

# July 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	1	2	3	4	5	6	
		7:00 Leisure Swim 7:30 6 Lane Swim 9:00 Aquatic Fitness 9:00 Leisure Swim 12:00 6 Lane & Leisure 12:00 Lane & Leisure 12:00 Lane & Leisure 1:15 Everyone Welcome Swim 1:15 Everyone Welcome Swim 2:30 Therapeutic Adult Swim 2:45 Everyone Welcome Swim 2:45 Everyone Welcome Swim 4:00 Everyone Welcome Swim 4:00 Everyone Welcome Swim 5:15 Everyone Welcome Swim 5:15 Everyone Welcome Swim 6:00 Everyone Welcome Swim 7:00 6 Lane & Leisure	7:00 6 Lane & Leisure 9:00 Pop in Tot 9:00 Aquatic Fitness 11:00 Everyone Welcome Swim 11:00 Everyone Welcome Swim 12:00 Lane & Leisure 12:00 Lane & Leisure 12:00 6 Lane & Leisure 1:15 Everyone Welcome Swim 1:15 Everyone Welcome Swim 2:30 Everyone Welcome Swim 2:45 Everyone Welcome Swim 2:45 Everyone Welcome Swim 4:00 Everyone Welcome Swim 4:00 Everyone Welcome Swim 5:15 Everyone Welcome Swim 5:15 Everyone Welcome Swim 6:00 Everyone Welcome Swim 7:00 3 Lane & Leisure	7:00 Lane & Leisure 7:00 Leisure Swim 7:30 6 Lane Swim 9:00 Aquatic Fitness 9:00 Leisure Swim 9:00 Aquatic Fitness 12:00 Lane & Leisure 12:00 Lane & Leisure 12:00 6 Lane & Leisure 12:00 Lane & Leisure 1:15 Everyone Welcome Swim 1:15 Everyone Welcome Swim 2:45 Everyone Welcome Swim 2:45 Everyone Welcome Swim 4:00 Everyone Welcome Swim 4:00 Everyone Welcome Swim 5:15 Everyone Welcome Swim 5:15 Everyone Welcome Swim 6:00 Everyone Welcome Swim 6:00 Lane & Leisure 7:00 6 Lane & Leisure	7:00 Lane & Leisure 7:00 Leisure Swim 7:30 6 Lane Swim 9:00 Aquatic Fitness 9:00 Leisure Swim 9:00 Aquatic Fitness 12:00 Lane & Leisure 12:00 Lane & Leisure 12:00 6 Lane & Leisure 12:00 Lane & Leisure 1:15 Everyone Welcome Swim 1:15 Everyone Welcome Swim 2:45 Everyone Welcome Swim 2:45 Everyone Welcome Swim 4:00 Everyone Welcome Swim 4:00 Everyone Welcome Swim 5:15 Everyone Welcome Swim 5:15 Everyone Welcome Swim 6:00 Everyone Welcome Swim 6:00 Lane & Leisure 7:00 6 Lane & Leisure	7:00 Lane & Leisure 7:00 6 Lane & Leisure 9:00 3 Lane Swim 9:00 Pop in Tot 9:00 Lane & Leisure 10:00 3 Lane & Leisure 11:00 Everyone Welcome Swim 11:00 Everyone Welcome Swim 12:00 Lane & Leisure 12:00 Lane & Leisure 12:00 3 Lane & Leisure 12:00 Lane & Leisure 1:15 Everyone Welcome Swim 1:15 Everyone Welcome Swim 2:30 Everyone Welcome Swim 2:45 Everyone Welcome Swim 4:00 Everyone Welcome Swim 4:00 Everyone Welcome Swim 5:15 Everyone Welcome Swim 5:15 Everyone Welcome Swim 6:00 Everyone Welcome Swim 7:00 3 Lane & Leisure	7:00 6 Lane & Leisure 8:00 Lane & Leisure 9:00 3 Lane & Leisure 10:00 Lane & Leisure 10:30 3 Lane & Leisure 11:30 Everyone Welcome Swim 12:00 Lane & Leisure 12:00 Lane & Leisure 1:00 Everyone Welcome Swim 1:00 Everyone Welcome Swim 1:00 Everyone Welcome Swim 2:15 Everyone Welcome Swim 2:15 Everyone Welcome Swim 2:30 Everyone Welcome Swim 3:00 Everyone Welcome Swim 3:45 Everyone Welcome Swim 3:45 Everyone Welcome Swim 4:00 Lane & Leisure 5:00 Everyone Welcome Swim 5:00 Everyone



	7:00 3 Lane & Leisure					Swim 5:30 Everyone Welcome Swim 5:30 Everyone Welcome Swim 6:30 3 Lane & Leisure
14	15	16	17	18	19	20
7:00 6 Lane & Leisure	7:00 6 Lane & Leisure	7:00 Lane & Leisure	7:00 Lane & Leisure	7:00 Lane & Leisure	7:00 Lane & Leisure	7:00 6 Lane & Leisure
8:00 Lane & Leisure	7:00 Lane & Leisure	7:00 6 Lane & Leisure	7:00 6 Lane & Leisure	7:00 6 Lane & Leisure	7:00 6 Lane & Leisure	8:00 Lane & Leisure
9:00 3 Lane & Leisure	9:00 Pop in Tot	9:00 Leisure Swim	9:00 Pop in Tot	9:00 Leisure Swim	9:00 3 Lane Swim	9:00 3 Lane & Leisure
10:00 Lane & Leisure	9:00 Aquatic Fitness	9:00 Aquatic Fitness	9:00 Aquatic Fitness	9:00 Aquatic Fitness	9:00 Pop in Tot	9:00 3 Lane & Leisure
10:30 3 Lane & Leisure	9:00 Aquatic Fitness	9:00 Aquatic Fitness	9:00 Aquatic Fitness	9:00 Aquatic Fitness	9:00 Lane & Leisure	10:00 Lane & Leisure
11:30 Everyone Welcome Swim	9:45 Lane & Leisure	12:00 Lane & Leisure	11:00 Everyone Welcome Swim	12:00 Lane & Leisure	10:00 3 Lane & Leisure	10:30 3 Lane & Leisure
12:00 Lane & Leisure	10:00 Lane & Leisure	12:00 Lane & Leisure	11:00 Everyone Welcome Swim	12:00 Lane & Leisure	11:00 Everyone Welcome Swim	11:30 Everyone Welcome Swim
12:00 Lane & Leisure	10:00 3 Lane & Leisure	12:00 6 Lane & Leisure	12:00 Lane & Leisure	12:00 6 Lane & Leisure	11:00 Everyone Welcome Swim	12:00 Lane & Leisure
1:00 Everyone Welcome Swim	11:00 Everyone Welcome Swim	12:00 Lane & Leisure	12:00 Lane & Leisure	12:00 Lane & Leisure	12:00 Lane & Leisure	12:00 Lane & Leisure
1:00 Everyone Welcome Swim	11:00 Everyone Welcome Swim	1:15 Everyone Welcome Swim	12:00 6 Lane & Leisure	1:15 Everyone Welcome Swim	12:00 Lane & Leisure	12:00 Lane & Leisure
1:00 Everyone Welcome Swim	12:00 Lane & Leisure	1:15 Everyone Welcome Swim	12:00 Lane & Leisure	1:15 Everyone Welcome Swim	12:00 3 Lane & Leisure	1:00 Everyone Welcome Swim
2:15 Everyone Welcome Swim	12:00 Lane & Leisure	2:30 Therapeutic Adult Swim	1:15 Everyone Welcome Swim	2:45 Everyone Welcome Swim	12:00 Lane & Leisure	1:00 Everyone Welcome Swim
2:15 Everyone Welcome Swim	12:00 3 Lane & Leisure	2:45 Everyone Welcome Swim	1:15 Everyone Welcome Swim	2:45 Everyone Welcome Swim	1:15 Everyone Welcome Swim	1:00 Everyone Welcome Swim
2:30 Everyone Welcome Swim	12:00 Lane & Leisure	2:45 Everyone Welcome Swim	2:30 Everyone Welcome Swim	4:00 Everyone Welcome Swim	1:15 Everyone Welcome Swim	2:15 Everyone Welcome Swim
3:00 Everyone Welcome Swim	1:15 Everyone Welcome Swim	4:00 Everyone Welcome Swim	2:45 Everyone Welcome Swim	4:00 Everyone Welcome Swim	2:30 Everyone Welcome Swim	2:15 Everyone Welcome Swim
3:45 Everyone Welcome Swim	1:15 Everyone Welcome Swim	4:00 Everyone Welcome Swim	2:45 Everyone Welcome Swim	5:15 Everyone Welcome Swim	2:45 Everyone Welcome Swim	2:15 Everyone Welcome Swim
3:45 Everyone Welcome Swim	2:30 Everyone Welcome Swim	5:15 Everyone Welcome Swim	4:00 Everyone Welcome Swim	5:15 Everyone Welcome Swim	2:45 Everyone Welcome Swim	2:30 Everyone Welcome Swim
4:00 Lane & Leisure	2:45 Everyone Welcome Swim	5:15 Everyone Welcome Swim	4:00 Everyone Welcome Swim	6:00 Everyone Welcome Swim	4:00 Everyone Welcome Swim	2:30 Everyone Welcome Swim
5:00 Everyone Welcome Swim	2:45 Everyone Welcome Swim	6:00 Everyone Welcome Swim	5:15 Everyone Welcome Swim	6:00 Lane & Leisure	4:00 Everyone Welcome Swim	3:00 Everyone Welcome Swim
5:00 Everyone Welcome Swim	4:00 Everyone Welcome Swim	6:00 Lane & Leisure	5:15 Everyone Welcome Swim	7:00 6 Lane & Leisure	4:00 Everyone Welcome Swim	3:45 Everyone Welcome Swim
5:30 Everyone Welcome Swim	4:00 Everyone Welcome Swim	7:00 6 Lane & Leisure	6:00 Everyone Welcome Swim		4:00 Everyone Welcome Swim	3:45 Everyone Welcome Swim
5:30 Everyone Welcome Swim	4:00 Everyone Welcome Swim		6:00 Lane & Leisure		5:00 Lane & Leisure	4:00 Lane & Leisure
6:30 3 Lane & Leisure	4:00 Everyone Welcome Swim		7:00 3 Lane & Leisure		5:15 Everyone Welcome Swim	5:00 Everyone Welcome Swim
	5:00 Lane & Leisure				6:00 Everyone Welcome Swim	5:00 Everyone Welcome Swim
	5:15 Everyone Welcome Swim				7:00 3 Lane & Leisure	5:00 Everyone Welcome
	5:15 Everyone Welcome Swim					
	6:00 Everyone Welcome Swim					

	7:00 3 Lane & Leisure					Swim 5:30 Everyone Welcome Swim 5:30 Everyone Welcome Swim 6:30 3 Lane & Leisure
21	22	23	24	25	26	27
7:00 6 Lane & Leisure	7:00 6 Lane & Leisure	7:00 Lane & Leisure	7:00 Lane & Leisure	7:00 Lane & Leisure	7:00 Lane & Leisure	7:00 6 Lane & Leisure
8:00 Lane & Leisure	7:00 Lane & Leisure	7:00 6 Lane & Leisure	7:00 6 Lane & Leisure	7:00 6 Lane & Leisure	7:00 6 Lane & Leisure	8:00 Lane & Leisure
9:00 3 Lane & Leisure	9:00 Pop in Tot	9:00 Leisure Swim	9:00 Pop in Tot	9:00 Leisure Swim	9:00 Pop in Tot	9:00 3 Lane & Leisure
10:00 Lane & Leisure	9:00 Aquatic Fitness	9:00 Aquatic Fitness	9:00 Aquatic Fitness	9:00 Aquatic Fitness	9:00 3 Lane Swim	9:00 3 Lane & Leisure
10:30 3 Lane & Leisure	9:00 Aquatic Fitness	9:00 Aquatic Fitness	9:00 Aquatic Fitness	9:00 Aquatic Fitness	9:00 Lane & Leisure	10:00 Lane & Leisure
11:30 Everyone Welcome Swim	9:45 Lane & Leisure	12:00 Lane & Leisure	11:00 Everyone Welcome Swim	12:00 Lane & Leisure	10:00 3 Lane & Leisure	10:30 3 Lane & Leisure
12:00 Lane & Leisure	10:00 Lane & Leisure	12:00 Lane & Leisure	11:00 Everyone Welcome Swim	12:00 Lane & Leisure	11:00 Everyone Welcome Swim	11:30 Everyone Welcome Swim
12:00 Lane & Leisure	10:00 3 Lane & Leisure	12:00 6 Lane & Leisure	12:00 Lane & Leisure	12:00 6 Lane & Leisure	11:00 Everyone Welcome Swim	12:00 Lane & Leisure
1:00 Everyone Welcome Swim	11:00 Everyone Welcome Swim	12:00 Lane & Leisure	12:00 Lane & Leisure	12:00 Lane & Leisure	12:00 Lane & Leisure	12:00 Lane & Leisure
1:00 Everyone Welcome Swim	11:00 Everyone Welcome Swim	1:15 Everyone Welcome Swim	12:00 6 Lane & Leisure	1:15 Everyone Welcome Swim	12:00 Lane & Leisure	12:00 Lane & Leisure
1:00 Everyone Welcome Swim	12:00 Lane & Leisure	1:15 Everyone Welcome Swim	12:00 Lane & Leisure	1:15 Everyone Welcome Swim	12:00 3 Lane & Leisure	1:00 Everyone Welcome Swim
2:15 Everyone Welcome Swim	12:00 Lane & Leisure	2:30 Therapeutic Adult Swim	1:15 Everyone Welcome Swim	2:45 Everyone Welcome Swim	12:00 Lane & Leisure	1:00 Everyone Welcome Swim
2:15 Everyone Welcome Swim	12:00 3 Lane & Leisure	2:45 Everyone Welcome Swim	1:15 Everyone Welcome Swim	2:45 Everyone Welcome Swim	1:15 Everyone Welcome Swim	1:00 Everyone Welcome Swim
2:30 Everyone Welcome Swim	12:00 Lane & Leisure	2:45 Everyone Welcome Swim	2:30 Everyone Welcome Swim	4:00 Everyone Welcome Swim	1:15 Everyone Welcome Swim	2:15 Everyone Welcome Swim
3:00 Everyone Welcome Swim	1:15 Everyone Welcome Swim	4:00 Everyone Welcome Swim	2:45 Everyone Welcome Swim	4:00 Everyone Welcome Swim	2:30 Everyone Welcome Swim	2:15 Everyone Welcome Swim
3:45 Everyone Welcome Swim	1:15 Everyone Welcome Swim	4:00 Everyone Welcome Swim	2:45 Everyone Welcome Swim	5:15 Everyone Welcome Swim	2:45 Everyone Welcome Swim	2:15 Everyone Welcome Swim
3:45 Everyone Welcome Swim	2:30 Everyone Welcome Swim	5:15 Everyone Welcome Swim	4:00 Everyone Welcome Swim	5:15 Everyone Welcome Swim	2:45 Everyone Welcome Swim	2:30 Everyone Welcome Swim
4:00 Lane & Leisure	2:45 Everyone Welcome Swim	5:15 Everyone Welcome Swim	4:00 Everyone Welcome Swim	6:00 Everyone Welcome Swim	4:00 Everyone Welcome Swim	2:30 Everyone Welcome Swim
5:00 Everyone Welcome Swim	2:45 Everyone Welcome Swim	6:00 Everyone Welcome Swim	5:15 Everyone Welcome Swim	6:00 Lane & Leisure	4:00 Everyone Welcome Swim	3:00 Everyone Welcome Swim
5:00 Everyone Welcome Swim	4:00 Everyone Welcome Swim	6:00 Lane & Leisure	5:15 Everyone Welcome Swim	7:00 6 Lane & Leisure	4:00 Everyone Welcome Swim	3:45 Everyone Welcome Swim
5:30 Everyone Welcome Swim	4:00 Everyone Welcome Swim	7:00 6 Lane & Leisure	6:00 Everyone Welcome Swim		4:00 Everyone Welcome Swim	3:45 Everyone Welcome Swim
5:30 Everyone Welcome Swim	4:00 Everyone Welcome Swim		6:00 Lane & Leisure		5:00 Lane & Leisure	4:00 Lane & Leisure
6:30 3 Lane & Leisure	4:00 Everyone Welcome Swim		7:00 3 Lane & Leisure		5:15 Everyone Welcome Swim	5:00 Everyone Welcome Swim
	5:00 Lane & Leisure				5:15 Everyone Welcome Swim	5:00 Everyone Welcome Swim
	5:15 Everyone Welcome Swim				6:00 Everyone Welcome Swim	5:00 Everyone Welcome Swim
	5:15 Everyone Welcome Swim				7:00 3 Lane & Leisure	5:00 Everyone Welcome
	6:00 Everyone Welcome Swim					

	7:00 3 Lane & Leisure				Swim 5:30 Everyone Welcome Swim 5:30 Everyone Welcome Swim 6:30 3 Lane & Leisure
28	29	30	31		
7:00 6 Lane & Leisure	7:00 6 Lane & Leisure	7:00 Lane & Leisure	7:00 Lane & Leisure		
8:00 Lane & Leisure	7:00 Lane & Leisure	7:00 6 Lane & Leisure	7:00 6 Lane & Leisure		
9:00 3 Lane & Leisure	9:00 Pop in Tot	9:00 Leisure Swim	9:00 Pop in Tot		
10:00 Lane & Leisure	9:00 Aquatic Fitness	9:00 Aquatic Fitness	9:00 Aquatic Fitness		
10:30 3 Lane & Leisure	9:00 Aquatic Fitness	9:00 Aquatic Fitness	9:00 Aquatic Fitness		
11:30 Everyone Welcome Swim	9:45 Lane & Leisure	12:00 Lane & Leisure	11:00 Everyone Welcome Swim		
12:00 Lane & Leisure	10:00 Lane & Leisure	12:00 Lane & Leisure	11:00 Everyone Welcome Swim		
12:00 Lane & Leisure	10:00 3 Lane & Leisure	12:00 6 Lane & Leisure	12:00 Lane & Leisure		
1:00 Everyone Welcome Swim	11:00 Everyone Welcome Swim	12:00 Lane & Leisure	12:00 Lane & Leisure		
1:00 Everyone Welcome Swim	11:00 Everyone Welcome Swim	1:15 Everyone Welcome Swim	12:00 6 Lane & Leisure		
1:00 Everyone Welcome Swim	12:00 Lane & Leisure	1:15 Everyone Welcome Swim	12:00 Lane & Leisure		
2:15 Everyone Welcome Swim	12:00 Lane & Leisure	2:30 Therapeutic Adult Swim	1:15 Everyone Welcome Swim		
2:15 Everyone Welcome Swim	12:00 3 Lane & Leisure	2:45 Everyone Welcome Swim	1:15 Everyone Welcome Swim		
2:30 Everyone Welcome Swim	12:00 Lane & Leisure	2:45 Everyone Welcome Swim	2:30 Everyone Welcome Swim		
3:00 Everyone Welcome Swim	1:15 Everyone Welcome Swim	4:00 Everyone Welcome Swim	2:45 Everyone Welcome Swim		
3:45 Everyone Welcome Swim	1:15 Everyone Welcome Swim	4:00 Everyone Welcome Swim	2:45 Everyone Welcome Swim		
3:45 Everyone Welcome Swim	2:30 Everyone Welcome Swim	5:15 Everyone Welcome Swim	4:00 Everyone Welcome Swim		
4:00 Lane & Leisure	2:45 Everyone Welcome Swim	5:15 Everyone Welcome Swim	4:00 Everyone Welcome Swim		
5:00 Everyone Welcome Swim	2:45 Everyone Welcome Swim	6:00 Everyone Welcome Swim	5:15 Everyone Welcome Swim		
5:00 Everyone Welcome Swim	4:00 Everyone Welcome Swim	6:00 Lane & Leisure	5:15 Everyone Welcome Swim		
5:30 Everyone Welcome Swim	4:00 Everyone Welcome Swim	7:00 6 Lane & Leisure	6:00 Everyone Welcome Swim		
5:30 Everyone Welcome Swim	4:00 Everyone Welcome Swim		6:00 Lane & Leisure		
6:30 3 Lane & Leisure	5:00 Lane & Leisure		7:00 3 Lane & Leisure		
	5:15 Everyone Welcome Swim				
	5:15 Everyone Welcome Swim				
	6:00 Everyone Welcome Swim				

	7:00 3 Lane & Leisure					
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<https://calendar.stjohns.ca>