

May 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 7:30 am Lane & Leisure 9:00 am Aquatic Fitness 10:00 am Lane & Leisure 7:00 pm Shallow End Only - Everyone Welcome Swim	2 7:30 am Lane & Leisure 9:00 am Aquatic Fitness 10:00 am Lane & Leisure 11:00 am Adults in Motion 7:00 pm Everyone Welcome Swim	3 3:00 pm Free - Everyone Welcome Swim 5:30 pm Lane & Leisure 6:30 pm Everyone Welcome Swim
4 7:00 am Lane & Leisure 11:00 am Lane & Leisure 1:00 pm Free - Everyone Welcome Swim 3:00 pm Everyone Welcome Swim 4:00 pm Lane & Leisure 6:00 pm Lane & Leisure	5 7:00 am Lane & Leisure 9:00 am Aquatic Fitness 10:00 am Lane & Leisure 11:00 am Adults in Motion 6:30 pm Body Conditioning 7:00 pm Lane & Leisure	6 7:00 am Lane & Leisure 9:00 am Aquatic Fitness 10:00 am Lane & Leisure 7:00 pm Shallow End Only - Everyone Welcome Swim	7 7:30 am Lane & Leisure 9:00 am Aquatic Fitness 10:00 am Lane & Leisure 11:00 am Core Balance 6:30 pm Body Conditioning 7:00 pm Lane & Leisure	8 7:30 am Lane & Leisure 9:00 am Aquatic Fitness 10:00 am Lane & Leisure 7:00 pm Shallow End Only - Everyone Welcome Swim	9 7:00 am Lane & Leisure 9:00 am Aquatic Fitness 10:00 am Lane & Leisure 11:00 am Adults in Motion 7:00 pm Everyone Welcome Swim	10 7:00 am Lane & Leisure 3:00 pm Everyone Welcome Swim 5:30 pm Lane & Leisure 6:30 pm Everyone Welcome Swim
11 7:00 am Lane & Leisure 9:00 am Lane & Leisure 11:00 am Lane & Leisure 1:00 pm Everyone Welcome Swim 3:00 pm Everyone Welcome Swim 4:00 pm Lane & Leisure 6:00 pm Lane & Leisure	12 7:00 am Lane & Leisure 9:00 am Aquatic Fitness 10:00 am Lane & Leisure 11:00 am Adults in Motion 6:30 pm Body Conditioning 7:00 pm Lane & Leisure	13 7:00 am Lane & Leisure 9:00 am Aquatic Fitness 10:00 am Lane & Leisure 7:00 pm Shallow End Only - Everyone Welcome Swim	14 7:30 am Lane & Leisure 9:00 am Aquatic Fitness 10:00 am Lane & Leisure 11:00 am Core Balance 6:30 pm Body Conditioning 7:00 pm Lane & Leisure	15 7:30 am Lane & Leisure 9:00 am Aquatic Fitness 10:00 am Lane & Leisure 7:00 pm Shallow End Only - Everyone Welcome Swim	16 7:00 am Lane & Leisure 9:00 am Aquatic Fitness 10:00 am Lane & Leisure 11:00 am Adults in Motion 7:00 pm Everyone Welcome Swim	17 3:00 pm Everyone Welcome Swim 5:30 pm Lane & Leisure 6:30 pm Everyone Welcome Swim
18 7:00 am Lane & Leisure 11:00 am Lane & Leisure 1:00 pm Everyone Welcome Swim	19	20 7:00 am Lane & Leisure 9:00 am Aquatic Fitness 10:00 am Lane & Leisure	21 7:30 am Lane & Leisure 9:00 am Aquatic Fitness 10:00 am Lane & Leisure	22 7:30 am Lane & Leisure 9:00 am Aquatic Fitness 10:00 am Lane & Leisure	23 7:30 am Lane & Leisure 9:00 am Aquatic Fitness 10:00 am Lane & Leisure	24 3:00 pm Everyone Welcome Swim 5:30 pm Lane & Leisure

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25 7:00 am Lane & Leisure 11:00 am Lane & Leisure 1:00 pm Everyone Welcome Swim 3:00 pm Free - Everyone Welcome Swim 4:00 pm Lane & Leisure 6:00 pm Lane & Leisure	26 7:00 am Lane & Leisure 9:00 am Aquatic Fitness 10:00 am Lane & Leisure 11:00 am Adults in Motion 6:30 pm Body Conditioning 7:00 pm Lane & Leisure	27 7:00 am Lane & Leisure 9:00 am Aquatic Fitness 10:00 am Lane & Leisure 7:00 pm Shallow End Only - Everyone Welcome Swim	28 7:00 am Lane & Leisure 9:00 am Aquatic Fitness 10:00 am Lane & Leisure 11:00 am Core Balance 6:30 pm Body Conditioning 7:00 pm Lane & Leisure	29 7:30 am Lane & Leisure 9:00 am Aquatic Fitness 10:00 am Lane & Leisure 7:00 pm Shallow End Only - Everyone Welcome Swim	30 7:00 am Lane & Leisure 9:00 am Aquatic Fitness 10:00 am Lane & Leisure 11:00 am Adults in Motion 7:00 pm Everyone Welcome Swim	

<https://calendar.stjohns.ca>