

December 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>7:00 am Lane & Leisure</p> <p>11:00 am Lane & Leisure</p> <p>1:00 pm Everyone Welcome Swim</p> <p>3:00 pm Everyone Welcome Swim</p> <p>4:00 pm Lane & Leisure</p> <p>5:00 pm Everyone Welcome Swim</p> <p>6:00 pm Lane & Leisure</p>	<p>2</p> <p>7:00 am Lane & Leisure</p> <p>9:00 am Aquatic Fitness</p> <p>10:00 am Lane & Leisure</p> <p>11:00 am Adults in Motion</p> <p>5:00 pm Lane & Leisure</p> <p>6:00 pm Everyone Welcome Swim</p> <p>6:30 pm Body Conditioning</p> <p>7:00 pm Lane & Leisure</p>	<p>3</p> <p>7:00 am Lane & Leisure</p> <p>9:00 am Aquatic Fitness</p> <p>10:00 am Lane & Leisure</p> <p>5:00 pm Lane & Leisure</p> <p>6:00 pm Shallow End Only Everyone Welcome Swim</p> <p>7:00 pm Shallow End Only Everyone Welcome Swim</p>	<p>4</p> <p>7:30 am Lane & Leisure</p> <p>9:00 am Aquatic Fitness</p> <p>10:00 am Lane & Leisure</p> <p>11:00 am Core Balance</p> <p>5:00 pm Lane & Leisure</p> <p>6:00 pm Everyone Welcome Swim</p> <p>6:30 pm Body Conditioning</p> <p>7:00 pm Lane & Leisure</p>	<p>5</p> <p>7:30 am Lane & Leisure</p> <p>9:00 am Aquatic Fitness</p> <p>10:00 am Lane & Leisure</p> <p>5:00 pm Lane & Leisure</p> <p>6:00 pm Shallow End Only Everyone Welcome Swim</p> <p>7:00 pm Shallow End Only Everyone Welcome Swim</p>	<p>6</p> <p>7:30 am Lane & Leisure</p> <p>9:00 am Aquatic Fitness</p> <p>10:00 am Lane & Leisure</p> <p>11:00 am Adults in Motion</p> <p>5:00 pm Lane & Leisure</p> <p>6:00 pm Everyone Welcome Swim</p> <p>7:00 pm Everyone Welcome Swim</p>	<p>7</p> <p>9:00 am Lane & Leisure</p> <p>10:30 am Everyone Welcome Swim</p> <p>12:00 pm Lane & Leisure</p> <p>1:00 pm Everyone Welcome Swim</p> <p>2:00 pm Lane & Leisure</p> <p>3:00 pm Everyone Welcome Swim</p> <p>5:30 pm Lane & Leisure</p> <p>6:30 pm Everyone Welcome Swim</p>
<p>8</p> <p>7:00 am Lane & Leisure</p> <p>11:00 am Lane & Leisure</p> <p>1:00 pm Everyone Welcome Swim</p> <p>2:00 pm Lane & Leisure</p> <p>3:00 pm Everyone Welcome Swim</p> <p>4:00 pm Lane & Leisure</p> <p>5:00 pm Everyone Welcome Swim</p> <p>6:00 pm Lane & Leisure</p>	<p>9</p> <p>7:00 am Lane & Leisure</p> <p>9:00 am Aquatic Fitness</p> <p>10:00 am Lane & Leisure</p> <p>11:00 am Adults in Motion</p> <p>5:00 pm Lane & Leisure</p> <p>6:00 pm Everyone Welcome Swim</p> <p>6:30 pm Body Conditioning</p> <p>7:00 pm Lane & Leisure</p>	<p>10</p> <p>7:00 am Lane & Leisure</p> <p>9:00 am Aquatic Fitness</p> <p>10:00 am Lane & Leisure</p> <p>5:00 pm Lane & Leisure</p> <p>6:00 pm Shallow End Only Everyone Welcome Swim</p> <p>7:00 pm Shallow End Only Everyone Welcome Swim</p>	<p>11</p> <p>7:30 am Lane & Leisure</p> <p>9:00 am Aquatic Fitness</p> <p>10:00 am Lane & Leisure</p> <p>11:00 am Core Balance</p> <p>5:00 pm Lane & Leisure</p> <p>6:00 pm Everyone Welcome Swim</p> <p>6:30 pm Body Conditioning</p> <p>7:00 pm Lane & Leisure</p>	<p>12</p> <p>7:30 am Lane & Leisure</p> <p>9:00 am Aquatic Fitness</p> <p>5:00 pm Lane & Leisure</p> <p>6:00 pm Shallow End Only Everyone Welcome Swim</p> <p>7:00 pm Shallow End Only Everyone Welcome Swim</p>	<p>13</p> <p>7:30 am Lane & Leisure</p> <p>9:00 am Aquatic Fitness</p> <p>10:00 am Lane & Leisure</p> <p>11:00 am Adults in Motion</p> <p>5:00 pm Lane & Leisure</p> <p>6:00 pm Everyone Welcome Swim</p> <p>7:00 pm Everyone Welcome Swim</p>	<p>14</p> <p>9:00 am Lane & Leisure</p> <p>10:30 am Everyone Welcome Swim</p> <p>12:00 pm Lane & Leisure</p> <p>1:00 pm Everyone Welcome Swim</p> <p>3:00 pm Everyone Welcome Swim</p> <p>5:30 pm Lane & Leisure</p> <p>6:30 pm Everyone Welcome Swim</p>
<p>15</p> <p>7:00 am Lane &</p>	<p>16</p> <p>7:00 am Lane &</p>	<p>17</p> <p>7:00 am Lane &</p>	<p>18</p> <p>7:30 am Lane &</p>	<p>19</p> <p>7:30 am Lane &</p>	<p>20</p> <p>7:30 am Lane &</p>	<p>21</p> <p>7:00 am Lane</p>

Leisure 11:00 am Lane & Leisure 1:00 pm Everyone Welcome Swim 3:00 pm Everyone Welcome Swim 4:00 pm Lane & Leisure 5:00 pm Everyone Welcome Swim 6:00 pm Lane & Leisure	Leisure 9:00 am Lane & Leisure 10:00 am Lane & Leisure 5:00 pm Lane & Leisure 6:00 pm Everyone Welcome Swim 7:00 pm Lane & Leisure	Leisure 9:00 am Lane & Leisure 10:00 am Lane & Leisure 5:00 pm Lane & Leisure 6:00 pm Shallow End Only Everyone Welcome Swim 7:00 pm Shallow End Only Everyone Welcome Swim	Leisure 9:00 am Lane & Leisure 10:00 am Lane & Leisure 5:00 pm Lane & Leisure 6:00 pm Everyone Welcome Swim 7:00 pm Lane & Leisure	Leisure 9:00 am Lane & Leisure 10:00 am Lane & Leisure 5:00 pm Lane & Leisure 6:00 pm Shallow End Only Everyone Welcome Swim 7:00 pm Shallow End Only Everyone Welcome Swim	Leisure 9:00 am Lane & Leisure 10:00 am Lane & Leisure 5:00 pm Lane & Leisure 6:00 pm Everyone Welcome Swim 7:00 pm Everyone Welcome Swim	& Leisure 9:00 am Lane & Leisure 10:30 am Everyone Welcome Swim 12:00 pm Lane & Leisure 1:00 pm Everyone Welcome Swim 3:00 pm Everyone Welcome Swim 4:00 pm Lane & Leisure 5:30 pm Lane & Leisure 6:30 pm Everyone Welcome Swim
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29 7:00 am Lane & Leisure 9:00 am Lane & Leisure 11:00 am Lane & Leisure 1:00 pm Everyone Welcome Swim 3:00 pm Everyone Welcome Swim	30 7:00 am Lane & Leisure 9:00 am Lane & Leisure 10:00 am Lane & Leisure 5:00 pm Lane & Leisure 6:00 pm Everyone Welcome Swim	31 7:30 am Lane & Leisure 9:00 am Lane & Leisure 10:00 am Lane & Leisure				

4:00 pm Lane & Leisure	7:00 pm Lane & Leisure					
5:00 pm Everyone Welcome Swim						
6:00 pm Lane & Leisure						

<https://calendar.stjohns.ca>