

Week of December 1, 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p><u>Lane & Leisure</u> 7:00 am - 8:50 am</p> <p><u>Lane & Leisure</u> 11:00 am - 12:50 pm</p> <p><u>Everyone Welcome Swim</u> 1:00 pm - 1:50 pm</p> <p><u>Everyone Welcome Swim</u> 3:00 pm - 3:50 pm</p> <p><u>Lane & Leisure</u> 4:00 pm - 4:50 pm</p> <p><u>Everyone Welcome Swim</u> 5:00 pm - 5:50 pm</p> <p><u>Lane & Leisure</u> 6:00 pm - 7:20 pm</p>	<p>2</p> <p><u>Lane & Leisure</u> 7:00 am - 8:50 am</p> <p><u>Aquatic Fitness</u> 9:00 am - 9:50 am</p> <p><u>Lane & Leisure</u> 10:00 am - 1:50 pm</p> <p><u>Adults in Motion</u> 11:00 am - 11:50 am</p> <p><u>Lane & Leisure</u> 5:00 pm - 5:50 pm</p> <p><u>Everyone Welcome Swim</u> 6:00 pm - 6:50 pm</p> <p><u>Body Conditioning</u> 6:30 pm - 7:20 pm</p> <p><u>Lane & Leisure</u> 7:00 pm - 7:50 pm</p>	<p>3</p> <p><u>Lane & Leisure</u> 7:00 am - 8:50 am</p> <p><u>Aquatic Fitness</u> 9:00 am - 9:50 am</p> <p><u>Lane & Leisure</u> 10:00 am - 1:50 pm</p> <p><u>Lane & Leisure</u> 5:00 pm - 5:50 pm</p> <p><u>Shallow End Only Everyone Welcome Swim</u> 6:00 pm - 6:50 pm</p> <p><u>Shallow End Only Everyone Welcome Swim</u> 7:00 pm - 7:50 pm</p>	<p>4</p> <p><u>Lane & Leisure</u> 7:30 am - 8:50 am</p> <p><u>Aquatic Fitness</u> 9:00 am - 9:50 am</p> <p><u>Lane & Leisure</u> 10:00 am - 1:50 pm</p> <p><u>Core Balance</u> 11:00 am - 11:50 am</p> <p><u>Lane & Leisure</u> 5:00 pm - 5:50 pm</p> <p><u>Everyone Welcome Swim</u> 6:00 pm - 6:50 pm</p> <p><u>Body Conditioning</u> 6:30 pm - 7:20 pm</p> <p><u>Lane & Leisure</u> 7:00 pm - 7:50 pm</p>	<p>5</p> <p><u>Lane & Leisure</u> 7:30 am - 8:50 am</p> <p><u>Aquatic Fitness</u> 9:00 am - 9:50 am</p> <p><u>Lane & Leisure</u> 10:00 am - 1:50 pm</p> <p><u>Lane & Leisure</u> 5:00 pm - 5:50 pm</p> <p><u>Shallow End Only Everyone Welcome Swim</u> 6:00 pm - 6:50 pm</p> <p><u>Shallow End Only Everyone Welcome Swim</u> 7:00 pm - 7:50 pm</p>	<p>6</p> <p><u>Lane & Leisure</u> 7:30 am - 8:50 am</p> <p><u>Aquatic Fitness</u> 9:00 am - 9:50 am</p> <p><u>Lane & Leisure</u> 10:00 am - 1:50 pm</p> <p><u>Adults in Motion</u> 11:00 am - 11:50 am</p> <p><u>Lane & Leisure</u> 5:00 pm - 5:50 pm</p> <p><u>Everyone Welcome Swim</u> 6:00 pm - 6:50 pm</p> <p><u>Everyone Welcome Swim</u> 7:00 pm - 7:50 pm</p>	<p>7</p> <p><u>Lane & Leisure</u> 9:00 am - 10:20 am</p> <p><u>Everyone Welcome Swim</u> 10:30 am - 11:50 am</p> <p><u>Lane & Leisure</u> 12:00 pm - 12:50 pm</p> <p><u>Everyone Welcome Swim</u> 1:00 pm - 1:50 pm</p> <p><u>Everyone Welcome Swim</u> 3:00 pm - 3:50 pm</p> <p><u>Lane & Leisure</u> 5:30 pm - 6:20 pm</p> <p><u>Everyone Welcome Swim</u> 6:30 pm - 7:20 pm</p>

End Date: 12/07/2024
Start Date: 12/01/2024

<https://calendar.stjohns.ca>