & Leisure 11:00 am Lane & Leisure 1:00 pm Everyone Welcome Swim 3:00 pm Everyone Welcome Swim 4:00 pm Lane & Leisure 6:00 pm Lane & Leisure	10 7:00 am Lane & Leisure 9:00 am Aquatic Fitness 9:00 am Rug Hooking - Hook Your Favourite Childhood Fairy Tale 10:00 am Lane & Leisure 10:30 am Knitting Circle 11:00 am Adults in Motion 6:30 pm Body	11 7:00 am Lane & Leisure 9:00 am Aquatic Fitness 10:00 am Lane & Leisure 7:00 pm Shallow End Only Everyone Welcome Swim	12 7:30 am Lane & Leisure 9:00 am Aquatic Fitness 10:00 am Lane & Leisure 10:30 am Leisure - Social Time 11:00 am Core Balance 6:30 pm Body Conditioning 7:00 pm Lane & Leisure	13 7:30 am Lane & Leisure 9:00 am Aquatic Fitness 10:00 am Lane & Leisure 7:00 pm Shallow End Only Everyone Welcome Swim	14 7:30 am Lane & Leisure 9:00 am Aquatic Fitness 10:00 am Lane & Leisure 10:30 am Leisure - Social Time 11:00 am Adults in Motion 7:00 pm Everyone Welcome Swim	15 3:00 pm Everyone Welcome Swim 5:30 pm Lane & Leisure 6:30 pm Everyone Welcome Swim

	Conditioning 7:00 pm Lane & Leisure					
16 7:00 am Lane & Leisure 11:00 am Lane & Leisure 1:00 pm Everyone Welcome Swim 3:00 pm Everyone Welcome Swim 4:00 pm Lane & Leisure 6:00 pm Lane & Leisure	17 7:00 am Lane & Leisure 9:00 am Aquatic Fitness 9:00 am Rug Hooking - Hook Your Favourite Childhood Fairy Tale 10:00 am Lane & Leisure 10:30 am Knitting Circle 11:00 am Adults in Motion 6:30 pm Body Conditioning 7:00 pm Lane & Leisure	18 7:00 am Lane & Leisure 9:00 am Aquatic Fitness 10:00 am Lane & Leisure 7:00 pm Shallow End Only Everyone Welcome Swim	19 7:30 am Lane & Leisure 9:00 am Aquatic Fitness 10:00 am Lane & Leisure 10:30 am Leisure - Social Time 11:00 am Core Balance 6:30 pm Body Conditioning 7:00 pm Lane & Leisure	20 7:30 am Lane & Leisure 9:00 am Aquatic Fitness 10:00 am Lane & Leisure 7:00 pm Shallow End Only Everyone Welcome Swim	21 7:30 am Lane & Leisure 9:00 am Aquatic Fitness 10:00 am Lane & Leisure 10:30 am Leisure - Social Time 11:00 am Adults in Motion 7:00 pm Everyone Welcome Swim	22 3:00 pm Everyone Welcome Swim 5:30 pm Lane & Leisure 6:30 pm Everyone Welcome Swim
23 7:00 am Lane & Leisure 11:00 am Lane & Leisure 1:00 pm Everyone Welcome Swim 3:00 pm Everyone Welcome Swim 4:00 pm Lane & Leisure 6:00 pm Lane & Leisure	24 7:00 am Lane & Leisure 9:00 am Aquatic Fitness 9:00 am Rug Hooking - Hook Your Favourite Childhood Fairy Tale 10:00 am Lane & Leisure 10:30 am Knitting Circle 11:00 am Adults in Motion 6:30 pm Body Conditioning 7:00 pm Lane & Leisure	25 7:00 am Lane & Leisure 9:00 am Aquatic Fitness 10:00 am Lane & Leisure 7:00 pm Shallow End Only Everyone Welcome Swim	26 7:30 am Lane & Leisure 9:00 am Aquatic Fitness 10:00 am Lane & Leisure 10:30 am Leisure - Social Time 11:00 am Core Balance 6:30 pm Body Conditioning 7:00 pm Lane & Leisure	27 7:30 am Lane & Leisure 9:00 am Aquatic Fitness 10:00 am Lane & Leisure 7:00 pm Shallow End Only Everyone Welcome Swim	28 7:30 am Lane & Leisure 9:00 am Aquatic Fitness 10:00 am Lane & Leisure 10:30 am Leisure - Social Time 11:00 am Adults in Motion 7:00 pm Everyone Welcome Swim	