

Week of May 4, 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4 <u>Lane & Leisure</u> 7:00 am - 8:50 am <u>Lane & Leisure</u> 11:00 am - 12:50 pm <u>Free - Everyone Welcome Swim</u> 1:00 pm - 1:50 pm <u>Everyone Welcome Swim</u> 3:00 pm - 3:50 pm <u>Lane & Leisure</u> 4:00 pm - 4:50 pm <u>Lane & Leisure</u> 6:00 pm - 7:20 pm	5 <u>Lane & Leisure</u> 7:00 am - 8:50 am <u>Aquatic Fitness</u> 9:00 am - 9:50 am <u>Lane & Leisure</u> 10:00 am - 1:50 pm <u>Adults in Motion</u> 11:00 am - 11:50 am <u>Body Conditioning</u> 6:30 pm - 7:20 pm <u>Lane & Leisure</u> 7:00 pm - 7:50 pm	6 <u>Lane & Leisure</u> 7:00 am - 8:50 am <u>Aquatic Fitness</u> 9:00 am - 9:50 am <u>Lane & Leisure</u> 10:00 am - 1:50 pm <u>Shallow End Only - Everyone Welcome Swim</u> 7:00 pm - 7:50 pm	7 <u>Lane & Leisure</u> 7:30 am - 8:50 am <u>Aquatic Fitness</u> 9:00 am - 9:50 am <u>Lane & Leisure</u> 10:00 am - 1:50 pm <u>Core Balance</u> 11:00 am - 11:50 am <u>Body Conditioning</u> 6:30 pm - 7:20 pm <u>Lane & Leisure</u> 7:00 pm - 7:50 pm	8 <u>Lane & Leisure</u> 7:30 am - 8:50 am <u>Aquatic Fitness</u> 9:00 am - 9:50 am <u>Lane & Leisure</u> 10:00 am - 1:50 pm <u>Shallow End Only - Everyone Welcome Swim</u> 7:00 pm - 7:50 pm	9 <u>Lane & Leisure</u> 7:00 am - 8:50 am <u>Aquatic Fitness</u> 9:00 am - 9:50 am <u>Lane & Leisure</u> 10:00 am - 1:50 pm <u>Adults in Motion</u> 11:00 am - 11:50 am <u>Everyone Welcome Swim</u> 7:00 pm - 7:50 pm	10 <u>Lane & Leisure</u> 7:00 am - 8:50 am <u>Everyone Welcome Swim</u> 3:00 pm - 3:50 pm <u>Lane & Leisure</u> 5:30 pm - 6:20 pm <u>Everyone Welcome Swim</u> 6:30 pm - 7:20 pm

End Date: 05/10/2025

Start Date: 05/04/2025

<https://calendar.stjohns.ca>