

September 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15 7:30 am 3 Lane & Leisure 9:00 am 3 Lane & Leisure 10:30 am 3 Lane & Leisure 12:00 pm 3 Lane & Leisure 2:00 pm 3 Lane & Leisure 5:00 pm 3 Lane & Leisure 6:00 pm Everyone Welcome Swim 7:00 pm 3 Lane & Leisure	16 7:30 am 3 Lane & Leisure 9:00 am 3 Lane & Leisure 10:30 am 3 Lane & Leisure 12:00 pm 3 Lane & Leisure 2:00 pm Pop in Tot 5:00 pm Everyone Welcome Swim 6:00 pm 3 Lane & Leisure 7:00 pm Everyone Welcome Swim	17 7:30 am 3 Lane & Leisure 9:00 am 3 Lane & Leisure 10:30 am 3 Lane & Leisure 12:00 pm 3 Lane & Leisure 2:00 pm Therapeutic Adult Swim 5:00 pm 3 Lane & Leisure 6:00 pm Everyone Welcome Swim 7:00 pm 3 Lane & Leisure	18 7:30 am 3 Lane & Leisure 9:00 am 3 Lane & Leisure 10:30 am 3 Lane & Leisure 12:00 pm 3 Lane & Leisure 2:00 pm Pop in Tot 5:00 pm Everyone Welcome Swim 6:00 pm 3 Lane & Leisure 7:00 pm Everyone Welcome Swim	19 7:30 am 3 Lane & Leisure 9:00 am 3 Lane & Leisure 10:30 am 3 Lane & Leisure 12:00 pm 3 Lane & Leisure 2:00 pm 3 Lane & Leisure 5:00 pm 3 Lane & Leisure 6:00 pm Everyone Welcome Swim 7:00 pm 3 Lane & Leisure	20 9:00 am 3 Lane & Leisure 10:30 am Everyone Welcome Swim 11:30 am 3 Lane & Leisure 2:00 pm Everyone Welcome Swim 3:00 pm 3 Lane & Leisure 5:00 pm Everyone Welcome Swim 6:30 pm 3 Lane & Leisure
21 7:00 am 6 Lane & Leisure 7:00 am 3 Lane & Leisure 11:00 am 3 Lane & Leisure 2:00 pm Everyone Welcome Swim 2:30 pm Everyone Welcome Swim 3:00 pm 3 Lane & Leisure 5:30 pm Everyone Welcome Swim	22 7:00 am Leisure Swim 7:30 am 6 Lane Swim 7:30 am 3 Lane & Leisure 9:00 am Leisure Swim 9:00 am Aquatic Fitness 9:00 am Aquatic Fitness 10:00 am Aquatic Fitness	23 7:00 am 6 Lane & Leisure 7:30 am 3 Lane & Leisure 9:00 am Leisure Swim 9:00 am Aquatic Fitness 9:00 am Aquatic Fitness 10:00 am Core Balance 10:00 am 6 Lane & Leisure	24 7:00 am Leisure Swim 7:30 am 3 Lane & Leisure 7:30 am 6 Lane Swim 9:00 am Leisure Swim 9:00 am Aquatic Fitness 9:00 am Aquatic Fitness 10:00 am Aquatic Fitness 10:00 am Aquatic Fitness	25 7:00 am 6 Lane & Leisure 7:30 am 3 Lane & Leisure 9:00 am Leisure Swim 9:00 am Aquatic Fitness 9:00 am Aquatic Fitness 10:00 am Core Balance 10:00 am 6 Lane & Leisure	26 7:00 am 6 Lane & Leisure 7:30 am 3 Lane & Leisure 9:00 am Leisure Swim 9:00 am Aquatic Fitness 9:00 am Aquatic Fitness 10:00 am 6 Lane Swim 10:00 am 3 Lane & Leisure	27 7:00 am Leisure Swim 7:30 am 6 Lane Swim 2:00 pm Everyone Welcome Swim 2:30 pm Everyone Welcome Swim 3:00 pm 3 Lane & Leisure

6:00 pm Everyone Welcome Swim 7:30 pm 3 Lane & Leisure 7:30 pm 6 Lane & Leisure	10:00 am Adults in Motion 10:00 am 3 Lane & Leisure 11:00 am Adults in Motion 11:00 am 3 Lane & Leisure 2:00 pm Pop in Tot 2:00 pm 3 Lane & Leisure 7:00 pm 6 Lane & Leisure 7:00 pm Body Conditioning 7:00 pm 3 Lane & Leisure	10:00 am 3 Lane & Leisure 2:00 pm Pop in Tot 2:00 pm Therapeutic Adult Swim 7:00 pm Shallow End Only - Everyone Welcome Swim 7:00 pm 6 Lane & Leisure	10:00 am Adults in Motion 10:00 am 3 Lane & Leisure 11:00 am 3 Lane & Leisure 2:00 pm Pop in Tot 2:00 pm Therapeutic Adult Swim 7:00 pm Everyone Welcome Swim 7:00 pm 3 Lane & Leisure	10:00 am 3 Lane & Leisure 2:00 pm Pop in Tot 7:00 pm Shallow End Only - Everyone Welcome Swim 7:00 pm 6 Lane & Leisure	11:00 am Adults in Motion 11:00 am 3 Lane & Leisure 2:00 pm Pop in Tot 2:00 pm 3 Lane & Leisure 7:00 pm Everyone Welcome Swim 7:00 pm Everyone Welcome Swim	5:30 pm Everyone Welcome Swim 6:30 pm 3 Lane & Leisure 7:00 pm 3 Lane & Leisure
28 7:00 am 6 Lane & Leisure 7:00 am 3 Lane & Leisure 11:00 am 3 Lane & Leisure 2:00 pm Everyone Welcome Swim 2:30 pm Everyone Welcome Swim 3:00 pm 3 Lane & Leisure 5:30 pm Everyone Welcome Swim 6:00 pm Everyone Welcome Swim 7:30 pm 3 Lane & Leisure 7:30 pm 6 Lane & Leisure	29 7:00 am Leisure Swim 7:30 am 6 Lane Swim 7:30 am 3 Lane & Leisure 9:00 am Leisure Swim 9:00 am Aquatic Fitness 9:00 am Aquatic Fitness 10:00 am Aquatic Fitness 10:00 am Adults in Motion 10:00 am 3 Lane & Leisure 11:00 am Adults in Motion 11:00 am 3 Lane & Leisure 2:00 pm Pop in Tot 2:00 pm 3 Lane & Leisure 7:00 pm 6 Lane & Leisure 7:00 pm Body Conditioning 7:00 pm 3 Lane & Leisure	30				