

# Week of May 4, 2025

| Sunday                                                                                                                                                                                                                                                                      | Monday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | Tuesday                                                                                                                                                                                                                                                                                                                                                                                                                                         | Wednesday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | Thursday                                                                                                                                                                                                                                                                                                                                                                                                                                   | Friday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | Saturday                                                                                                                                                                                                                                                                                                      |
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| <p>4</p> <p><u>6 Lane &amp; Leisure</u><br/>7:00 am - 8:50 am</p> <p><u>Free - Everyone</u><br/><u>Welcome Swim</u><br/>2:30 pm - 3:30 pm</p> <p><u>Everyone</u><br/><u>Welcome Swim</u><br/>5:30 pm - 6:20 pm</p> <p><u>6 Lane &amp; Leisure</u><br/>7:30 pm - 8:20 pm</p> | <p>5</p> <p><u>Leisure Swim</u><br/>7:00 am - 8:50 am</p> <p><u>6 Lane Swim</u><br/>7:30 am - 8:50 am</p> <p><u>Leisure Swim</u><br/>9:00 am - 9:50 am</p> <p><u>Aquatic Fitness</u><br/>9:00 am - 9:50 am</p> <p><u>Aquatic Fitness</u><br/>10:00 am - 10:50 am</p> <p><u>Adults in Motion</u><br/>10:00 am - 10:50 am</p> <p><u>3 Lane &amp; Leisure</u><br/>11:00 am - 1:50 pm</p> <p><u>Pop in Tot</u><br/>2:00 pm - 2:50 pm</p> <p><u>Aquatic Fitness</u><br/>7:00 pm - 7:50 pm</p> <p><u>Leisure Swim</u><br/>7:00 pm - 7:50 pm</p> <p><u>Body Conditioning</u><br/>7:00 pm - 7:50 pm</p> | <p>6</p> <p><u>Leisure Swim</u><br/>7:00 am - 8:50 am</p> <p><u>6 Lane Swim</u><br/>7:30 am - 8:50 am</p> <p><u>Leisure Swim</u><br/>9:00 am - 9:50 am</p> <p><u>Aquatic Fitness</u><br/>9:00 am - 9:50 am</p> <p><u>Core Balance</u><br/>10:00 am - 10:50 am</p> <p><u>6 Lane &amp; Leisure</u><br/>10:00 am - 1:50 pm</p> <p><u>Therapeutic Adult Swim</u><br/>2:00 pm - 3:00 pm</p> <p><u>6 Lane &amp; Leisure</u><br/>7:00 pm - 7:50 pm</p> | <p>7</p> <p><u>Leisure Swim</u><br/>7:00 am - 8:50 am</p> <p><u>6 Lane Swim</u><br/>7:30 am - 8:50 am</p> <p><u>Leisure Swim</u><br/>9:00 am - 9:50 am</p> <p><u>Aquatic Fitness</u><br/>9:00 am - 9:50 am</p> <p><u>Adults in Motion</u><br/>10:00 am - 10:50 am</p> <p><u>Aquatic Fitness</u><br/>10:00 am - 10:50 am</p> <p><u>3 Lane &amp; Leisure</u><br/>11:00 am - 1:50 pm</p> <p><u>Pop in Tot</u><br/>2:00 pm - 2:50 pm</p> <p><u>Free - Everyone</u><br/><u>Welcome Swim</u><br/>7:00 pm - 7:50 pm</p> | <p>8</p> <p><u>Leisure Swim</u><br/>7:00 am - 8:50 am</p> <p><u>6 Lane Swim</u><br/>7:30 am - 8:50 am</p> <p><u>Leisure Swim</u><br/>9:00 am - 9:50 am</p> <p><u>Aquatic Fitness</u><br/>9:00 am - 9:50 am</p> <p><u>Core Balance</u><br/>10:00 am - 10:50 am</p> <p><u>6 Lane &amp; Leisure</u><br/>10:00 am - 1:50 pm</p> <p><u>Body Conditioning</u><br/>7:00 pm - 7:50 pm</p> <p><u>6 Lane &amp; Leisure</u><br/>7:00 pm - 7:50 pm</p> | <p>9</p> <p><u>Leisure Swim</u><br/>7:00 am - 8:50 am</p> <p><u>6 Lane Swim</u><br/>7:30 am - 8:50 am</p> <p><u>Leisure Swim</u><br/>9:00 am - 9:50 am</p> <p><u>Aquatic Fitness</u><br/>9:00 am - 9:50 am</p> <p><u>Adults in Motion</u><br/>10:00 am - 10:50 am</p> <p><u>6 Lane Swim</u><br/>10:00 am - 10:50 am</p> <p><u>3 Lane &amp; Leisure</u><br/>11:00 am - 1:50 pm</p> <p><u>Pop in Tot</u><br/>2:00 pm - 2:50 pm</p> <p><u>Everyone</u><br/><u>Welcome Swim</u><br/>7:00 pm - 7:50 pm</p> | <p>10</p> <p><u>Leisure Swim</u><br/>7:00 am - 8:50 am</p> <p><u>6 Lane Swim</u><br/>7:00 am - 8:50 am</p> <p><u>Everyone</u><br/><u>Welcome Swim</u><br/>2:30 pm - 3:30 pm</p> <p><u>Everyone</u><br/><u>Welcome Swim</u><br/>5:30 pm - 6:45 pm</p> <p><u>3 Lane &amp; Leisure</u><br/>7:00 pm - 7:50 pm</p> |

End Date: 05/10/2025

Start Date: 05/04/2025

<https://calendar.stjohns.ca>