

June 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 7:00 am 6 Lane & Leisure 2:30 pm Everyone Welcome Swim 5:30 pm Everyone Welcome Swim 7:30 pm 6 Lane & Leisure	2 7:00 am Leisure Swim 7:00 am 6 Lane Swim 9:00 am Leisure Swim 9:00 am Aquatic Fitness 10:00 am Adults in Motion 10:00 am Aquatic Fitness 11:00 am 3 Lane & Leisure 2:00 pm Pop in Tot 7:00 pm Leisure Swim 7:00 pm Aquatic Fitness 7:00 pm Body Conditioning	3 7:00 am Leisure Swim 7:30 am 6 Lane Swim 9:00 am Leisure Swim 9:00 am Aquatic Fitness 10:00 am Core Balance 10:00 am 6 Lane & Leisure 2:00 pm Therapeutic Adult Swim 7:00 pm 6 Lane & Leisure	4 7:00 am Leisure Swim 7:30 am 6 Lane Swim 9:00 am Leisure Swim 9:00 am Aquatic Fitness 10:00 am Adults in Motion 10:00 am Aquatic Fitness 11:00 am 3 Lane & Leisure 2:00 pm Pop in Tot 7:00 pm Everyone Welcome Swim	5 7:00 am Leisure Swim 7:30 am 6 Lane Swim 9:00 am Leisure Swim 9:00 am Aquatic Fitness 10:00 am Core Balance 10:00 am 6 Lane & Leisure 7:00 pm 6 Lane & Leisure 7:00 pm Body Conditioning	6 7:00 am Leisure Swim 7:30 am 6 Lane Swim 9:00 am Leisure Swim 9:00 am Aquatic Fitness 10:00 am Adults in Motion 10:00 am 6 Lane Swim 11:00 am 3 Lane & Leisure 2:00 pm Pop in Tot 7:00 pm Everyone Welcome Swim	7 7:00 am Leisure Swim 7:30 am 6 Lane Swim 2:30 pm Everyone Welcome Swim 5:30 pm Everyone Welcome Swim 7:00 pm 3 Lane & Leisure
8 7:00 am 6 Lane & Leisure 2:30 pm Everyone Welcome Swim 5:30 pm Everyone Welcome Swim 7:30 pm 6 Lane & Leisure	9 7:00 am Leisure Swim 7:30 am 6 Lane Swim 9:00 am Leisure Swim 9:00 am Aquatic Fitness 10:00 am Adults in Motion 10:00 am Aquatic Fitness 11:00 am 3 Lane & Leisure 2:00 pm Pop in Tot 7:00 pm Leisure Swim 7:00 pm Aquatic Fitness 7:00 pm Body Conditioning	10 7:00 am Leisure Swim 7:30 am 6 Lane Swim 9:00 am Leisure Swim 9:00 am Aquatic Fitness 10:00 am Core Balance 10:00 am 6 Lane & Leisure 2:00 pm Therapeutic Adult Swim 7:00 pm 6 Lane & Leisure	11 7:00 am Leisure Swim 7:30 am 6 Lane Swim 9:00 am Leisure Swim 9:00 am Aquatic Fitness 10:00 am Adults in Motion 10:00 am Aquatic Fitness 11:00 am 3 Lane & Leisure 2:00 pm Pop in Tot 7:00 pm Everyone Welcome Swim	12 7:00 am Leisure Swim 7:30 am 6 Lane Swim 9:00 am Leisure Swim 9:00 am Aquatic Fitness 10:00 am Core Balance 10:00 am 6 Lane & Leisure 7:00 pm 6 Lane & Leisure 7:00 pm Body Conditioning	13 7:00 am Leisure Swim 7:30 am 6 Lane Swim 9:00 am Leisure Swim 9:00 am Aquatic Fitness 10:00 am Adults in Motion 10:00 am 6 Lane Swim 11:00 am 3 Lane & Leisure 2:00 pm Pop in Tot 7:00 pm Everyone Welcome Swim	14 7:00 am Leisure Swim 7:30 am 6 Lane Swim 2:30 pm Everyone Welcome Swim 5:30 pm Free - Everyone Welcome Swim 7:00 pm 3 Lane & Leisure
15 7:00 am 6 Lane & Leisure	16 7:00 am Leisure Swim	17 7:00 am Leisure Swim	18 7:00 am Leisure Swim	19 7:00 am Leisure Swim	20 7:00 am Leisure Swim	21 7:00 am Leisure Swim

9:00 am 3 Lane & Leisure	7:30 am 6 Lane Swim	7:30 am 6 Lane Swim	7:30 am 6 Lane Swim	7:30 am 6 Lane Swim	7:30 am 6 Lane Swim	7:30 am 6 Lane Swim
10:00 am 6 Lane & Leisure	9:00 am Leisure Swim	9:00 am Leisure Swim	9:00 am Leisure Swim	9:00 am Leisure Swim	9:00 am Leisure Swim	9:00 am Leisure Swim with Slides
11:00 am Everyone Welcome Swim	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	11:00 am Everyone Welcome Swim
2:30 pm Everyone Welcome Swim	10:00 am Adults in Motion	10:00 am Core Balance	10:00 am Adults in Motion	10:00 am Core Balance	10:00 am Adults in Motion	2:30 pm Everyone Welcome Swim
5:30 pm Everyone Welcome Swim	10:00 am Aquatic Fitness	10:00 am 6 Lane & Leisure	10:00 am Aquatic Fitness	10:00 am 6 Lane & Leisure	10:00 am 6 Lane Swim	2:30 pm Everyone Welcome Swim
6:30 pm Everyone Welcome Swim	10:00 am Leisure Swim	2:00 pm Therapeutic Adult Swim	10:00 am Leisure Swim	3:30 pm Leisure Swim with Slides	10:00 am Leisure Swim	5:30 pm Everyone Welcome Swim
7:30 pm 6 Lane & Leisure	12:00 pm 3 Lane & Leisure	3:30 pm Leisure Swim with Slides	12:00 pm 3 Lane & Leisure	5:00 pm Leisure Swim with Slides	12:00 pm 3 Lane & Leisure	5:30 pm Everyone Welcome Swim
	2:00 pm Pop in Tot	5:00 pm Leisure Swim with Slides	2:00 pm Pop in Tot	7:00 pm 6 Lane & Leisure	2:00 pm Pop in Tot	7:00 pm 3 Lane & Leisure
	3:30 pm Leisure Swim with Slides	7:00 pm 6 Lane & Leisure	5:00 pm Everyone Welcome Swim	7:00 pm Body Conditioning	3:30 pm Leisure Swim with Slides	
	5:00 pm Leisure Swim with Slides		6:00 pm Everyone Welcome Swim		5:00 pm Everyone Welcome Swim	
	7:00 pm Leisure Swim		7:00 pm Everyone Welcome Swim		6:00 pm Everyone Welcome Swim	
	7:00 pm Aquatic Fitness				7:00 pm Everyone Welcome Swim	
	7:00 pm Body Conditioning					
22	23	24	25	26	27	28
7:00 am 6 Lane & Leisure		7:00 am Leisure Swim	7:00 am Leisure Swim	7:00 am Leisure Swim	7:00 am Leisure Swim	7:00 am Leisure Swim
9:00 am 3 Lane & Leisure		7:30 am 6 Lane Swim	7:30 am 6 Lane Swim	7:30 am 6 Lane Swim	7:30 am 6 Lane Swim	7:30 am 6 Lane Swim
10:30 am 3 Lane & Leisure		9:00 am 3 Lane & Leisure	9:00 am 6 Lane Swim	9:00 am 3 Lane & Leisure	9:00 am 6 Lane Swim	9:00 am Leisure Swim with Slides
11:30 am Everyone Welcome Swim		11:00 am 6 Lane & Leisure	9:00 am Pop in Tot	10:00 am 6 Lane & Leisure	9:00 am Pop in Tot	10:00 am Leisure Swim with Slides
2:30 pm Everyone Welcome Swim		2:30 pm Therapeutic Adult Swim	11:00 am 3 Lane & Leisure	4:00 pm Leisure Swim with Slides	10:00 am 3 Lane & Leisure	10:00 am Leisure Swim with Slides
5:30 pm Everyone Welcome Swim		4:00 pm Leisure Swim with Slides	2:30 pm Everyone Welcome Swim	6:00 pm Leisure Swim with Slides	12:00 pm 3 Lane & Leisure	11:30 am Everyone Welcome Swim
6:30 pm 3 Lane & Leisure		6:00 pm Leisure Swim with Slides	4:30 pm Leisure Swim with Slides	7:00 pm 6 Lane & Leisure	2:30 pm Everyone Welcome Swim	2:30 pm Everyone Welcome Swim
		7:00 pm 6 Lane & Leisure	6:00 pm Everyone Welcome Swim		4:00 pm Leisure Swim with Slides	2:30 pm Everyone Welcome Swim
			7:00 pm 3 Lane & Leisure		6:00 pm Everyone Welcome Swim	5:30 pm Everyone Welcome Swim
					7:00 pm 3 Lane & Leisure	6:30 pm 3 Lane & Leisure
29	30					
7:00 am Leisure Swim	7:00 am Leisure Swim					
7:30 am 6 Lane Swim	7:30 am 6 Lane Swim					
9:00 am 3 Lane & Leisure	9:00 am 6 Lane Swim					
10:30 am 3 Lane & Leisure	9:00 am Pop in Tot					
	10:00 am 3 Lane &					

11:30 am Everyone Welcome Swim	Leisure					
2:30 pm Everyone Welcome Swim	12:00 pm 6 Lane & Leisure					
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6:30 pm 3 Lane & Leisure	4:00 pm Leisure Swim with Slides					
	6:00 pm Everyone Welcome Swim					
	7:00 pm 3 Lane & Leisure					

<https://calendar.stjohns.ca>