

Week of June 1, 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 <u>6 Lane & Leisure</u> 7:00 am - 8:50 am <u>Everyone</u> <u>Welcome Swim</u> 2:30 pm - 3:30 pm <u>Everyone</u> <u>Welcome Swim</u> 5:30 pm - 6:20 pm <u>6 Lane & Leisure</u> 7:30 pm - 8:20 pm	2 <u>Leisure Swim</u> 7:00 am - 8:50 am <u>6 Lane Swim</u> 7:00 am - 8:50 am <u>Leisure Swim</u> 9:00 am - 9:50 am <u>Aquatic Fitness</u> 9:00 am - 9:50 am <u>Aquatic Fitness</u> 10:00 am - 10:50 am <u>Adults in Motion</u> 10:00 am - 10:50 am <u>3 Lane & Leisure</u> 11:00 am - 1:50 pm <u>Pop in Tot</u> 2:00 pm - 2:50 pm <u>Aquatic Fitness</u> 7:00 pm - 7:50 pm <u>Leisure Swim</u> 7:00 pm - 7:50 pm <u>Body Conditioning</u> 7:00 pm - 7:50 pm	3 <u>Leisure Swim</u> 7:00 am - 8:50 am <u>6 Lane Swim</u> 7:30 am - 8:50 am <u>Leisure Swim</u> 9:00 am - 9:50 am <u>Aquatic Fitness</u> 9:00 am - 9:50 am <u>Core Balance</u> 10:00 am - 10:50 am <u>6 Lane & Leisure</u> 10:00 am - 1:50 pm <u>Therapeutic Adult Swim</u> 2:00 pm - 3:00 pm <u>6 Lane & Leisure</u> 7:00 pm - 7:50 pm	4 <u>Leisure Swim</u> 7:00 am - 8:50 am <u>6 Lane Swim</u> 7:30 am - 8:50 am <u>Leisure Swim</u> 9:00 am - 9:50 am <u>Aquatic Fitness</u> 9:00 am - 9:50 am <u>Adults in Motion</u> 10:00 am - 10:50 am <u>Aquatic Fitness</u> 10:00 am - 10:50 am <u>3 Lane & Leisure</u> 11:00 am - 1:50 pm <u>Pop in Tot</u> 2:00 pm - 2:50 pm <u>Everyone Welcome Swim</u> 7:00 pm - 7:50 pm	5 <u>Leisure Swim</u> 7:00 am - 8:50 am <u>6 Lane Swim</u> 7:30 am - 8:50 am <u>Leisure Swim</u> 9:00 am - 9:50 am <u>Aquatic Fitness</u> 9:00 am - 9:50 am <u>Core Balance</u> 10:00 am - 10:50 am <u>6 Lane & Leisure</u> 10:00 am - 1:50 pm <u>Body Conditioning</u> 7:00 pm - 7:50 pm <u>6 Lane & Leisure</u> 7:00 pm - 7:50 pm	6 <u>Leisure Swim</u> 7:00 am - 8:50 am <u>6 Lane Swim</u> 7:30 am - 8:50 am <u>Leisure Swim</u> 9:00 am - 9:50 am <u>Aquatic Fitness</u> 9:00 am - 9:50 am <u>Adults in Motion</u> 10:00 am - 10:50 am <u>6 Lane Swim</u> 10:00 am - 10:50 am <u>3 Lane & Leisure</u> 11:00 am - 1:50 pm <u>Pop in Tot</u> 2:00 pm - 2:50 pm <u>Everyone</u> <u>Welcome Swim</u> 7:00 pm - 7:50 pm	7 <u>Leisure Swim</u> 7:00 am - 8:50 am <u>6 Lane Swim</u> 7:30 am - 8:50 am <u>Everyone</u> <u>Welcome Swim</u> 2:30 pm - 3:30 pm <u>Everyone</u> <u>Welcome Swim</u> 5:30 pm - 6:45 pm <u>3 Lane & Leisure</u> 7:00 pm - 7:50 pm

End Date: 06/07/2025

Start Date: 06/01/2025

<https://calendar.stjohns.ca>