

May 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 7:00 am Leisure Swim 7:30 am 6 Lane Swim 7:30 am Lane & Leisure 9:00 am Preschool 9:00 am Aquatic Fitness 9:00 am Aquatic Fitness 9:00 am Leisure Swim 10:00 am Playgroup (Drop in) 10:00 am Lane & Leisure 10:00 am Core Balance 10:00 am 6 Lane & Leisure 12:00 pm Youth Lunch in 2:30 pm After School Program 2:30 pm After school program 3:00 pm After School Program 7:00 pm 6 Lane & Leisure 7:00 pm Body Conditioning 7:00 pm Shallow End Only - Everyone Welcome Swim	2 7:00 am Leisure Swim 7:30 am 6 Lane Swim 7:30 am Lane & Leisure 9:00 am Aquatic Fitness 9:00 am Aquatic Fitness 9:00 am Leisure Swim 10:00 am 6 Lane Swim 10:00 am Adults in Motion 10:00 am Lane & Leisure 11:00 am 3 Lane & Leisure 11:00 am Adults in Motion 12:00 pm Youth Lunch in 2:00 pm Pop in Tot 2:30 pm After school program 2:30 pm After School Program 3:00 pm After School Program 7:00 pm Free - Everyone Welcome Swim 7:00 pm Everyone Welcome Swim	3 7:00 am Leisure Swim 7:30 am 6 Lane Swim 10:00 am Playgroup (Drop in) 2:30 pm Everyone Welcome Swim 3:00 pm Free - Everyone Welcome Swim 5:30 pm Everyone Welcome Swim 5:30 pm Lane & Leisure 6:30 pm Everyone Welcome Swim 6:30 pm Family Open Gym Drop in 7:00 pm 3 Lane & Leisure
4 7:00 am 6 Lane & Leisure 7:00 am Lane & Leisure 11:00 am Lane & Leisure 1:00 pm Free - Everyone Welcome Swim	5 7:00 am Lane & Leisure 7:00 am Leisure Swim 7:30 am 6 Lane Swim 9:00 am Leisure Swim 9:00 am Aquatic	6 7:00 am Leisure Swim 7:00 am Lane & Leisure 7:30 am 6 Lane Swim 9:00 am Leisure Swim 9:00 am Aquatic	7 7:00 am Leisure Swim 7:30 am 6 Lane Swim 7:30 am Lane & Leisure 9:00 am Aquatic Fitness 9:00 am Aquatic	8 7:00 am Leisure Swim 7:30 am 6 Lane Swim 7:30 am Lane & Leisure 9:00 am Preschool 9:00 am Aquatic Fitness	9 7:00 am Leisure Swim 7:00 am Lane & Leisure 7:30 am 6 Lane Swim 9:00 am Leisure Swim 9:00 am Aquatic	10 7:00 am Leisure Swim 7:00 am 6 Lane Swim 7:00 am Lane & Leisure 10:00 am Playgroup (Drop in)

2:30 pm Free - Everyone Welcome Swim	Fitness	Fitness	Fitness	9:00 am Aquatic Fitness	Fitness	2:30 pm Everyone Welcome Swim
3:00 pm Everyone Welcome Swim	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	9:00 am Leisure Swim	9:00 am Leisure Swim	9:00 am Aquatic Fitness	3:00 pm Everyone Welcome Swim
4:00 pm Lane & Leisure	10:00 am Aquatic Fitness	9:00 am Preschool	10:00 am Playgroup (Drop in)	10:00 am Playgroup (Drop in)	10:00 am Adults in Motion	5:30 pm Lane & Leisure
5:30 pm Everyone Welcome Swim	10:00 am Adults in Motion	10:00 am Core Balance	10:00 am Adults in Motion	10:00 am Lane & Leisure	10:00 am 6 Lane Swim	5:30 pm Everyone Welcome Swim
6:00 pm Lane & Leisure	10:00 am Lane & Leisure	10:00 am Lane & Leisure	10:00 am Aquatic Fitness	10:00 am Core Balance	11:00 am 3 Lane & Leisure	6:30 pm Family Open Gym Drop in
7:30 pm 6 Lane & Leisure	10:00 am Playgroup (Drop in)	10:00 am 6 Lane & Leisure	10:00 am Lane & Leisure	10:00 am 6 Lane & Leisure	11:00 am Adults in Motion	6:30 pm Everyone Welcome Swim
	11:00 am 3 Lane & Leisure	10:00 am Playgroup (Drop in)	11:00 am 3 Lane & Leisure	12:00 pm Youth Lunch in	12:00 pm Youth Lunch in	7:00 pm 3 Lane & Leisure
	11:00 am Adults in Motion	12:00 pm Youth Lunch in	11:00 am Core Balance	2:30 pm After School Program	2:00 pm Pop in Tot	
	12:00 pm Youth Lunch in	2:00 pm Therapeutic Adult Swim	12:00 pm Youth Lunch in	2:30 pm After school program	2:30 pm After school program	
	2:00 pm Pop in Tot	2:30 pm After School Program	2:00 pm Pop in Tot	3:00 pm After School Program	3:00 pm After School Program	
	2:30 pm After school program	2:30 pm After school program	2:30 pm After School Program	7:00 pm 6 Lane & Leisure	7:00 pm Everyone Welcome Swim	
	2:30 pm After School Program	3:00 pm After School Program	2:30 pm After school program	7:00 pm Body Conditioning	7:00 pm Everyone Welcome Swim	
	3:00 pm After School Program	6:00 pm Youth Drop in - Sport	3:00 pm After School Program	7:00 pm Shallow End Only - Everyone Welcome Swim		
	6:00 pm Youth Drop in	7:00 pm 6 Lane & Leisure	6:00 pm Youth Drop in			
	6:30 pm Body Conditioning	7:00 pm Shallow End Only - Everyone Welcome Swim	6:30 pm Body Conditioning			
	7:00 pm Lane & Leisure		7:00 pm Lane & Leisure			
	7:00 pm Body Conditioning		7:00 pm Free - Everyone Welcome Swim			
	7:00 pm Aquatic Fitness					
	7:00 pm Leisure Swim					
	7:30 pm Open Gym Drop in					
11	12	13	14	15	16	17
7:00 am Lane & Leisure	7:00 am Lane & Leisure	7:00 am Leisure Swim	7:00 am Leisure Swim	7:00 am Leisure Swim	7:00 am Leisure Swim	7:00 am Leisure Swim
7:00 am 6 Lane & Leisure	7:00 am Leisure Swim	7:00 am Lane & Leisure	7:30 am 6 Lane Swim	7:30 am 6 Lane Swim	7:00 am Lane & Leisure	7:30 am 6 Lane Swim
9:00 am Lane & Leisure	7:30 am 6 Lane Swim	7:30 am 6 Lane Swim	7:30 am Lane & Leisure	7:30 am Lane & Leisure	7:30 am 6 Lane Swim	10:00 am Playgroup (Drop in)
11:00 am Lane & Leisure	9:00 am Leisure Swim	9:00 am Leisure Swim	9:00 am Aquatic Fitness	9:00 am Preschool	9:00 am Leisure Swim	2:30 pm Everyone Welcome Swim
1:00 pm Everyone Welcome Swim	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	
				9:00 am Aquatic		

2:30 pm Everyone Welcome Swim	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	9:00 am Leisure Swim	Fitness	9:00 am Aquatic Fitness	3:00 pm Everyone Welcome Swim
3:00 pm Everyone Welcome Swim	10:00 am Aquatic Fitness	9:00 am Preschool	10:00 am Playgroup (Drop in)	9:00 am Leisure Swim	10:00 am Adults in Motion	5:30 pm Lane & Leisure
4:00 pm Lane & Leisure	10:00 am Adults in Motion	10:00 am Core Balance	10:00 am Adults in Motion	10:00 am Playgroup (Drop in)	10:00 am Lane & Leisure	5:30 pm Everyone Welcome Swim
5:30 pm Everyone Welcome Swim	10:00 am Lane & Leisure	10:00 am Lane & Leisure	10:00 am Aquatic Fitness	10:00 am Core Balance	10:00 am 6 Lane Swim	6:30 pm Family Open Gym Drop in
6:00 pm Lane & Leisure	10:00 am Playgroup (Drop in)	10:00 am 6 Lane & Leisure	10:00 am Lane & Leisure	10:00 am Core Balance	11:00 am 3 Lane & Leisure	6:30 pm Everyone Welcome Swim
7:30 pm 6 Lane & Leisure	11:00 am 3 Lane & Leisure	10:00 am Playgroup (Drop in)	11:00 am 3 Lane & Leisure	10:00 am 6 Lane & Leisure	11:00 am Adults in Motion	7:00 pm 3 Lane & Leisure
	11:00 am Adults in Motion	12:00 pm Youth Lunch in	11:00 am Core Balance	12:00 pm Youth Lunch in	12:00 pm Youth Lunch in	
	12:00 pm Youth Lunch in	2:00 pm Therapeutic Adult Swim	12:00 pm Youth Lunch in	2:30 pm After School Program	2:00 pm Pop in Tot	
	2:00 pm Pop in Tot	2:30 pm After School Program	2:00 pm Pop in Tot	2:30 pm After school program	2:30 pm After school program	
	2:30 pm After school program	2:30 pm After school program	2:30 pm After School Program	3:00 pm After School Program	2:30 pm After School Program	
	2:30 pm After School Program	3:00 pm After School Program	2:30 pm After school program	7:00 pm 6 Lane & Leisure	3:00 pm After School Program	
	3:00 pm After School Program	6:00 pm Youth Drop in - Sport	3:00 pm After School Program	7:00 pm Body Conditioning	7:00 pm Everyone Welcome Swim	
	6:00 pm Youth Drop in	7:00 pm 6 Lane & Leisure	6:00 pm Youth Drop in	7:00 pm Shallow End Only - Everyone Welcome Swim	7:00 pm Everyone Welcome Swim	
	6:30 pm Body Conditioning	7:00 pm Shallow End Only - Everyone Welcome Swim	6:30 pm Body Conditioning			
	7:00 pm Lane & Leisure		7:00 pm Lane & Leisure			
	7:00 pm Body Conditioning		7:00 pm Everyone Welcome Swim			
	7:00 pm Aquatic Fitness					
	7:00 pm Leisure Swim					
	7:30 pm Open Gym Drop in					
18	19	20	21	22	23	24
7:00 am Lane & Leisure		7:00 am Lane & Leisure	7:00 am Leisure Swim	7:00 am Leisure Swim	7:00 am Leisure Swim	7:00 am Leisure Swim
7:00 am 6 Lane & Leisure		7:00 am Leisure Swim	7:30 am 6 Lane Swim	7:30 am 6 Lane Swim	7:30 am 6 Lane Swim	7:30 am 6 Lane Swim
11:00 am Lane & Leisure		7:30 am 6 Lane Swim	7:30 am Lane & Leisure	7:30 am Lane & Leisure	7:30 am Lane & Leisure	10:00 am Playgroup (Drop in)
1:00 pm Everyone Welcome Swim		9:00 am Leisure Swim	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	2:30 pm Everyone Welcome Swim
2:30 pm Everyone Welcome Swim		9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	3:00 pm Everyone Welcome Swim
3:00 pm Everyone Welcome Swim		9:00 am Aquatic Fitness	9:00 am Leisure Swim	9:00 am Leisure Swim	9:00 am Leisure Swim	4:00 pm Lane & Leisure
4:00 pm Lane & Leisure		10:00 am Lane & Leisure	10:00 am Playgroup (Drop in)	10:00 am Playgroup (Drop in)	10:00 am 6 Lane Swim	
5:30 pm Everyone Welcome Swim		10:00 am Core Balance	10:00 am Aquatic Fitness	10:00 am Lane & Leisure	10:00 am Adults in Motion	

6:00 pm Lane & Leisure		10:00 am 6 Lane & Leisure	10:00 am Adults in Motion	10:00 am Core Balance	10:00 am Lane & Leisure	5:30 pm Everyone Welcome Swim
7:30 pm 6 Lane & Leisure		10:00 am Playgroup (Drop in)	10:00 am Lane & Leisure	10:00 am 6 Lane & Leisure	11:00 am 3 Lane & Leisure	
		12:00 pm Youth Lunch in	11:00 am 3 Lane & Leisure	12:00 pm Youth Lunch in	11:00 am Adults in Motion	5:30 pm Lane & Leisure
		2:00 pm Therapeutic Adult Swim	11:00 am Core Balance	2:30 pm After School Program	12:00 pm Youth Lunch in	6:30 pm Everyone Welcome Swim
		2:30 pm After school program	12:00 pm Youth Lunch in	2:30 pm After school program	2:00 pm Pop in Tot	6:30 pm Family Open Gym Drop in
		2:30 pm After School Program	2:00 pm Pop in Tot	3:00 pm After School Program	2:30 pm After school program	7:00 pm 3 Lane & Leisure
		3:00 pm After School Program	2:30 pm After School Program	7:00 pm 6 Lane & Leisure	2:30 pm After School Program	
		6:00 pm Youth Drop in - Sport	2:30 pm After school program	7:00 pm Body Conditioning	3:00 pm After School Program	
		7:00 pm 6 Lane & Leisure	3:00 pm After School Program	7:00 pm Shallow End Only - Everyone Welcome Swim	7:00 pm Everyone Welcome Swim	
		7:00 pm Shallow End Only - Everyone Welcome Swim	6:00 pm Youth Drop in		7:00 pm Everyone Welcome Swim	
			6:30 pm Body Conditioning			
			7:00 pm Lane & Leisure			
			7:00 pm Everyone Welcome Swim			
25	26	27	28	29	30	
7:00 am Lane & Leisure	7:00 am Lane & Leisure	7:00 am Leisure Swim	7:00 am Leisure Swim	7:00 am Leisure Swim	7:00 am Leisure Swim	
7:00 am 6 Lane & Leisure	7:00 am Leisure Swim	7:00 am Lane & Leisure	7:00 am Lane & Leisure	7:30 am 6 Lane Swim	7:00 am Lane & Leisure	
11:00 am Lane & Leisure	7:30 am 6 Lane Swim	7:30 am 6 Lane Swim	7:30 am 6 Lane Swim	7:30 am Lane & Leisure	7:30 am 6 Lane Swim	
1:00 pm Everyone Welcome Swim	9:00 am Leisure Swim	9:00 am Leisure Swim	9:00 am Leisure Swim	9:00 am Aquatic Fitness	9:00 am Leisure Swim	
2:30 pm Everyone Welcome Swim	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	
3:00 pm Free - Everyone Welcome Swim	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	9:00 am Aquatic Fitness	9:00 am Leisure Swim	9:00 am Aquatic Fitness	
4:00 pm Lane & Leisure	10:00 am Aquatic Fitness	10:00 am Core Balance	10:00 am Adults in Motion	10:00 am Playgroup (Drop in)	10:00 am Adults in Motion	
5:30 pm Everyone Welcome Swim	10:00 am Adults in Motion	10:00 am Lane & Leisure	10:00 am Aquatic Fitness	10:00 am Lane & Leisure	10:00 am Lane & Leisure	
6:00 pm Lane & Leisure	10:00 am Lane & Leisure	10:00 am 6 Lane & Leisure	10:00 am Lane & Leisure	10:00 am Core Balance	10:00 am 6 Lane Swim	
7:30 pm 6 Lane & Leisure	10:00 am Playgroup (Drop in)	10:00 am Playgroup (Drop in)	10:00 am Playgroup (Drop in)	10:00 am 6 Lane & Leisure	11:00 am 3 Lane & Leisure	
	11:00 am 3 Lane & Leisure	12:00 pm Youth Lunch in	11:00 am 3 Lane & Leisure	12:00 pm Youth Lunch in	11:00 am Adults in Motion	
	11:00 am Adults in Motion	2:00 pm Free-Therapeutic Adult Swim	11:00 am Core Balance	2:30 pm After School Program	12:00 pm Youth Lunch in	
	12:00 pm Youth Lunch in	2:30 pm After School Program	12:00 pm Youth Lunch in	2:30 pm After school program	2:00 pm Pop in Tot	
	2:00 pm Pop in Tot	2:30 pm After school program	2:00 pm Pop in Tot	3:00 pm After School Program	2:30 pm After school program	
	2:30 pm After school program	2:30 pm After school program	2:30 pm After School Program	7:00 pm 6 Lane & Leisure	2:30 pm After School Program	
	2:30 pm After School Program	3:00 pm After School Program	2:30 pm After school program	7:00 pm Body Conditioning	3:00 pm After School Program	
	3:00 pm After School Program	6:00 pm Youth Drop in - Sport	3:00 pm After School Program	7:00 pm Shallow	7:00 pm Everyone Welcome Swim	

	6:00 pm Youth Drop in	7:00 pm 6 Lane & Leisure	6:00 pm Youth Drop in	End Only - Everyone Welcome Swim	7:00 pm Everyone Welcome Swim
	6:30 pm Body Conditioning	7:00 pm Shallow End Only - Everyone Welcome Swim	6:30 pm Body Conditioning		
	7:00 pm Lane & Leisure		7:00 pm Lane & Leisure		
	7:00 pm Body Conditioning		7:00 pm Everyone Welcome Swim		
	7:00 pm Aquatic Fitness				
	7:00 pm Leisure Swim				
	7:30 pm Open Gym Drop in				

<https://calendar.stjohns.ca>