May 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				7:00 am Leisure Swim	7:00 am Leisure Swim	7:00 am Leisure Swim
				7:30 am 6 Lane Swim	7:30 am 6 Lane Swim	7:30 am 6 Lane Swim
				7:30 am Lane & Leisure	7:30 am Lane & Leisure	10:00 am Playgroup
				9:00 am Preschool	9:00 am Aquatic Fitness	(Drop in)
				9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	2:30 pm Everyone Welcome
				9:00 am Aquatic Fitness	9:00 am Leisure Swim	Swim 3:00 pm Free
				9:00 am Leisure Swim	10:00 am 6 Lane	- Everyone Welcome Swim
				10:00 am Playgroup (Drop in)	Swim 10:00 am Adults in	5:30 pm Everyone
				10:00 am Lane & Leisure	Motion 10:00 am Lane &	Welcome Swim
				10:00 am Core Balance	Leisure 11:00 am 3 Lane &	5:30 pm Lane & Leisure
				10:00 am 6 Lane & Leisure	Leisure 11:00 am Adults in	6:30 pm Everyone
				12:00 pm Youth Lunch in	Motion 12:00 pm Youth	Welcome Swim
				2:30 pm After	Lunch in	6:30 pm
				School Program	2:00 pm Pop in Tot	Family Open Gym Drop in
				2:30 pm After school program	2:30 pm After school program	7:00 pm 3 Lane &
				3:00 pm After School Program	2:30 pm After School Program	Leisure
				7:00 pm 6 Lane & Leisure	3:00 pm After School Program	
				7:00 pm Body Conditioning	7:00 pm Free - Everyone Welcome Swim	
				7:00 pm Shallow End Only - Everyone Welcome Swim	7:00 pm Everyone Welcome Swim	
4	5	6	7	8	9	10
7:00 am 6 Lane & Leisure	7:00 am Lane & Leisure	7:00 am Leisure Swim	7:00 am Leisure Swim	7:00 am Leisure Swim	7:00 am Leisure Swim	7:00 am Leisure Swim
7:00 am Lane & Leisure	7:00 am Leisure Swim	7:00 am Lane & Leisure	7:30 am 6 Lane Swim	7:30 am 6 Lane Swim	7:00 am Lane & Leisure	7:00 am 6 Lane Swim
11:00 am Lane & Leisure	7:30 am 6 Lane Swim	7:30 am 6 Lane Swim	7:30 am Lane & Leisure	7:30 am Lane & Leisure	7:30 am 6 Lane Swim	7:00 am Lane & Leisure
1:00 pm Free - Everyone Welcome	9:00 am Leisure Swim	9:00 am Leisure Swim	9:00 am Aquatic Fitness	9:00 am Preschool 9:00 am Aquatic	9:00 am Leisure Swim	10:00 am Playgroup
Swim	9:00 am Aquatic	9:00 am Aquatic	9:00 am Aquatic	Fitness	9:00 am Aquatic	(Drop in)

2:30 pm Free - Everyone Welcome Swim 3:00 pm Everyone	Fitness 9:00 am Aquatic Fitness 10:00 am Aquatic	Fitness 9:00 am Aquatic Fitness 9:00 am Preschool	9:00 am Leisure Swim 10:00 am Playgroup	9:00 am Aquatic Fitness 9:00 am Leisure Swim	9:00 am Aquatic Fitness 10:00 am Adults in	2:30 pm Everyone Welcome Swim
Welcome Swim 4:00 pm Lane & Leisure	Fitness 10:00 am Adults in Motion	10:00 am Core Balance 10:00 am Lane &	(Drop in) 10:00 am Adults in Motion	10:00 am Playgroup (Drop in) 10:00 am Lane &	Motion 10:00 am Lane & Leisure	3:00 pm Everyone Welcome Swim
5:30 pm Everyone Welcome Swim 6:00 pm Lane & Leisure	10:00 am Lane & Leisure 10:00 am Playgroup	Leisure 10:00 am 6 Lane & Leisure	10:00 am Aquatic Fitness 10:00 am Lane &	Leisure 10:00 am Core Balance	10:00 am 6 Lane Swim 11:00 am 3 Lane &	5:30 pm Lane & Leisure 5:30 pm
7:30 pm 6 Lane & Leisure	(Drop in) 11:00 am 3 Lane & Leisure 11:00 am Adults in Motion 12:00 pm Youth Lunch in 2:00 pm Pop in Tot 2:30 pm After	10:00 am Playgroup (Drop in) 12:00 pm Youth Lunch in 2:00 pm Therapeutic Adult Swim 2:30 pm After School Program 2:30 pm After	Leisure 11:00 am 3 Lane & Leisure 11:00 am Core Balance 12:00 pm Youth Lunch in 2:00 pm Pop in Tot 2:30 pm After	10:00 am 6 Lane & Leisure 12:00 pm Youth Lunch in 2:30 pm After School Program 2:30 pm After school program 3:00 pm After	Leisure 11:00 am Adults in Motion 12:00 pm Youth Lunch in 2:00 pm Pop in Tot 2:30 pm After school program 2:30 pm After	Everyone Welcome Swim 6:30 pm Family Open Gym Drop in 6:30 pm Everyone Welcome Swim
	school program 2:30 pm After School Program	school program 3:00 pm After School Program	School Program 2:30 pm After school program	School Program 7:00 pm 6 Lane & Leisure	School Program 3:00 pm After School Program	7:00 pm 3 Lane & Leisure
	3:00 pm After School Program	6:00 pm Youth Drop in - Sport	3:00 pm After School Program	7:00 pm Body Conditioning	7:00 pm Everyone Welcome Swim	
-11	6:00 pm Youth Drop in 6:30 pm Body Conditioning 7:00 pm Lane & Leisure 7:00 pm Body Conditioning 7:00 pm Aquatic Fitness 7:00 pm Leisure Swim 7:30 pm Open Gym Drop in	7:00 pm 6 Lane & Leisure 7:00 pm Shallow End Only - Everyone Welcome Swim	6:00 pm Youth Drop in 6:30 pm Body Conditioning 7:00 pm Lane & Leisure 7:00 pm Free - Everyone Welcome Swim	7:00 pm Shallow End Only - Everyone Welcome Swim	7:00 pm Everyone Welcome Swim	17
11	12	13	14	15	16	17
7:00 am Lane & Leisure	7:00 am Lane & Leisure	7:00 am Leisure Swim	7:00 am Leisure Swim	7:00 am Leisure Swim	7:00 am Leisure Swim	7:00 am Leisure Swim
7:00 am 6 Lane & Leisure	7:00 am Leisure Swim	7:00 am Lane & Leisure	7:30 am 6 Lane Swim	7:30 am 6 Lane Swim	7:00 am Lane & Leisure	7:30 am 6 Lane Swim
9:00 am Lane & Leisure	7:30 am 6 Lane Swim	7:30 am 6 Lane Swim	7:30 am Lane & Leisure	7:30 am Lane & Leisure	7:30 am 6 Lane Swim	10:00 am Playgroup (Drop in)
11:00 am Lane & Leisure 1:00 pm Everyone	9:00 am Leisure Swim 9:00 am Aquatic	9:00 am Leisure Swim 9:00 am Aquatic	9:00 am Aquatic Fitness 9:00 am Aquatic	9:00 am Preschool 9:00 am Aquatic Fitness	9:00 am Leisure Swim 9:00 am Aquatic	2:30 pm Everyone Welcome

2:30 pm Everyone Welcome Swim	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	9:00 am Leisure Swim	Fitness	9:00 am Aquatic Fitness	3:00 pm
3:00 pm Everyone Welcome Swim	10:00 am Aquatic Fitness	9:00 am Preschool	10:00 am Playgroup (Drop in)	9:00 am Leisure Swim	10:00 am Adults in Motion	Everyone Welcome Swim
4:00 pm Lane & Leisure	10:00 am Adults in Motion	10:00 am Core Balance	10:00 am Adults in Motion	10:00 am Playgroup (Drop in)	10:00 am Lane & Leisure	5:30 pm Lane & Leisure
5:30 pm Everyone Welcome Swim	10:00 am Lane & Leisure	10:00 am Lane & Leisure	10:00 am Aquatic Fitness	10:00 am Lane & Leisure	10:00 am 6 Lane Swim	5:30 pm Everyone
6:00 pm Lane & Leisure	10:00 am Playgroup (Drop in)	10:00 am 6 Lane & Leisure	10:00 am Lane & Leisure	10:00 am Core Balance	11:00 am 3 Lane & Leisure	Welcome Swim
7:30 pm 6 Lane & Leisure	11:00 am 3 Lane & Leisure	10:00 am Playgroup (Drop in)	11:00 am 3 Lane & Leisure	10:00 am 6 Lane & Leisure	11:00 am Adults in Motion	6:30 pm Family Open Gym Drop in
	11:00 am Adults in Motion	12:00 pm Youth Lunch in	11:00 am Core Balance	12:00 pm Youth Lunch in	12:00 pm Youth	6:30 pm Everyone
	12:00 pm Youth	2:00 pm Therapeutic Adult Swim	12:00 pm Youth	2:30 pm After School Program	2:00 pm Pop in Tot	Welcome Swim
	2:00 pm Pop in Tot	2:30 pm After School Program	2:00 pm Pop in Tot	2:30 pm After school program	2:30 pm After school program	7:00 pm 3 Lane &
	2:30 pm After school program	2:30 pm After school program	2:30 pm After School Program	3:00 pm After School Program	2:30 pm After School Program	Leisure
	2:30 pm After School Program	3:00 pm After School Program	2:30 pm After school program	7:00 pm 6 Lane & Leisure	3:00 pm After School Program	
	3:00 pm After School Program	6:00 pm Youth Drop in - Sport	3:00 pm After School Program	7:00 pm Body Conditioning	7:00 pm Everyone Welcome Swim	
	6:00 pm Youth Drop in	7:00 pm 6 Lane & Leisure	6:00 pm Youth Drop in	7:00 pm Shallow End Only -	7:00 pm Everyone Welcome Swim	
	6:30 pm Body Conditioning	7:00 pm Shallow End Only -	6:30 pm Body Conditioning	Everyone Welcome Swim		
	7:00 pm Lane & Leisure	Everyone Welcome Swim	7:00 pm Lane & Leisure			
	7:00 pm Body Conditioning		7:00 pm Everyone Welcome Swim			
	7:00 pm Aquatic Fitness					
	7:00 pm Leisure Swim					
	7:30 pm Open Gym Drop in					
18	19	20	21	22	23	24
7:00 am Lane & Leisure		7:00 am Lane & Leisure	7:00 am Leisure Swim	7:00 am Leisure Swim	7:00 am Leisure Swim	7:00 am Leisure Swim
7:00 am 6 Lane & Leisure		7:00 am Leisure Swim	7:30 am 6 Lane Swim	7:30 am 6 Lane Swim	7:30 am 6 Lane Swim	7:30 am 6 Lane Swim
11:00 am Lane & Leisure		7:30 am 6 Lane Swim	7:30 am Lane & Leisure	7:30 am Lane & Leisure	7:30 am Lane & Leisure	10:00 am Playgroup
1:00 pm Everyone Welcome Swim		9:00 am Leisure Swim	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	(Drop in) 2:30 pm
2:30 pm Everyone Welcome Swim		9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	Everyone Welcome Swim
3:00 pm Everyone Welcome Swim		9:00 am Aquatic Fitness	9:00 am Leisure Swim	9:00 am Leisure Swim	9:00 am Leisure Swim	3:00 pm Everyone
4:00 pm Lane & Leisure		10:00 am Lane & Leisure	10:00 am Playgroup (Drop in)	10:00 am Playgroup (Drop in)	10:00 am 6 Lane Swim	Welcome Swim
5:30 pm Everyone Welcome Swim		10:00 am Core Balance	10:00 am Aquatic Fitness	10:00 am Lane & Leisure	10:00 am Adults in Motion	4:00 pm Lane & Leisure

6:00 pm Lane & Leisure		10:00 am 6 Lane & Leisure	10:00 am Adults in Motion	10:00 am Core Balance	10:00 am Lane & Leisure	5:30 pm Everyone
7:30 pm 6 Lane & Leisure		10:00 am Playgroup (Drop in)	10:00 am Lane & Leisure	10:00 am 6 Lane & Leisure	11:00 am 3 Lane & Leisure	Welcome Swim
		12:00 pm Youth Lunch in	11:00 am 3 Lane & Leisure	12:00 pm Youth Lunch in	11:00 am Adults in Motion	5:30 pm Lane & Leisure
		2:00 pm Therapeutic Adult Swim	11:00 am Core Balance	2:30 pm After School Program	12:00 pm Youth Lunch in	6:30 pm Everyone Welcome
		2:30 pm After school program	12:00 pm Youth Lunch in	2:30 pm After school program	2:00 pm Pop in Tot	Swim 6:30 pm
		2:30 pm After School Program	2:00 pm Pop in Tot	3:00 pm After School Program	2:30 pm After school program	Family Open Gym Drop in
		3:00 pm After School Program	2:30 pm After School Program 2:30 pm After	7:00 pm 6 Lane & Leisure	2:30 pm After School Program 3:00 pm After	7:00 pm 3 Lane &
		6:00 pm Youth Drop in - Sport	school program 3:00 pm After	7:00 pm Body Conditioning	School Program 7:00 pm Everyone	Leisure
		7:00 pm 6 Lane & Leisure	School Program 6:00 pm Youth Drop	7:00 pm Shallow End Only -	Welcome Swim 7:00 pm Everyone	
		7:00 pm Shallow End Only -	in 6:30 pm Body	Everyone Welcome Swim	Welcome Swim	
		Everyone Welcome Swim	Conditioning 7:00 pm Lane &			
			Leisure 7:00 pm Everyone			
			Welcome Swim			
25	26	27	28	29	30	
7:00 am Lane & Leisure	7:00 am Lane & Leisure	7:00 am Leisure Swim	7:00 am Leisure Swim	7:00 am Leisure Swim	7:00 am Leisure Swim	
7:00 am 6 Lane & Leisure	7:00 am Leisure Swim	7:00 am Lane & Leisure	7:00 am Lane & Leisure	7:30 am 6 Lane Swim	7:00 am Lane & Leisure	
11:00 am Lane & Leisure	7:30 am 6 Lane Swim	7:30 am 6 Lane Swim	7:30 am 6 Lane Swim	7:30 am Lane & Leisure	7:30 am 6 Lane Swim	
1:00 pm Everyone Welcome Swim	9:00 am Leisure Swim	9:00 am Leisure Swim	9:00 am Leisure Swim	9:00 am Aquatic Fitness	9:00 am Leisure Swim	
2:30 pm Everyone Welcome Swim	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	
3:00 pm Free - Everyone Welcome Swim	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	9:00 am Leisure Swim	9:00 am Aquatic Fitness	
4:00 pm Lane & Leisure	10:00 am Aquatic Fitness	10:00 am Core Balance	10:00 am Adults in Motion	10:00 am Playgroup (Drop in)	10:00 am Adults in Motion	
5:30 pm Everyone Welcome Swim	10:00 am Adults in Motion	10:00 am Lane & Leisure	10:00 am Aquatic Fitness	10:00 am Lane & Leisure	10:00 am Lane & Leisure	
6:00 pm Lane & Leisure	10:00 am Lane & Leisure	10:00 am 6 Lane & Leisure	10:00 am Lane & Leisure	10:00 am Core Balance	10:00 am 6 Lane Swim	
7:30 pm 6 Lane & Leisure	10:00 am Playgroup (Drop in)	10:00 am Playgroup (Drop in)	10:00 am Playgroup (Drop in)	10:00 am 6 Lane & Leisure	11:00 am 3 Lane & Leisure	
Delbare	11:00 am 3 Lane & Leisure	12:00 pm Youth Lunch in	11:00 am 3 Lane & Leisure	12:00 pm Youth Lunch in	11:00 am Adults in Motion	
	11:00 am Adults in Motion	2:00 pm Free- Therapeutic Adult Swim	11:00 am Core Balance	2:30 pm After School Program	12:00 pm Youth Lunch in	
	12:00 pm Youth Lunch in	2:30 pm After School Program	12:00 pm Youth Lunch in	2:30 pm After school program	2:00 pm Pop in Tot 2:30 pm After	
	2:00 pm Pop in Tot	2:30 pm After	2:00 pm Pop in Tot	3:00 pm After School Program	school program	
	2:30 pm After school program	school program 3:00 pm After	2:30 pm After School Program	7:00 pm 6 Lane & Leisure	2:30 pm After School Program	
	2:30 pm After School Program	School Program 6:00 pm Youth Drop	2:30 pm After school program	7:00 pm Body Conditioning	3:00 pm After School Program	
	3:00 pm After School Program	in - Sport	3:00 pm After School Program	7:00 pm Shallow	7:00 pm Everyone Welcome Swim	

6:00 pm Youth Drop in 6:30 pm Body Conditioning 7:00 pm Lane & Leisure	7:00 pm 6 Lane & Leisure 7:00 pm Shallow End Only - Everyone Welcome Swim	6:00 pm Youth Drop in 6:30 pm Body Conditioning 7:00 pm Lane & Leisure	End Only - Everyone Welcome Swim	7:00 pm Everyone Welcome Swim
7:00 pm Body Conditioning		7:00 pm Everyone Welcome Swim		
7:00 pm Aquatic Fitness				
7:00 pm Leisure Swim				
7:30 pm Open Gym Drop in				

https://calendar.stjohns.ca