## February 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
						7:00 am Lane & Leisure
						7:00 am 6 Lane Swim
						7:00 am Leisure Swim
						10:00 am Playgroup (Drop in)
						2:30 pm Everyone Welcome Swim
						3:00 pm Everyone Welcome Swim
						5:30 pm Lane & Leisure
						5:30 pm Everyone Welcome Swim
						6:30 pm Family Open Gym Drop in
						6:30 pm Everyone Welcome Swim
						7:00 pm 3 Lane & Leisure
2	3	4	5	6	7	8
7:00 am 6 Lane & Leisure	7:00 am Leisure Swim	7:00 am Leisure Swim				
7:00 am Lane & Leisure	7:00 am Lane & Leisure	7:00 am Lane & Leisure	7:30 am 6 Lane Swim			
11:00 am Lane & Leisure	7:30 am 6 Lane Swim	10:00 am Playgroup				
1:00 pm Everyone Welcome Swim	9:00 am Leisure Swim	(Drop in) 2:30 pm				
2:30 pm Everyone Welcome Swim	9:00 am Aquatic Fitness	Everyone Welcome Swim				
3:00 pm Everyone Welcome Swim	9:00 am Aquatic Fitness	3:00 pm Everyone				

4:00 pm Lane &	9:00 am Rug	9:00 am Preschool	9:00 am Preschool	9:00 am Preschool	9:00 am Preschool	Welcome Swim
Leisure	Hooking - Hook Your Favourite	9:00 am Preschool	10:00 am Bridge	9:00 am Preschool	10:00 am 6 Lane	5:30 pm Lane
5:30 pm Everyone Welcome Swim	Childhood Fairy Tale	9:30 am Playgroup - KFFRC	Level 2 10:00 am Playgroup	9:30 am Playgroup - KFFRC	Swim 10:00 am Adults in	& Leisure
6:00 pm Lane &	9:00 am Preschool	10:00 am Playgroup	(Drop in)	10:00 am Playgroup	Motion Motion	5:30 pm Everyone
Leisure 7:30 pm 6 Lane &	9:30 am Playgroup -	(Drop in)	10:00 am Aquatic Fitness	(Drop in)	10:00 am Lane & Leisure	Welcome
Leisure	KFFRC	10:00 am Leisure - Bridge Level 1	10:00 am Adults in	10:00 am Preschool Drop in	10:30 am Leisure -	Swim
	10:00 am Playgroup (Drop in)	10:00 am Lane &	Motion	10:00 am Core	Social Time	6:30 pm Family Open
	10:00 am Adults in	Leisure	10:00 am Lane & Leisure	Balance	11:00 am Adults in Motion	Gym Drop in
	Motion	10:00 am Core Balance	10:30 am Leisure -	10:00 am Lane & Leisure	11:00 am 3 Lane &	6:30 pm Everyone
	10:00 am Aquatic Fitness	10:00 am 6 Lane &	Social Time	10:00 am 6 Lane &	Leisure	Welcome Swim
	10:00 am Lane &	Leisure	11:00 am Core Balance	Leisure	12:00 pm Youth Lunch in	7:00 pm 3
	Leisure	11:00 am Fitness - Body Conditioning	11:00 am 3 Lane &	11:00 am Fitness - Body Conditioning	2:00 pm Pop in Tot	Lane & Leisure
	10:30 am Knitting Circle	12:00 pm Adult	Leisure	12:00 pm Adult	2:30 pm After	
	10:30 am Leisure - Social Time	Drop in	11:45 am Walk & Wheel	Drop in	School Program	
	11:00 am Adults in	12:00 pm Youth Lunch in	12:00 pm Walk &	12:00 pm Youth Lunch in	2:30 pm After school program	
	Motion	2:00 pm Therapeutic	Wheel	2:30 pm After	3:00 pm After	
	11:00 am 3 Lane & Leisure	Adult Swim 2:30 pm After	12:00 pm Youth Lunch in	School Program  2:30 pm After	School Program 7:00 pm Everyone	
	11:45 am Walk &	School Program	1:00 pm Fitness -	school program	Welcome Swim	
	Wheel	2:30 pm After school program	Body Conditioning (Drop in)	3:00 pm After School Program	7:00 pm Everyone Welcome Swim	
	12:00 pm Walk & Wheel	3:00 pm After	2:00 pm Pop in Tot	7:00 pm Body	welcome swim	
	12:00 pm Youth	School Program	2:30 pm After School Program	Conditioning		
	Lunch in 2:00 pm Pop in Tot	6:00 pm Youth Drop in - Sport	2:30 pm After	7:00 pm Shallow End Only Everyone		
	2:30 pm After	7:00 pm Shallow	school program	Welcome Swim		
	School Program	End Only Everyone Welcome Swim	3:00 pm After School Program	7:00 pm 6 Lane & Leisure		
	2:30 pm After school program	7:00 pm 6 Lane & Leisure	6:00 pm Youth Drop			
	3:00 pm After School Program	8:00 pm Adult Drop in	6:00 pm Youth Drop in			
	6:00 pm Youth Drop in		6:30 pm Body Conditioning			
	6:30 pm Body Conditioning		7:00 pm Lane & Leisure			
	7:00 pm Body Conditioning		7:00 pm Everyone Welcome Swim			
	7:00 pm Aquatic Fitness		8:00 pm Fitness - Mixed Level Yoga			
	7:00 pm Lane & Leisure		8:00 pm Fitness - Beginner Yoga			
	7:00 pm Leisure Swim		8:00 pm Open Gym Drop in			
	7:30 pm Open Gym Drop in					
9	10	11	12	13	14	15
7:00 am 6 Lane & Leisure	7:00 am Leisure Swim	7:00 am Leisure Swim	7:00 am Leisure Swim	7:00 am Leisure Swim	7:00 am Leisure Swim	7:00 am Leisure Swim
7:00 am Lane & Leisure	7:00 am Lane & Leisure	7:00 am Lane & Leisure	7:30 am Lane & Leisure	7:30 am Lane & Leisure	7:30 am Lane & Leisure	7:30 am 6 Lane Swim
11:00 am Lane & Leisure	7:30 am 6 Lane Swim	7:30 am 6 Lane Swim	7:30 am 6 Lane Swim	7:30 am 6 Lane Swim	7:30 am 6 Lane Swim	2:30 pm Everyone
1:00 pm Everyone Welcome Swim	9:00 am Leisure Swim	9:00 am Leisure Swim	9:00 am Leisure Swim	9:00 am Leisure Swim	9:00 am Leisure Swim	Welcome Swim

	30 pm Everyone Velcome Swim	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	3:00 pm Everyone Welcome
	00 pm Everyone Velcome Swim	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	Swim 5:30 pm Lane
	00 pm Lane &	9:00 am Preschool	9:00 am Preschool	9:00 am Preschool	9:00 am Preschool	9:00 am Preschool	& Leisure
	eisure	9:00 am Rug Hooking - Hook	9:00 am Preschool	10:00 am Bridge Level 2	9:00 am Preschool	10:00 am 6 Lane Swim	5:30 pm Everyone
W	30 pm Everyone Velcome Swim 00 pm Lane &	Your Favourite Childhood Fairy	9:30 am Playgroup - KFFRC	10:00 am Playgroup (Drop in)	9:30 am Playgroup - KFFRC	10:00 am Adults in Motion	Welcome Swim
	eisure	Tale	10:00 am Playgroup (Drop in)	10:00 am Aquatic	10:00 am Playgroup (Drop in)	10:00 am Lane &	6:30 pm Family Open
	30 pm 6 Lane & eisure	9:30 am Playgroup - KFFRC	10:00 am Leisure -	Fitness	10:00 am Preschool	Leisure	Gym Drop in
	-10-02-0	10:00 am Playgroup (Drop in)	Bridge Level 1 10:00 am Lane &	10:00 am Adults in Motion	Drop in 10:00 am Core	10:30 am Leisure - Social Time	6:30 pm Everyone
		10:00 am Adults in	Leisure	10:00 am Lane & Leisure	Balance	11:00 am Adults in Motion	Welcome Swim
		Motion 10:00 am Aquatic	10:00 am Core Balance	10:30 am Leisure -	10:00 am Lane & Leisure	11:00 am 3 Lane &	7:00 pm 3
		Fitness	10:00 am 6 Lane &	Social Time	10:00 am 6 Lane &	Leisure	Lane & Leisure
		10:00 am Lane & Leisure	Leisure	11:00 am Core Balance	Leisure	12:00 pm Youth Lunch in	
		10:30 am Knitting	11:00 am Fitness - Body Conditioning	11:00 am 3 Lane &	11:00 am Fitness - Body Conditioning	2:00 pm Pop in Tot	
		Circle 10:30 am Leisure -	12:00 pm Adult Drop in	Leisure 11:45 am Walk &	12:00 pm Adult Drop in	2:30 pm After School Program	
		Social Time  11:00 am Adults in	12:00 pm Youth Lunch in	Wheel 12:00 pm Walk &	12:00 pm Youth Lunch in	2:30 pm After school program	
		Motion	2:00 pm Therapeutic	Wheel	2:30 pm After	3:00 pm After	
		11:00 am 3 Lane & Leisure	Adult Swim 2:30 pm After	12:00 pm Youth Lunch in	School Program 2:30 pm After	School Program 7:00 pm Everyone	
		11:45 am Walk & Wheel	School Program	1:00 pm Fitness - Body Conditioning	school program	Welcome Swim	
		12:00 pm Walk &	2:30 pm After school program	(Drop in) 2:00 pm Pop in Tot	3:00 pm After School Program	7:00 pm ChillFest Everyone Welcome Swim	
		Wheel 12:00 pm Youth	3:00 pm After School Program	2:30 pm After	7:00 pm Body Conditioning	Swiiii	
		Lunch in	6:00 pm Youth Drop	School Program	7:00 pm Shallow		
		2:00 pm Pop in Tot	in - Sport	2:30 pm After school program	End Only Everyone Welcome Swim		
		2:30 pm After School Program	7:00 pm Shallow End Only Everyone Welcome Swim	3:00 pm After School Program	7:00 pm 6 Lane & Leisure		
		2:30 pm After school program	7:00 pm 6 Lane & Leisure	6:00 pm Youth Drop			
		3:00 pm After School Program	8:00 pm Adult Drop in	6:00 pm Youth Drop			
		6:00 pm Youth Drop in		6:30 pm Body Conditioning			
		6:30 pm Body Conditioning		7:00 pm Lane & Leisure			
		7:00 pm Body Conditioning		7:00 pm Everyone Welcome Swim			
		7:00 pm Aquatic Fitness		8:00 pm Fitness - Mixed Level Yoga			
		7:00 pm Lane & Leisure		8:00 pm Fitness - Beginner Yoga			
		7:00 pm Leisure Swim		8:00 pm Open Gym			
		7:30 pm Open Gym Drop in		Drop in			
16	5	17	18	19	20	21	22
	00 am 6 Lane & eisure	7:00 am Leisure Swim	7:00 am Leisure Swim	7:00 am Leisure Swim	7:00 am Leisure Swim	7:00 am Leisure Swim	7:00 am Leisure Swim
7:	00 am Lane &	7:00 am Lane &	7:00 am Lane &	7:30 am Lane &	7:30 am Lane &	7:30 am Lane &	7:30 am 6

Leisure	Leisure	Leisure	Leisure	Leisure	Leisure	Lane Swim
11:00 am Lane & Leisure	7:30 am 6 Lane Swim	7:30 am 6 Lane Swim	7:30 am 6 Lane Swim	7:30 am 6 Lane Swim	7:30 am 6 Lane Swim	2:30 pm Everyone
1:00 pm Everyone Welcome Swim	9:00 am Leisure Swim	9:00 am Leisure Swim	9:00 am Leisure Swim	9:00 am Leisure Swim	9:00 am Leisure Swim	Welcome Swim
2:30 pm Everyone Welcome Swim	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	3:00 pm Everyone Welcome
3:00 pm Everyone Welcome Swim	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	Swim 5:30 pm Lane
4:00 pm Lane & Leisure	9:00 am Preschool	9:00 am Preschool	9:00 am Preschool	9:00 am Preschool	9:00 am Preschool	& Leisure
5:30 pm Everyone Welcome Swim	9:00 am Rug Hooking - Hook Your Favourite	9:00 am Preschool 9:30 am Playgroup -	10:00 am Bridge Level 2	9:00 am Preschool 9:30 am Playgroup -	10:00 am 6 Lane Swim	5:30 pm Everyone Welcome
6:00 pm Lane & Leisure	Childhood Fairy Tale	KFFRC 10:00 am Playgroup	10:00 am Playgroup (Drop in)	KFFRC 10:00 am Playgroup	10:00 am Adults in Motion	Swim 6:30 pm
6:00 pm Acrylic	9:30 am Playgroup - KFFRC	(Drop in) 10:00 am Leisure -	10:00 am Aquatic Fitness	(Drop in) 10:00 am Preschool	10:00 am Lane & Leisure	Family Open Gym Drop in
Painting 7:30 pm 6 Lane & Leisure	10:00 am Playgroup (Drop in)	Bridge Level 1 10:00 am Lane &	10:00 am Adults in Motion	Drop in 10:00 am Core	10:30 am Leisure - Social Time	6:30 pm Everyone
Leisure	10:00 am Aquatic Fitness	Leisure 10:00 am Core	10:00 am Lane & Leisure	Balance 10:00 am Lane &	11:00 am Adults in Motion	Welcome Swim
	10:00 am Lane & Leisure	Balance 10:00 am 6 Lane &	10:30 am Leisure - Social Time	Leisure 10:00 am 6 Lane &	11:00 am 3 Lane & Leisure	7:00 pm 3 Lane & Leisure
	10:00 am ChillFest Adults in Motion	Leisure 11:00 am Fitness -	11:00 am Core Balance	Leisure 11:00 am Fitness -	12:00 pm Youth Lunch in	
	10:30 am Knitting	Body Conditioning	11:00 am 3 Lane & Leisure	Body Conditioning	2:00 pm Pop in Tot	
	Circle 10:30 am Leisure -	12:00 pm Adult Drop in	11:45 am Walk & Wheel	12:00 pm Adult Drop in	7:00 pm Everyone Welcome Swim	
	Social Time 11:00 am Adults in	12:00 pm Youth Lunch in	12:00 pm Walk & Wheel	12:00 pm Youth Lunch in	7:00 pm Everyone Welcome Swim	
	Motion 11:00 am 3 Lane &	2:00 pm Therapeutic Adult Swim	12:00 pm Youth Lunch in	2:30 pm After School Program		
	Leisure 11:45 am Walk &	2:30 pm After School Program	1:00 pm Fitness -	2:30 pm After school program		
	Wheel 12:00 pm Walk &	2:30 pm After school program	Body Conditioning (Drop in)	3:00 pm After School Program		
	Wheel 12:00 pm Youth	3:00 pm After School Program	2:00 pm Pop in Tot 2:30 pm After	6:00 pm Youth Night		
	Lunch in	6:00 pm Youth Drop in - Sport	School Program 2:30 pm After	7:00 pm Body Conditioning		
	2:00 pm Pop in Tot 2:30 pm After	7:00 pm Shallow End Only Everyone	school program  3:00 pm After	7:00 pm Shallow End Only Everyone Welcome Swim		
	School Program 2:30 pm After	Welcome Swim	School Program	7:00 pm 6 Lane & Leisure		
	school program  3:00 pm After	7:00 pm 6 Lane & Leisure	6:00 pm Youth Drop in	Leisure		
	School Program 6:00 pm Youth Drop	8:00 pm Adult Drop in	6:00 pm Youth Drop in			
	in 6:30 pm Body		6:30 pm Body Conditioning			
	Conditioning 7:00 pm Body		7:00 pm Lane & Leisure			
	Conditioning 7:00 pm Aquatic		7:00 pm Everyone Welcome Swim			
	Fitness 7:00 pm Lane &		8:00 pm Fitness - Mixed Level Yoga			
	Leisure 7:00 pm Leisure		8:00 pm Fitness - Beginner Yoga			
	Swim 7:30 pm Open Gym		8:00 pm Open Gym Drop in			
	Drop in					

23	24	25	26	27	28	
7:00 am 6 Lane & Leisure	7:00 am Leisure Swim	7:00 am Leisure Swim	7:00 am Leisure Swim	7:00 am Leisure Swim	7:00 am Leisure Swim	
7:00 am Lane & Leisure	7:00 am Lane & Leisure	7:00 am Lane & Leisure	7:30 am Lane & Leisure	7:30 am Lane & Leisure	7:30 am Lane & Leisure	
11:00 am Lane & Leisure	7:30 am 6 Lane Swim	7:30 am 6 Lane Swim	7:30 am 6 Lane Swim	7:30 am 6 Lane Swim	7:30 am 6 Lane Swim	
1:00 pm Everyone Welcome Swim	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	
2:30 pm Everyone Welcome Swim	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	
3:00 pm Everyone Welcome Swim	9:00 am Rug Hooking - Hook	9:00 am Preschool 9:00 am Preschool	9:00 am Preschool 10:00 am Bridge	9:00 am Preschool 9:00 am Preschool	9:00 am Preschool 10:00 am 6 Lane	
4:00 pm Lane & Leisure	Your Favourite Childhood Fairy Tale	9:30 am Playgroup -	Level 2	9:30 am Playgroup -	Swim	
5:30 pm Everyone Welcome Swim	9:00 am Preschool	KFFRC 10:00 am Playgroup	10:00 am Playgroup (Drop in)	KFFRC 10:00 am Playgroup	10:00 am Adults in Motion	
6:00 pm Lane &	9:00 am Home Alone Course	(Drop in) 10:00 am Leisure -	10:00 am Aquatic Fitness	(Drop in) 10:00 am Preschool	10:00 am Lane & Leisure	
Leisure 7:30 pm 6 Lane &	9:30 am Playgroup - KFFRC	Bridge Level 1 10:00 am Lane &	10:00 am Adults in Motion	Drop in 10:00 am Core	10:30 am Leisure - Social Time	
Leisure	10:00 am Playgroup (Drop in)	Leisure  10:00 am Core	10:00 am Lane & Leisure	Balance 10:00 am Lane &	11:00 am Adults in Motion	
	10:00 am Adults in Motion	Balance	10:30 am Leisure - Social Time	Leisure	11:00 am 3 Lane & Leisure	
	10:00 am Aquatic	10:00 am 6 Lane & Leisure	11:00 am Core Balance	10:00 am 6 Lane & Leisure	12:00 pm Youth Lunch in	
	Fitness 10:00 am Lane &	11:00 am Fitness - Body Conditioning	11:00 am 3 Lane & Leisure	11:00 am Fitness - Body Conditioning	2:00 pm Pop in Tot	
	Leisure 10:30 am Knitting	12:00 pm Adult Drop in	11:45 am Walk & Wheel	12:00 pm Adult Drop in	2:30 pm After School Program	
	Circle 10:30 am Leisure -	12:00 pm Youth Lunch in	12:00 pm Walk & Wheel	12:00 pm Youth Lunch in	2:30 pm After school program	
	Social Time 11:00 am Adults in	2:00 pm Therapeutic Adult Swim	12:00 pm Youth	2:30 pm After School Program	3:00 pm After School Program	
	Motion 11:00 am 3 Lane &	2:30 pm After School Program	Lunch in 1:00 pm Fitness -	2:30 pm After school program	7:00 pm Everyone Welcome Swim	
	Leisure	2:30 pm After school program	Body Conditioning (Drop in)	3:00 pm After School Program	7:00 pm Everyone Welcome Swim	
	11:45 am Walk & Wheel	3:00 pm After	2:00 pm Pop in Tot	7:00 pm Body		
	12:00 pm Walk & Wheel	School Program 6:00 pm Youth Drop	2:30 pm After School Program	Conditioning 7:00 pm Shallow		
	12:00 pm Youth Lunch in	in - Sport 7:00 pm Shallow	2:30 pm After school program	End Only Everyone Welcome Swim		
	2:00 pm Pop in Tot	End Only Everyone Welcome Swim	3:00 pm After School Program	7:00 pm 6 Lane & Leisure		
	6:00 pm Youth Drop in	7:00 pm 6 Lane & Leisure	6:00 pm Youth Drop in			
	6:30 pm Body Conditioning	8:00 pm Adult Drop in	6:00 pm Youth Drop in			
	7:00 pm Body Conditioning		6:30 pm Body Conditioning			
	7:00 pm Aquatic Fitness		7:00 pm Lane & Leisure			
	7:00 pm Lane & Leisure		7:00 pm Everyone Welcome Swim			
	7:00 pm Leisure Swim		8:00 pm Fitness - Mixed Level Yoga			
	7:30 pm Open Gym Drop in		8:00 pm Fitness - Beginner Yoga			
			8:00 pm Open Gym Drop in			

https://calendar.stjohns.ca